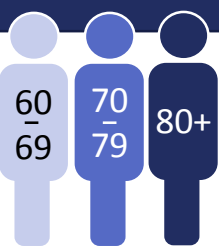


# Knox snapshot

Key data from the 2017 Health and Wellbeing Needs of Older People in the Eastern Region of Melbourne



## 60+ years population increasing:



**12,711**



**75%**



**45%**



**34%**



**22%**



**719**

### Eastern Metropolitan Region:

**65,980**

Estimated population with dementia by 2050

**75%**

Females 75+ years living alone

**42%**

60+ year olds don't meet fruit or vegetable guidelines

**33%**

60+ year olds don't meet physical activity guidelines

**24%**

60+ year olds speak a language other than English

**631**

Per 1,000 65+ year olds on pension



**34%**

60+ year olds have completed post-secondary education



**25%**

60+ year olds are still in employment



**42%**

80+ year olds need assistance with 3 or more activities



**13%**

65+ year olds have a severe/profound disability



**20%**

60+ year olds drink alcohol at-risk levels (short term harm)



**22%**

60+ year olds paying mortgage or renting

### Eastern Metropolitan Region:

**38%**

60+ year olds have completed post-secondary education

**24%**

60+ year olds are still in employment

**38%**

80+ year olds need assistance with 3 or more activities

**12%**

65+ year olds have a severe/profound disability

**20%**










60+ year olds drink alcohol at-risk levels (short term harm)

**18%**

60+ year olds paying mortgage or renting

Symbol colours:

Personal characteristics	Health characteristics	Health behaviours	Social & community networks	Age friendly cities
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		Knox				EMR* 60+ years	* Eastern Metropolitan Region
		60-69 years	70-79 years	80+ years	60+ years		
	Volunteer	18%	18%	9%	16%	19%	60-79 lowest in the eastern region
	Provide unpaid assistance to people with a disability	16%	11%	6%	12%	13%	Similar to regional average
	Self-report poor health	24%	21%	20%	22%	21%	Similar to regional average
	Categorised as obese	25%	20%	17%	22%	17%	Similar to regional average
	Emergency Department Presenta- tions total rate/1,000	39.1	67.1	110.1	60.1	59.9	Similar to regional average
	EDP due to falls rate/1,000	11.7	18.8	56.4	21.6	21.0	Similar to regional average
	Diabetes prevalence	16%	17%	7%	15%	12%	Similar to regional average
	Heart disease	16%	20%	18%	17%	18%	Similar to regional average
	Cancer diagnosis rate / 1,000	15.0	18.0	23.8	17.4	17.2	60-69 highest in eastern region