

Practitioners' Network Information Update August 2017



Meetings 2017

Practitioners Network Meetings

- Thursday 14 September 2017
- Monday 20 November 2017

9.30-11.30am, Horticultural Centre, 82 Jolimont Road, Forest Hill

For Information contact Sharon Porteous:
Sharon.porteous@iepcp.org.au

For up to date news about the Network, including all meeting dates, please go to our website:

<http://iepcp.org.au/key-project/practitioners-network/>

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Active Healthy Ageing

Healthy Ageing Paper

The Inner East PCP is pleased to announce that we have engaged the National Ageing Research Institute (NARI) to develop a paper on Healthy Ageing. The paper is intended to inform interested parties in promoting healthy ageing in the Eastern Region at an individual, organisational, community or systems level. This could include decision makers, leaders, community members, practitioners, business owners, students and researchers.

The paper will be made widely available via “The Well”. The Well is an online resource developed by Outer and Inner East Primary Care Partnerships. It provides users with a common framework for planning and acting to address a range of health and wellbeing issues.

Aged Care Reforms

Latest Updates on the reforms

Go to the EMR Alliance website:

<http://www.emralliance.org/rdcras-updates.html>

Most recent updates are:

http://www.emralliance.org/uploads/9/7/7/9/97794766/auskey_usb_communications.pdf

<http://mailchi.mp/5ef72fa1d9e5/dss-data-exchange-updates?e=9cf731e6a9>

<https://dex.dss.gov.au/webinar-library/>

<https://agedcare.health.gov.au/summary-of-my-aged-care-system-changes-24-july-2017>

https://gallery.mailchimp.com/1108de8332cef333bc1956686/files/08c595a1-567f-452a-ac96-58c2f298935f/Newsletter_issue_13_FINAL.02.pdf

Improvements to My Aged Care

From 3 July 2017, My Aged Care is making changes to better support clients, including clients with diverse needs and improve access to information for health professionals.

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These improvements will support clients through their My Aged Care journey, ensuring they are able to receive the assessments and aged care services they need. The changes will also improve health professionals' access to information to support them to provide continuity of care for their patients. Key changes:

- a clearer approach to who can speak on a client's behalf and in which circumstances
- a new form to appoint a representative
- more flexibility for clients on who they can choose to appoint as their regular representative
- improved access to information for Health Professionals to enable them to continue to work with My Aged Care assessors.
- These changes are a result of consultation with the sector on issues that were presenting barriers to good client outcomes.

More information is also available for:

[Service providers: overview of My Aged Care representation changes](#)

[Assessors: overview of My Aged Care representation changes](#)

[Health professionals: overview of changes to improve access to patient information](#)

These changes are also now reflected on the [My Aged Care website](#).

Seeking your views - Future care at home reform

A public discussion paper on future care at home reform is now available on the [Consultation Hub](#). We are seeking your views on how future reform can best support older Australians to remain living at home and in their communities. We would also welcome your early views and feedback on the February 2017 changes to home care to give consumers more choice in selecting a provider and introduce a nationally consistent process for assigning packages to consumers. We want to hear from: consumers, carers, service providers, assessors, peak groups, other stakeholders.

Written submissions will close on **21 August 2017**. Your feedback will be used to inform government decisions on an integrated care at home program. For information and updates on future care at home reform, please visit the [department's website](#).

Innovation has Older Australians Sharing in Better Caring

(Media Release from Minister for Aged Care, Ken Wyatt, 17 July 2017)

An Australian-first online marketplace linking independent care and support workers with clients highlights the promise of innovation to improve the lives of our ageing population.

Officially opening the new and expanded headquarters of Better Caring today, Aged Care Minister Ken Wyatt said the start-up company reflected the Turnbull Government's vision of individual choice and control in a consumer driven market.

The Better Caring model is founded on consumer preferences being respected and care being delivered where and when the consumer requires it. Over 20, 000 people have signed up to the Better Caring website.

Over the next five years, the Turnbull Government will invest \$99.3 billion in aged care. By 2050, it is estimated a workforce of more than 800,000 people will be needed to deliver services to 3.5 million older Australians, mainly in their own homes.

Full release see:

<http://www.health.gov.au/internet/ministers/publishing.nsf/Content/health-mediarel-yr2017-wyatt067.htm?OpenDocument&yr=2017&mth=07>

Help for home care providers to guide IT investment

(Source: July 27, 2017 in [Community Care Review, Education & Training](#))

The Aged Care Industry IT Council is facilitating a webinar for community care providers on how organisations can take advantage of the findings of the aged care technology roadmap.

The roadmap was launched in June and provides guidance to the sector on how to make

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technology a core part of operations and service delivery. It aligns with the Aged Care Roadmap developed by the Aged Care Sector Committee.

The webinar held on 1 August will hear from two members of the council – Anne Livingstone, chair of the national home care group and Gavin Tomlins, chair of the CIO's Forum – to discuss the roadmap's implications for community care providers.

The roadmap outlines the need for an innovative, technology-enabled sector and is an important guide for providers seeking to embed appropriate technology in all aspects of their business.

The webinar takes place on 1 August at 10am – 11am AEST.

To register [click here](#).

