

# Physical Activities for the Over Sixties

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## Presenter contact information

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**KEYNOTE SPEAKER: Professor David Dunstan**

**Head, Physical Activity, Baker Heart and Diabetes Institute**

*Sitting less and moving more – a contemporary approach to physical activity promotion*

[David.Dunstan@baker.edu.au](mailto:David.Dunstan@baker.edu.au)

**Dr Katrina Rank, Director of Education and Life Long Learning, Ausdance Victoria**

*Dance and Older Populations*

[education.vic@ausdance.org.au](mailto:education.vic@ausdance.org.au)

**Ben Porteous, Programs Coordinator, Boroondara Sports Complex**

*YMCA Older Adults Adventure Camps*

[benjamin.porteous@ymca.org.au](mailto:benjamin.porteous@ymca.org.au)

**Glen Wall, President, Whittlesea U3A**

*The effectiveness of collaboration to meet the physical activity needs of seniors*

[president@whittleseau3a.org.au](mailto:president@whittleseau3a.org.au)

**KEYNOTE SPEAKER: Genevieve Nolan, Programs Manager, Musculoskeletal Australia**

*Engaging under-represented groups of older adults in physical activity*

[Genevieve@msk.org.au](mailto:Genevieve@msk.org.au)

**Associate Professor Pazit Levinger, Senior Research Fellow**

**Clinical Gerontology Division, National Ageing Research Institute**

*The Senior Exercise Park – an active outdoor space for older people in the community*

[P.Levinger@nari.edu.au](mailto:P.Levinger@nari.edu.au)

**Simon Gray, Group Manager Program Development, Sport & Recreation Victoria**

*Active Victoria*

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**Jen Schrader, Program, Services and Community Support, Yarrunga Community Centre**

*SaTR in the Community House Sector: a personal experience*

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### MORE INFORMATION:

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