



INNER EAST PRIMARY CARE PARTNERSHIP HIGHLIGHTS 2018

The IEPCP builds and supports partnerships and their capacity to improve the health and wellbeing of the Inner East community and Eastern region

We add value to organisations by supporting partnerships to:

- Align activity and achieve collective impact
- Undertake health planning and evaluation
- Co-design initiatives with community
- Deliver primary prevention and undertake service re-orientation
- Provide health literate workplaces
- Achieve sector reform
- Deliver innovation and best practice in health and wellbeing

We do this through delivery of:

- Backbone support of partnerships
- Forums and workshops with expert speakers and training
- On-line communications, The Well
- Facilitation of working groups
- Leading specific projects
- Providing input and expertise to strategic leadership platforms
- Connecting organisations with research evidence, to support practice

Pillar 1: Guide shared strategy and measurement

1.1 Strategic directions and priorities

Obesity Prevention/Healthy Eating	Establish a Regional Obesity Prevention Platform Facilitated consultation and design sprint with senior executives to develop a proposition for obesity prevention in the region Key partners DHHS, Health Futures Australia, OEPCP, Bendigo Bank, Deakin University, Eastern Health, Yarra Valley Water, Monash University, City of Manningham, City of Monash, BlueCross Community & Residential Services, Belgravia Leisure, YMCA, VicRoads, Carrington Health
Regional Planning Platforms	CHHPSIG, EMHSCA, <ul style="list-style-type: none">• Provided secretariat for regional Community Health HP Special Interest Group; and• Support to Eastern Mental Health Service Coordination Alliance, and Strategic Planning Sub-Committee
Local Government engagement	Engage with senior leaders in Local Government and support MPHWP collaboration Contributed to strategy, planning, and capacity building of partners on: <ul style="list-style-type: none">• City of Manningham: Healthy City Advisory Committee, Community Connectedness Committee and Project working group, Gender Equity Committee and project working group, Access and Equity Advisory Committee, Dementia Alliance• City of Whitehorse: Preventing Violence Against Women Committee, Reconciliation Advisory Committee• City of Boroondara: Public Health and Wellbeing Advisory Committee Established network of Local Government Healthy Ageing Officers across the EMR to explore a collaborative regional initiative

1.2 Collective impact and shared outcomes

The Well	Support capacity building in collective impact and utilisation of The Well Supported OEPCP with redevelopment of The Well, promotion, and launch
Social Inclusion Backbone	Establish the IEPCP as the regional backbone for organisations working in Social Inclusion <ul style="list-style-type: none">• Facilitated the Social Inclusion Integrated Health Promotion (IHP) Leadership group• Supported the development of the integrated IHP Action Plan 2018-2019, evaluation measures, and reporting of 2017-2018 IHP Actions• Established the Social Inclusion Community of Practice• Presented at the AHPA (Australian Health Promotion Association) national conference• Hosted planning workshops: Deakin University (CHASE) social inclusion indicators masterclass, and program logic and theory of change workshop for IHP leadership Key partners Inner East Community Health Services, Inner East Local Government's, Women's Health East, Deakin University

1.3 Research and evidence

The Well papers	Develop The Well portals in strategic priority areas to support partners practice effectiveness Commissioned National Ageing Research Institute (NARI) to develop evidence for Healthy Ageing and established a Healthy Ageing portal on The Well
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Academic engagement	<p>Develop academic engagement strategy, and partner around strategic priority areas</p> <p>Established working partnerships with leading academic institutions</p> <p>Key partners</p> <p>Melbourne University School of Population & Global Health, Deakin University and CHASE (Centre for Health and Social Exclusion), Monash University Public Health, Swinburne University School of Health Science, Iverson Health Innovation Research Institute</p>
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Pillar 2: Lead and coordinate

2.1 Planning, integration and coordination

Community and Women’s Health IHP	<p>Provide capacity building and secretariat to support integrated health promotion</p> <p>Supported collaboration between Community Health and Women’s Health to deliver health promotion initiatives across Boroondara, Manningham, Monash, and Whitehorse</p>
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2.2 Cross-sectoral collaboration

Partnership engagement	<p>Seek to increase partners from community sector organisations and their collaboration with current partners</p> <ul style="list-style-type: none"> Seven new partnerships established 2018: Melbourne East Disability Advocacy, CLOTA Cottage Neighborhood House, Relationships Australia, Cairnmiller Institute, Eastern Domestic Violence Service (EDVOS), FAN (Family Access Network), BlueCross Community and Residential Services Met with Summer Foundation, Beyond Blue, and Mary Stopes Women’s Health to share information
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2.3 Strategic stakeholder engagement