Read more on the technology roadmap:

[Aged care sector gets technology how-to guide](#)

Aged Care and older people

New Resource from Office of the Public Advocate about Powers of Attorney

Your voice – Trust your choice is a practical guide to help older Victorians to safely appoint a Power of Attorney.

The booklet includes helpful tips, case studies, and sample wording to encourage older people to safely decide upon an enduring power of attorney. The booklet has been a joint project with the Office of the Public Advocate (OPA) and funded by the Department of Health and Human Services. Access the resource [online here](#)

Premature deaths of nursing home residents: an epidemiological analysis

Joseph E Ibrahim, Lyndal Bugeja, Melissa Willoughby, Marde Bevan, Chebiwot Kipsaina, Carmel Young, Tony Pham and David L Ranson
Med J Aust 2017; 206 (10): 442-447. || doi: 10.5694/mja16.00873

Objectives: To conduct a descriptive epidemiological analysis of external cause deaths (premature, usually injury-related, and potentially preventable) of nursing home residents in Australia.

Design: Retrospective study of a cohort of nursing home residents, using coronial data routinely recorded by the National Coronial Information System.

Setting and participants: Residents of accredited Australian nursing homes, whose deaths were reported to coroners between 1 July 2000 and 30 June 2013, and determined to have resulted from external causes.

Main outcome measures: Causes of death, analysed by sex and age group, and by location of incidents leading to death and location of death. Rates of death were estimated on the basis of Australian Bureau of Statistics population and Australian Institute of Health and Welfare nursing home data.

Results: Of 21 672 deaths of nursing home residents, 3 289 (15.2%) resulted from external causes. The most frequent mechanisms of death were falls (2 679 cases, 81.5%), choking (261 cases, 7.9%) and suicide (146 cases, 4.4%). The incidents leading to death usually occurred in the nursing home (95.8%), but the deaths more frequently occurred outside the nursing home (67.1%). The annual number of external cause deaths in nursing homes increased during the study period (from 1.2 per 1000 admissions in 2001–02 to 5.3 per 1000 admissions in 2011–12).

Conclusion: The incidence of premature and potentially preventable deaths of nursing home residents has increased over the past decade. A national policy framework is needed to reduce the incidence of premature deaths among Australians living in nursing homes.

International Aged Care Quick Guide (APO July 2017)

<http://apo.org.au/system/files/96221/apo-uid96221-347466.pdf>

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Concerns over value for money top home care complaints: Commissioner

(Linda Belardi on July 6, 2017 in Community Care Review)

23 per cent of complaints to the Aged Care Complaints Commissioner now relate to home and community-based care services, up eight per cent since 2015, the latest data shows.

While the vast bulk of the 4,500 complaints received each year continue to primarily concern residential care, the share of complaints relating to home care and support was growing steadily.

The main issues relate to financial complaints, particularly concerns over value for money and administration charges; issues with poor communication; and concerns over service quality, such as not taking into account the individual needs and preferences of home care consumers, she said. The top five issues in community aged care related to:

1. Financial matters
2. Communication and consultation
3. Social and domestic assistance
4. Client assessment and service implementation
5. Communication about fees and charges.

NOTE: The department is considering introducing a phone call for inactive consumers after 35 days of being assigned a package. Currently, consumers are sent a reminder letter after 35 days if the system identifies they haven't yet taken up their package. Sector stakeholders have been [feeding back](#) to the department that more active management and support to consumers was required during the 56-period for taking up an assigned package

Alcohol & Drugs

New Intake Procedures (VHA July 2017)

Client assessment for alcohol and drug services has returned to treatment providers – from July 1 the responsibility for conducting comprehensive assessment and treatment planning for voluntary alcohol and other drug clients has moved from intake to treatment providers.

Catchment-based intake services will continue to provide oversight and monitoring, while people accessing treatment will develop a relationship with their treatment provider earlier in their recovery journey, reducing the need to regularly repeat their circumstances.

For further information, resources and fact sheets [click here](#).

Carers

Valuing and caring for carers in the City of Monash (PHN news July 2017)

Culturally and Linguistically Diverse (CALD) unpaid carers in the City of Monash will be better supported to manage the challenges of their caring role and multiple responsibilities, which currently saves the Australian economy over \$60 billion¹ a year.

Following a co-design forum held with carers and local support organisations, **Eastern Melbourne PHN** has commissioned the **Multicultural Centre for Women's Health** to deliver a CALD Carer Support Program. The program aims to identify CALD carers in the City of Monash and connect them with carer support services by providing culturally appropriate information and support, and reducing the stigma associated with identifying as a carer.

EMPHN CEO Robin Whyte said, the City of Monash has the highest population of people aged 65+ with severe and profound disability (13.2%) in EMPHN's catchment.

"Research suggests that in CALD communities, aged people and people with disability have carers who are often family members that provide a high level of unpaid care yet have proportionately lower rates of accessing carer support services compared to Anglo-Australians," she said.

The City of Monash is one of the one of the most culturally and linguistically diverse within EMPHN's catchment with 39.2% of its population born in countries where English was not their first language. The program aims to provide links to appropriate networks and support services for the

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high number of unpaid carers, who are often family members, particularly in the Chinese and Indian communities within the Monash area.

