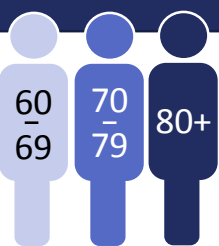
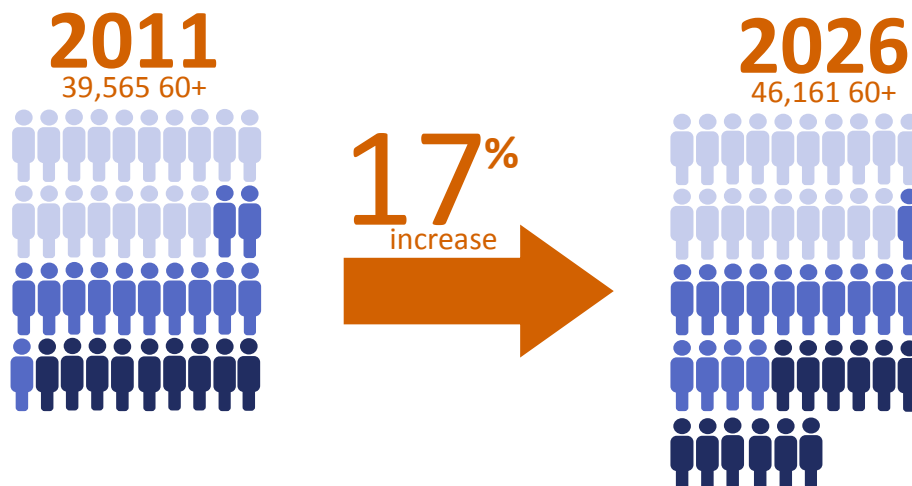


Monash snapshot

Key data from the 2017 Health and Wellbeing Needs of Older People in the Eastern Region of Melbourne



60+ years population increasing:



7,690



75%



47%



33%



36%



630

Eastern Metropolitan Region:

65,980

Estimated population with dementia by 2050

76%

Females 75+ years living alone

42%

60+ year olds don't meet fruit or vegetable guidelines

33%

60+ year olds don't meet physical activity guidelines

24%

60+ year olds speak a language other than English

631

Per 1,000 65+ year olds on pension



35%

60+ year olds have completed post-secondary education



20%

60+ year olds are still in employment



19%

65+ year olds need assistance with 3 or more activities



13%

65+ year olds have a severe/profound disability



18%

60+ year olds drink alcohol at-risk levels (short term harm)



16%

60+ year olds paying mortgage or renting

Eastern Metropolitan Region:

38%

60+ year olds have completed post-secondary education

24%

60+ year olds are still in employment

18%

65+ year olds need assistance with 3 or more activities

12%

65+ year olds have a severe/profound disability

20%










60+ year olds drink alcohol at-risk levels (short term harm)

18%

60+ year olds paying mortgage or renting

Symbol colours:

Personal characteristics	Health characteristics	Health behaviours	Social & community networks	Age friendly cities
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		Monash				EMR*	* Eastern Metropolitan Region
		60-69 years	70-79 years	80+ years	60+ years	60+ years	
	Volunteer	19%	19%	10%	17%	19%	Similar to regional average
	Provide unpaid assistance to people with a disability	16%	12%	8%	13%	13%	Similar to regional average
	Self-report poor health	22%	22%	29%	23%	21%	Similar to regional average
	Categorised as obese	10%	20%	13%	15%	17%	Similar to regional average
	Emergency Department Presentations total rate/1,000	37.9	60.0	90.9	58.0	59.9	Similar to regional average
	EDP due to falls rate/1,000	6.6	9.2	21.4	11.0	21.0	80+ rate lowest in the eastern region
	Diabetes prevalence	14%	17%	20%	15%	12%	80+ incidence highest in the eastern region
	Heart disease	9%	20%	31%	19%	18%	Similar to regional average
	Cancer diagnosis rate / 1,000	11.7	18.9	25.8	17.5	17.2	Similar to regional average