

FOREST HILL DEMENTIA FRIENDLY COMMUNITY

WHO WE ARE



Forest Hill is a suburb located in the City of Whitehorse and Eastern metropolitan region of Melbourne. Forest Hill has a population of 11,282 (2017)
15.6% of the Forest Hill population is aged over 70 years.

What is Dementia?

Dementia describes a collection of symptoms caused by disorders that affect the brain. There are many different types of dementia.

Dementia has physical, social and emotional consequences for the person with dementia, their family, friends and the community.

Dementia can happen to anyone. While most people with dementia are older, not all older people get dementia. Dementia can also affect people in their 40s and 50s.

Over 98,000 Victorians and more than 1,400 people in Forest Hill are living with dementia.
The City of Whitehorse has the 4th highest prevalence of dementia in Victoria.
Most people with dementia live in the community.

A group of organisations and community members is working together to make Forest Hill a place where people living with dementia, and their family and friends, feel supported to participate in their community.

Nothing about us,
without us:
We will work with people
living with dementia to make
Forest Hill a more dementia
friendly community



inner east
pcp primary care
partnership

More Information:
<http://iepcp.org.au/key-project/dementia-friendly-communities/>

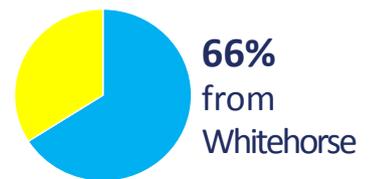
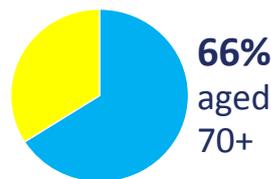
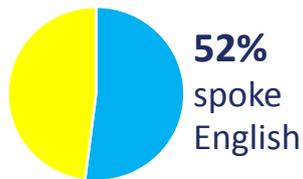
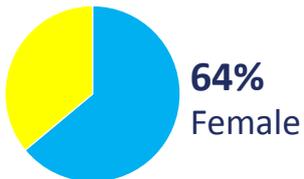
FOREST HILL DEMENTIA FRIENDLY COMMUNITY

WHAT WE KNOW



In 2017-18, we asked people living with dementia, their carers, and the community, what is important in a dementia friendly community

We did 332 surveys and spoke to 43 people



53% Told us Forest Hill is a place where someone with dementia could live a quality life

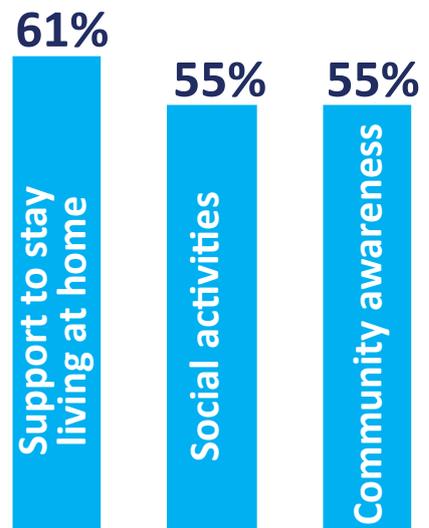
77% Would like to know how to better support people living with dementia

24% Are not knowledgeable about dementia

53% Told us TV and radio is the most effective way of helping people to understand more about dementia

People with dementia told us access to transport, support from family and friends, and responsive and respectful businesses, help them to enjoy activities in the community

People with dementia told us poor health, difficulty moving about, poor signage, crowds and noisy places, make it difficult to do the things they enjoy



Most important features of a dementia friendly community