CALD carers based in the City of Monash who wish to learn more about the program should contact the Multicultural Centre for Women's Health www.mcwh.com.au 9418 0999.

Survey of Carers of LGBTIQ people with mental illness (Carers Victoria)

Carers are invited to participate in an online survey to find out more about their experiences of caring for LGBTIQ people diagnosed with a mental illness, or experiencing a mental health crisis.

The [online survey](#) is aimed at people who have had contact with mental health service providers in the past three years to gain a sense of recent carer experiences since the introduction of the Victorian Mental Health Act 2014.

We want to hear from you if you care for someone who:

- is lesbian, gay, bisexual, transgender, intersex, queer and/or questioning
- has been diagnosed with a mental illness or experienced a mental health crisis
- has used either in-patient or community mental health services in the last 3 years
- is over 18.

Findings from this research may be used in future publications and presentations. These will be available via the Carers Victoria website.

Carers Victoria Offer events

Carers Victoria offers carer workshops and educational programs to help you enhance your knowledge about how to best support your own health and wellbeing, and that of the person you are caring for.

Through our Education Service you will be able to explore the impact of caring on your emotional and physical health. You will also gain practical advice on how to navigate the health and community sector.

For more information please contact our Education Services on 1800 242 636 or via email at education@carersvictoria.org.au.

<http://www.carersvictoria.org.au/events/educationworkshopsfootscray>

Climate Change

Climate & Health Alliance (VHA News July 2017)

The *Climate and Health Alliance* is a health care coalition developing policy solutions to address the effects of climate change. They have recently released a national strategy framework on climate, health and well-being for Australia.

To find out more or to become a member of the alliance [click here](#).

Data & Research

First Census Snapshot released

This data summary looks at the key stories collected in the Census, including the number of Australians counted, where we live, how old we are, where we were born, our religion, income, living arrangements and our housing.

<http://www.abs.gov.au/ausstats/abs@.nsf/Lookup/by%20Subject/2071.0~2016~Main%20Features~Snapshot%20of%20Australia,%202016~1>

Death, Dying & Palliative Care

Economic Benefits of Palliative Care

New research analysis by the National Centre for Social and Economic Modelling (NATSEM) at the University of Canberra clearly shows palliative care improves the quality of life for Australians while also reducing health care costs across Australia's health system.

"Research consistently shows that people who receive palliative care compared with those receiving usual care, have less hospitalisations, shorter lengths of hospital stay, reduced use of Intensive Care Units and fewer visits to Emergency Departments. ...The provision of palliative care in

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hospitals decreases costs by better matching treatments to patients' and families' preferences and goals of care. This not only improves the quality of end-of-life care but also the quality of dying," Ms Callaghan from palliative Care Australia said. The cost-savings also extend to home-based palliative care, where 70% of Australians would prefer to die.

Full report: <http://palliativecare.org.au/policy-and-publications/submissions-and-reports/economic-value-palliative-care-end-life-care/>

A request for support from Palliative Care Victoria

Please support Palliative Care Victoria's campaign to improve access to high quality palliative care and end of life care for all Victorians, when and where they need it. We are asking the Victorian Government to commit an extra \$65 M a year, as outlined in our [campaign flyer](#).

How you can help

We need your support to extend the reach and impact of our campaign – so that it can be successful! Please:

1. Sign our campaign petition [here](#)
2. Ask your friends and social media followers to sign the petition by sharing this link with them bit.ly/PallCarePetition
3. Like and share our posts about the campaign on Like and share PCV social posts about the campaign, see our most recent post on [Twitter](#) and [Facebook](#)
4. Use the attached visual and written content in the [Supporter Kit](#) on your Facebook and via Twitter
5. Please use the hashtag- #PalliativeCareForAll – when posting content on social media.

Supporter kit includes range of resources. When you download the supporter kit [here](#) save it as word document. You can select and save the visuals to use in your posts.

Dementia

KPMG Report on Future Dementia Supports (HANet July 2017)

KPMG has released a report on the 2016 national forum on supporting people with dementia and their carers. The report highlights dementia friendly communities and reducing stigma, early contacts with primary health and earlier diagnosis, navigating the system, transitions and understanding the dementia journey, supporting carers, meeting diverse consumer needs and preferences, health and aged care interface, role of technology and financial contributions to supports.

https://gallery.mailchimp.com/c25b191d301e2d7b312739c64/files/b89e66cf-6ba3-45cc-b845-f791136a0a8f/Ministerial_Dementia_Forum_2016_FINAL.pdf

Seeking Participants for research

Is video conferencing helpful for carers of people with dementia to understand and respond better to the behaviours of the person they care for?

That's the question that Strategies for Relatives (START) On-line is hoping to answer.

Currently the program is recruiting new participants to take part in eight weekly face to face (through video conferencing) sessions of education, relaxation, and counselling.

Each participant will learn how to use the videoconferencing software before the program starts. Before and after the eight weeks of the program, participants will complete questionnaires about their wellbeing and quality of life, and the wellbeing and quality of life of the person they care for.

To participate in the study, carers need to be 18 years of age or over, caring for and living with someone with dementia and live within 100k radius of Melbourne.