Volunteer Agency Network	<p>Build on work of EMSIC (Eastern Metropolitan Social Issues Council) to establish a volunteer agency network to increase social inclusion</p> <ul style="list-style-type: none"> <i>Strengthening Volunteering in the East</i> consultation and report published Regional Volunteer Support Services Working group established <p>Key partners</p> <p>Eastern Volunteers, South East Volunteers, Volunteering in Manningham (Doncare), Boroondara Volunteer Resource Centre (City of Boroondara), Volunteer for Knox (Coonara Community House)</p>
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Pillar 3: Advocate and influence

3.1 Access and equity

Health Literacy	<p>Support partners to become health literate organisations</p> <ul style="list-style-type: none"> Promotion of online Vic PCP introductory course Access HC and Carrington Health supported to complete the CEH (Centre for Ethnicity and Health) Health Literacy Development Course 2018
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	<ul style="list-style-type: none"> Presented on <i>Helper</i> and health literacy to Vic PCP Early Intervention & Integrated Care Network <i>Helper</i> newsletter disseminated to partners
Healthy Ageing	<p>Lead and support Healthy Ageing Activity</p> <ul style="list-style-type: none"> Lead Dementia Friendly Community model development with key partners: Whitehorse City Council, Carrington Health, EACH, Care 3, Uniting, Home Instead Senior Care, Villa Maria Catholic Homes Delivered Active and Healthy Ageing role on behalf of DHHS, and contribute to Statewide network and planning Co-authored article for <i>Ageing Industry Network Newsletter</i> Support Chronic Illness Alliance Management Committee, ECLC Elder Abuse Reference Group, and EMR Alliance Workgroup <i>PopUp</i> newsletter disseminated to support Healthy Ageing and Aged care/Disability practitioners
Social Inclusion/Mental Health	<p>Support IEPCP partners deliver social inclusion outcomes through capacity building</p> <p>Facilitate capacity building of partner practitioners in areas of identified need: liveability and social inclusion; program logic and methods; loneliness impacts on health</p>
3.2 Primary prevention	
PVAW/Gender Equity	<p>Support the regional Together for Equality and Respect (TFER) partnership</p> <ul style="list-style-type: none"> Supported the TFER Leadership group, TFER Evaluation Working Group and TFER Action Working Group Co-author academic article: <i>From Theory to Practice: a regional intervention to prevent violence against women in Eastern Metropolitan Melbourne</i> (working title) Key contributor to development of TFER Evaluation 2013-2017 long report and Results at a Glance summary report, TFER Action plan 2018-2021, and TFER Evaluation plan 2018-2021 <p>Key partners Women's Health East, TFER Partners</p>
Healthy Eating	<p>Support a Healthy Eating community of practice across the region</p> <p>Deliver regional forum on Liveability and the Food Domain</p> <p>Key partners DHHS, OEPCP</p>
Alcohol Harm Minimisation	<p>Action on Alcohol Flagship group (AAFG)</p> <p>Supported regional AAFG and development of Strategic Plan and action planning</p>
3.3 Supporting sector reforms	
NDIS/Mental Health	<p>EMHSCA (Eastern Mental Health Service Coordination Alliance)</p> <ul style="list-style-type: none"> Supported advocacy efforts of agencies to address service gap

Pillar 4: Support partner and community capacity building

4.1 Community leadership & engagement

Opening Doors	Promote, link partners and support the expansion of Opening Doors Provided grant to Opening Doors to support integration of catchment-based work in social inclusion
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4.2 Workforce capability

Co-design	Support partners to build expertise in co-design <ul style="list-style-type: none">• Hosted The Australian Centre for Social Inclusion (TACSI) to deliver practice forum for partners in Co-design methodology• Developed model and co-design pilot for Dementia Friendly Community partnership project
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4.3 Communications and technology

E-Bulletin & Communications	Support partner knowledge and enhance collaboration by providing relevant sector information <ul style="list-style-type: none">• Monthly E-bulletin created and distributed to partners• IEPCP website content updated, functionality improved
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IT based platforms	Partner with OEPCP to promote The Well and investigate IT Platforms to support shared practice <ul style="list-style-type: none">• Promoted The Well to partners and stakeholders; showcased The Well externally• Hosted Swinburne University to showcase SALUS to IHP leadership
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4.4 Organisational sustainability

Financial Strategy	Seek out relevant funding opportunities to increase revenue within the IEPCP, and support funding submissions of partners Additional funding 2018: <ul style="list-style-type: none">• DHHS (Active and Healthy Ageing)• Dementia Australia, and City of Whitehorse (Dementia Friendly Community project)• DHHS/OEPCP (Prevention Platform project) Referee for Connect4Health consortia (LinkHC, AccessHC, Carrington Health) EOI for Stepped Care funding
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Reporting and Strategic Plan Evaluation	Undertake informative reporting, and measure the effectiveness of the partnership annually in achieving the strategic outcomes identified in the Strategic Plan <ul style="list-style-type: none">• Annual Reporting to DHHS within timeline, and regular liaison with DHHS• Undertake and disseminate evaluation of key IEPCP activities; Action Develop partnership evaluation framework and disseminate annual survey to partners for feedback
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