To participate or to find out more about this project, please contact Ellen Gaffy at NARI (03) 8387 2296 or e.gaffy@nari.edu.au.

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Online course tackles critical issues in dementia care

(Source: [Community Care Review, Education & Training](#))

Aged care workers are being encouraged to enrol in a free online course run by the University of Tasmania on the latest in dementia care and research.

The popular Massive Open Online Course (MOOC) **Understanding Dementia** is run over nine weeks and explores the causes and symptoms of dementia and ways to improve the quality of life of people living with the condition.

The course was developed by the Wicking Dementia Research and Education Centre and draws together the expertise of neuroscientists, clinicians and dementia care professionals in the field.

The MOOC is divided into three course units: 'the brain', 'the diseases' and 'the person', and includes information on a wide range of topics including basic brain anatomy, dementia behaviours and palliation.

[Understanding Dementia](#) has been designed for a diverse audience including health professionals, community support staff, policymakers, social scientists and family carers. Enrolments close 18 August.

New Research on Parkinsons & Dementia

(Source: Zhang Z, Kang SS, Liu X, et al.

Asparagine endopeptidase cleaves α -synuclein and mediates pathologic activities in Parkinson's disease. *Nature Structural and Molecular Biology*. 2017)

A similarity between two distinct neurodegenerative diseases, Parkinson's and Alzheimer's, may lead to a potential new drug treatment for Parkinson's. On a biochemical level, the diseases develop when sticky proteins form clumps in brain cells, researchers from Emory Health Sciences said. They found that the same enzyme also spurred the process in both diseases.

The discovery, though promising, is likely not the ultimate cure for Parkinson's, as AEP, the enzyme it inhibits, is not the only enzyme that leads to toxic build-up of proteins. Still, the implication of

this treatment could have many far-reaching benefits.

Dementia Awareness Month September

For events organised by Alzheimers Victoria go to: <https://vic.fightdementia.org.au/vic/dementia-awareness-month-2017-events>

Disability/NDIS

Funding To Strengthen Disability Advocacy

(DARU 3 July 2017)

Disability advocacy organisations have been given a financial boost to better support people with a disability to access advocacy services.

A key part of the Andrews Labor Government's state disability plan, Minister for Disability Martin Foley today announced the successful recipients through a \$1.5 million Disability Advocacy Innovation Fund.

The Labor Government's support will ensure Victorians with a disability can genuinely exercise greater choice and control under the National Disability Insurance Scheme.

The grants will support organisations funded under the Victorian Disability Advocacy Program to deliver 21 initiatives to support Victorians with a disability access an advocate, when they need it.

The funding will enable organisations across Victoria access to advocates, to ensure the needs and rights of people with disability are facilitated within local communities.

A range of initiatives are supporting diverse communities across the state to build partnerships with mainstream organisations and unfunded self advocacy groups.

For more information about the initiatives visit <http://www.dhs.vic.gov.au/for-service-providers/disability/protecting-rights/disability-advocacy>

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The Five Deceptively Simple Questions to Ask When Seeking to Build NDIS Readiness

(Link Disability Magazine July 2017)

Current approaches to NDIS readiness just don't and won't cut it, writes Bessi Graham, the co-founder and CEO of The Difference Incubator (TDi), which has sought to unpack ways to support providers on this journey.

<https://probonoaustralia.com.au/news/2017/07/five-deceptively-simple-questions-ask-seeking-build-ndis-readiness/>

New look DARU website

The DARU website has had a face lift. Apart from looking pretty, the new design has streamlined the navigation and improved accessibility that makes it easier to find the items you are looking for. There is still a lot of tweaking being done in the background as not all content magically appeared where it should after the switch. Your patience would be appreciated in the next week or so as we get it all working as it should. In the meantime, we trust you will enjoy the new experience.

<http://www.daru.org.au/>

Gender Equity & Family Violence

Family Violence Training for Mainstream Organisations

Are you aware, EDVOS Education and Training delivers free CRAF Level 1 training in the Eastern region. CRAF Level 1 is a basic family violence training intended for use by professionals and community members in mainstream settings, who have little experience of family violence and wish to increase their understanding and ability to recognise, respond and refer. **Admin staff, junior staff and non-direct staff** would benefit. Dates available:

- 3 August 9:30am
- 10 August 9:30am
- 15 August 5:30pm

- 24 August 9:30am

To book:

<https://www.eventbrite.com.au/e/common-risk-assessment-framework-craf-level-1-training-tickets-35553866572> (This link is also on the flyer, which is attached).

For a regional calendar of events and resources, please visit

www.easternfamilyviolencepartnership.org.au

For more information contact Youna Kim, Eastern Domestic Violence Service (EDVOS), Ph: 9259 4200

Health

Report on Australia's spending on Preventive Health (HANet July 2017)

A new economic report looking at what Australia invests in preventive health has found Australia ranks poorly on the world stage and has determined that governments must spend more wisely to contain the burgeoning healthcare budget.

Treating chronic disease costs the Australian community an estimated \$27 billion annually, accounting for more than a third of our national health budget.

Yet Australia currently spends just over \$2 billion on preventive health each year, or around \$89 per person. At just 1.34 per cent of Australian healthcare expenditure, the amount is considerably less than OECD countries Canada, New Zealand and the United Kingdom, with Australia ranked 16th out of 31 OECD countries by per capita expenditure.

http://fare.org.au/wp-content/uploads/Preventive-health-How-much-does-Australia-spend-and-is-it-enough_FINAL.pdf

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Working with General Practice Guide Updated

Provides guidance and practical resources for effective collaboration and interface with general practice.

<https://www2.health.vic.gov.au/primary-and-community-health/primary-care/working-with-general-practice/working-with-general-practice-resource-guide/when-to-engage-general-practice>

Next CIA Meetings:

Peer Support Network Meeting

10 August from 10am until midday.

Venue: Health Issues Centre, Level 1 255 Bourke Street, Melbourne. Find out more about what's happening in the self-management space.

Self-management is one of the most powerful resources we have in health care. It is fundamental to supporting people better manage their health and live fuller, healthier lives and yet it is one of the under-utilised approaches to chronic disease.

Special Interest Group Meeting

24 August, 10am to 12 noon at LaTrobe City Campus, Franklin Street, Melbourne, Room 103

Our next Special Interest Group is looking at organisational changes to produce better outcomes in primary care for the community. We will hear from Andrew Hanson of the SE Melbourne PHN and Mindy Allott from HealthWest speaking of their work in this area and we will broaden the following discussion to building relationships for community benefit. Note that we hope to video this one and have it on our website!

Contact: cwalker@chronicillness.org.au Ph: 0402 416 868

Centre for Holistic Health: Emotional management course (FREE) in Mandarin

For those who have chronic pain and would like to live joyfully without pain.

TIME: 10:30AM- 12:00PM

LANGUAGE : MANDARIN

VENUE: Doncaster Senior Citizens Centre, 895 – 901 Doncaster Road, Doncaster East VIC 3109.

Enquire and enrol: admin@chh.org.au or 04 0171 8043 or 03 8806 7532.

Diabetes & Emotional Health Toolkit Available

The Australian Centre for Behavioural Research in Diabetes printed 900 copies of the Handbook on Diabetes and Emotional Health and Toolkit, which they have been distributing during their recent tour. The Centre is in the process of making the hardcopies available for health professionals to order via the NDSS Helpline (with a small fee applicable to cover postage and packing). Go to <https://www.ndss.com.au/contact-us>

A brisk walk instead of sitting down

(ADMA News May 2017)

Just ten minutes a day makes a difference 3rd May 2017 Science Daily - It is not the amount of time spent sitting still that matters. Instead it is the extent of physical activity that is essential in reducing the risk of elderly women developing cardiovascular disease, as shown in a new study. <https://www.sciencedaily.com/>

Health& 'Your personal health companion'

(ADMA News May 2017)

Health& is an online resource designed to improve health literacy and encourage preventative health, and is the first consumer-facing product to be supported by the RACGP.

Health& have developed a large library of original, medically verified health reports and animations aimed at patient education, all complying with the SMOG standard of reading and are closed

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captioned. *Health&* have also developed a custom-built, personally controlled EHR; an interactive portal in which patients can store and manage their health records and undertake preventative health surveys to assess their individual risk to a range of conditions.

<https://healthand.com/au/>

Technologies to keep people engaged in their healthcare

(Source NEJM Catalyst, July 2017)

US based research about preferred technologies for people to engage with their health care.

<http://catalyst.nejm.org/effective-patient-engagement-technologies/>

Also see this report from ABC News recently health apps:

<http://www.abc.net.au/news/health/2017-07-04/how-can-you-use-apps-to-manage-your-health/8646864>

Health Literacy

Health Literacy Course Information Afternoon

The EMR PCPs will be running the HLDC again in 2017. For the opportunity to learn more, to meet the 2016 alumni, and hear about their experiences, you are invited to our information afternoon for prospective 2017 HLDC participants.

This afternoon includes the launch of our second Health literacy video, Part 2: Outcomes of the HLDC 2016, which captures all the achievements of our alumni and the work they have done to develop the capacity of their organisations and to improve health outcomes in the East.

Click here to register your attendance <<http://oehcsa.us14.list-manage1.com/track/click?u=d0449d04bba2556130955dc51&id=cd62fa4574&e=0d2fd434ff>

Housing

New Service from HAAG

Housing for the Aged Action Group has commenced a new advisory service for disadvantaged older people accessing retirement housing options. Contact them on 9654 7389

Mental Health

New Mental Health PHN Advisory Panel

(AHPA July 2017)

The Turnbull Government has established a new mental health advisory panel to support their commitment to improve services. The Primary Health Network Advisory Panel on Mental Health will work closely with the Government on its plan to deliver more frontline mental health services. Primary Health Networks (PHNs) have substantial responsibilities in mental health:

- They plan and commission primary mental health care services at the regional level;
- They plan and coordinate the clinical service needs of people with severe and complex mental illness who are managed in primary care;
- They implement evidence-based stepped care; and
- They integrate services in partnership with state and territory governments, general practitioners, non-government organisations, National Disability Insurance Scheme providers and other related services, organisations and providers.

Read More: <https://ama.com.au/psychiatrists-newsletter/primary-health-network-advisory-panel-mental-health>

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Stroke

News from the Association

In the past 12 months, the Stroke Association of Victoria has made some major changes and seen some exciting new developments in the area of stroke support in our state.

In September last year the Boroondara Community Stroke Hub opened, in partnership with the Local Council, led by the Boroondara Stroke Support Group. In the year ahead, we will see new community stroke support centre sites develop in the Bendigo Loddon Mallee region and in the West of Melbourne.

All of this progress has been made possible via seed-funding grants from philanthropic trusts, small businesses, community groups and membership of the Association – a big thank you to everyone!

For an update on SAV's projects and programs, [download the Winter Special Edition of Stroke Talk \(SAV Quarterly Newsletter\) \(2.16MB PDF file\)](#)

Grants available

Changing Places Funding Round 2017 is now open (Source: DARU news July 2017)

Funding of up to \$100,000 (plus GST) will be provided to support local councils and not-for-profit organisations to construct a Changing Places facility.

The Changing Places Funding Round 2017 will fund up to 20 projects which meet the following criteria:

- can demonstrate identified need from people with disabilities, their families, friends and carers for a Changing Places facility in their locality and provide evidence of the extent of local support for a Changing Places facility.

- can clearly demonstrate social, economic and accessibility benefits for people with a disability.
- will be built according to the Changing Places design specifications as outlined in Changing Places information guide & technical standard and accredited as a Changing Place.

Changing Places facilities are larger than standard accessible toilets, and have extra features and more space to meet the needs of people with a disability and their carers. Each facility has a height adjustable, adult-sized changing bench, a tracking hoist system, space for two people and a safer and cleaner environment.

For more information, contact Bill Chamberlain:
T: (03) 9096 8091

E: cpfundinground2017@dhhs.vic.gov.au

Information about Services

BASS Care Social Support

Exercise and Fun

BASSKetball session, at Ashburton Leisure Centre at 10.30 for 10.45 start, 28th July, followed by lunch at Milk and Cloud.

Fun and Incidental Exercise

In September – Midday Annual Dance – at 9 Marwal Avenue, Balwyn Nth – Music starts at 12, continues til 2, light lunch provided, \$20,

Book on 98804709.

Planning Trip to Tassie – Meeting to discuss on 1 August at 11am.

Events, Training, Forums & Conferences

Date/Time	Event	Information	Location	Contact/Registration
7-8pm (AEST) on various dates between July - November 2017	2017 Musculoskeletal Health Webinar Series	<p>Audience: Health professionals of various disciplines across the musculoskeletal health and other sectors.</p> <p>Purpose: To provide participants with clinically-meaningful skills and knowledge to deliver recommended care by focusing on issues relevant to the evidence-based treatment and management of people with arthritis and other musculoskeletal conditions.</p>	Webinars	<p>Offered free due to funding received.</p> <p>Please Note: If you can't view the webinar at the time of its screening, if you register you will receive a recording of the webinar in the days following the screening.</p> <p>For further information and to register, click here: https://events.move.org.au/event</p>
One of 3, 10, 15 or 24 August, 9.30am	Introductory Family violence Training for Mainstream organisations	<p>CRAF Level 1 is a basic family violence training intended for use by professionals and community members in mainstream settings, who have little experience of family violence and wish to increase their understanding and ability to recognise, respond and refer.</p> <p><u>Admin staff, junior staff and non-direct staff</u> would benefit</p>		<p>https://www.eventbrite.com.au/e/common-risk-assessment-framework-craf-level-1-training-tickets-35553866572)</p>
Tuesday 8 August, 10 am to 6.30pm	D2KDAY@FEDSQUARE	<p>Join D2KDAY for a day of celebrating life, engaging in deep conversations and exploring all the possibilities on offer for end-of-life options that support us to live well up to our last breath with some of the industry's most innovative organisations, individuals and service providers.</p> <p>At noon D2KDAY will welcome some inspiring speakers to the centre stage, including Sue Pieters-Hawke and other ambassadors and special guests.</p>	FEDERATION SQUARE, the Atrium	<p>If you're interested in exhibiting, speaking, or promoting, please email Estella: click here</p> <p>Interested in sponsoring? Email Jessie: click here</p>

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		There will be immersive, creative and uplifting experiences and plenty of opportunities to connect with other humans all keen to share their wisdom, experiences and curiosity around unique options and best practice around end-of-life.		
15 August	NDS Session Implementing a Marketing Plan	Assists in understanding best-practice marketing and communication approaches. Targeted at senior managers.	Box Hill	To Register: https://www.eventbrite.com.au/e/implementing-a-marketing-plan-box-hill-tickets-35747998225
16 August, 12pm-1pm EST	Elder Abuse	<p>Australian Association of Gerontology Webinar:</p> <p>During this webinar, experts from Australia and New Zealand will explore the problem of elder abuse and the complexities involved in dealing with elder abuse. This is a complex and frightening issue and in this session participants will learn more about:</p> <ul style="list-style-type: none"> • Elder abuse is not only about the physical and emotional trauma that is unfortunately common, but also financial abuse, how we can protect older people from this type of abuse • Current research from Australian Institute of Family Studies • Two real life cases studies of abuse and neglect and lessons learnt to achieve successful outcomes 	Webinar	<p>AAG Members: FREE Non-Members: \$50.00</p> <p>REGISTER ONLINE NOW</p> <p>Registrations close Tuesday, 15 August at 6:30pm AEST</p> <p>To download a copy of the flyer, please click here.</p>

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<p>Wed 16th Aug, 2017 - Thu 17th Aug,</p>	<p>Belonging Matters Conference</p>	<p>Community is an important place. It's where we learn, develop relationships, reach our potential and discover our moral compass. However, even though it's automatically assumed for most people, we still exclude and marginalise people with a disability and others.</p> <p>This conference creates a welcoming space where people with disabilities, their families and friends, together with professionals, educators, students, advocates, organisations, government employees, support workers, Local Area Coordinators, planners, and community members can find a forum to connect, learn and share wisdom about community, diversity and belonging.</p>	<p>St Kilda</p> <p>All day</p>	<p>Flyer / More information (offsite)</p> <p>St Kilda Town Hall</p>
<p>Various August Dates</p>	<p>Focus on aged and disability sector</p>	<p>Dr Shareen Hussein is visiting from King's College London as the first international visiting fellow for the Future Social Service Institute. Dr Hussein is a demographer with sound statistical and economic background. Her current research focuses on ageing demographics and long-term care.</p> <p>FSSI has scheduled a series of free public events for consumers, social service sector staff and students/researchers to meet with Dr Hussein and learn more about advocacy, social worker burnout and the marketisation of services.</p>	<p>Melbourne</p>	<p>Click here to see what's on and book your spot now.</p>

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Thursday 17 August, 8.30 am	Active For Life – Celebrating Aged Care	VHA forum will highlight lifestyle programs that enrich the lives of elderly Victorians in residential aged care	The Yarra Room, MCG	Members \$220, non members: \$350 RSVP by 10 August Vha.org.au/events
Tuesday 22nd August 2017, 9.30 am - 4.00 pm	Running Successful Focus Groups and In-depth Interviews for Project Evaluation	<p>LEARN:</p> <ul style="list-style-type: none"> ☑ When focus groups and in-depth interviews are appropriate methods ☑ The theories and methods behind focus groups ☑ Best practice in recruiting and facilitating a focus group ☑ Designing questions to produce open and honest responses ☑ How to undertake focus group/interview analysis to achieve research-driven results ☑ Produce evidence-based and publishable results <p>Your Presenter: Dr Christine Walker, CEO Chronic Illness Alliance Christine is an experienced focus group facilitator and conducts groups four to ten times a year. Generally undertaking this as part of research or evaluation, she has published extensively on focus group results so has the 'hands on' experience to support the theory.</p>	Rydges Hotel 701 Swanston Street Melbourne	Cost: \$325 for members, \$350 for non-members To book, https://www.trybooking.com/QMZY
Wed 23 August, 3pm	Health Literacy Course INFORMATION AFTERNOON	The Health Literacy Development Course will be running again this year, organised by inner and outer PCPs. To find out more, attend this information session.	Carrington Health, 43 Carrington Rd, Box Hill	Registrations required: Click here
Wednesday 23rd August, 1:00pm-5:00pm	Suffering in Silence: Pain in Dementia	Pain in an older person with dementia can be difficult to identify and treat. Dementia limits a person's ability to communicate	National Ageing Research Institute	https://www.trybooking.com/261331 Cost: \$240 (incl GST) per person Ten percent discount for early bird registrations before 1st August, 2017

Every attempt has been made to ensure the information in this update is correct at the time of publication. **Page 15 of 21**

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		<p>the pain they experience and many 'suffer in silence'. In the last decade we have seen an explosion of research in this field and there are now a number of promising assessment tools and management strategies.</p> <p>At this half-day evidence-based workshop you will learn: ☐ The prevalence and complexity of pain and dementia ☐ Strategies, tools and approaches to identify and assess pain in people with dementia ☐ How to treat and manage pain in people with dementia.</p> <p>Three leading experts in the field of pain research will present: Professor Stephen Gibson, Associate Professor Benny Katz and Dr Steven Savvas.</p>		<p>Afternoon tea and all workshop materials provided.</p>
<p>Thurs 24 August, 9.15am – 4pm</p>	<p>VAAP Research & practice Forum</p>	<p>The overall purpose of the Forum is to improve the knowledge and capacity of relevant service providers to successfully engage older people in physical activity opportunities.</p> <p>Download the flyer</p>	<p>Rydges Melbourne, 186 Exhibition Street, Melbourne</p>	<p>If you have any queries regarding the Forum, please email programs@move.org.au or phone 03 8531 8000.</p> <p>Cost: \$100 (\$70 refundable on attendance). Click here for registration payment terms and conditions</p> <p>BOOK NOW</p>
<p>30 August</p>	<p>Active Ageing Conference</p>	<p>The workshop will:</p> <ul style="list-style-type: none"> • Improve your knowledge and understanding of hepatitis B • Increase your awareness of the impact of chronic hepatitis B on CALD communities • Discuss your role in increasing awareness of hepatitis B among CALD communities 	<p>Bayview Eden Melbourne 6 Queens Road Melbourne, Victoria 3004</p>	<p>Register: http://activeageingconference.com.au/</p> <p>Contact: Melanie Robertson melanie@intermedia.com.au</p>

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September	Dementia Awareness Month	Various events happening	Various locations	https://vic.fightdementia.org.au/vic/dementia-awareness-month-2017-events
Wed 6 September, 9.30am – 1.30pm	Opening doors to spiritual experience: Exploring practices that enrich personal recovery	<i>Presented by Victorian Transcultural Mental Health, and partners</i> What role does spirituality play in your own life and in the lives of consumers and colleagues? How are practitioners and services engaging with the experience of spirituality and meaning as they work with consumers to build 'meaningful lives'?	Chamberlain Theatre, St Vincent's Hospital Melbourne	<u>Registrations will be opening soon.</u> Expressions of interest are currently being taken. To stay informed as details are announced, please email vtmh@svha.org.au and include "Spirituality Forum" in the subject line of your email.
Tuesday 12 th September, 9am-5pm	Preventing and Responding to Abuse - Guidance for Victorian disability service providers	There are big changes coming for the Victorian disability sector, designed to strengthen the oversight of disability services in relation to the prevention of abuse and neglect. These changes are detailed in the <i>Disability Amendment Bill 2017</i> which is currently going through Victorian Parliament. At this forum, you will learn more about what this increased oversight will mean for the delivery of disability services and hear from the different agencies that play a part in the safeguarding system.	Melbourne Convention Centre	https://www.eventbrite.com.au/e/preventing-and-responding-to-abuse-guidance-for-victorian-disability-service-providers-registration-33800309636 Tickets range from \$60 to \$120 each For more information, please contact Disability Services Commissioner on contact@odsc.vic.gov.au or 1300 728 187.
Friday 15 September, 9.30 am	Strengthening Disability Advocacy Conference	<i>Getting into gear for the NDIS journey</i> will feature a keynote address and facilitated panel discussions looking back on the journey so far, how well the principles of choice and control are being embedded in NDIS policy and processes and what road blocks to avoid on the road ahead.	NAB The Hall Level 3, 700 Bourke Street Docklands, Vic	https://www.eventbrite.com.au/e/strengthening-disability-advocacy-conference-2017-getting-into-gear-for-the-ndis-journey-registration-34131390909 Costs to attend range from \$160 to \$15 depending on your current situation

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		This conference is for anyone who is interested in strengthening and upholding the rights of people with disability.		
4-6 October, 2017	7th International Carers Conference	Carers Australia is pleased to announce that registrations for the 7th International Carers Conference are now open. The conference will feature high-profile national and international speakers, thought-provoking presentations, challenging debates, interactive workshops and a cutting-edge exhibition zone.	Adelaide Convention Centre	Registrations Open Early Bird Closing Date: 4 August. More.
Thursday 5th & Friday 6th October 2017	3rd National LGBTI Ageing and Aged Care Conference – 2017. It's About Time: Rethinking LGBTI Ageing in Australia	Organised by Val's @ GLHV. Held across two days, this conference explores the changing lives and rich histories of older LGBTI people, presenting new opportunities to share personal stories, discuss policy and practice in the aged care sector, and reflect the challenges and celebrations of this diverse community. Older LGBTI people, aged care experts and service providers can come together to share experiences and ideas, and work together to promote healthy ageing for older LGBTI people.	Novotel Melbourne on Collins - 270 Collins St, Melbourne VIC 3000	Registration and call for papers now open: http://www.latrobe.edu.au/events/all/3rd-national-lgbti-ageing-And-aged-care-conference
Friday 13 October, 8.45am to 3.30pm	From climate change to care – how the environment impacts older people	The quality of the environment in which an older person lives has significant bearing on their health and well-being. Our Annual Seminar will explore the impact of the environment on older people, with experts on older people and climate change, heatwaves and the weather through to neighbourhood design, dementia care,	Australian Unity Federation Room, 15 th Floor, 114 Albert Rd, South Melbourne	Tickets: General admission - \$160 per person (incl. GST) Early bird \$135 per person (incl. GST) <u>until 31st July, 2017</u> Concession - \$90 per person (incl. GST) Registration

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		<p>hospital and residential care design.</p> <p>Opening address: Hon Ken Wyatt, Minister for Aged Care and Minister for Indigenous Health.</p> <p>Keynote speakers:</p> <ul style="list-style-type: none"> • Dr Helen Barrie who will be talking about “Growing old in a changing climate: challenges for the Asia-Oceania region • Professor Charles Guest, Chief Health Officer for the State of Victoria who will be talking about “Heatwaves, climate and the weather and how this impacts on older people” 		<p>Contact details:</p> <p>National Ageing Research Institute P: <u>03 8384 2305</u> E: NARI Education: education@nari.unimelb.edu.a</p>
17-20 October	Biennial National Dementia Conference	<p>Our program includes a diverse range of highly regarded local and international speakers who will touch, move and inspire you to BE THE CHANGE in your area of endeavour. The program will include highly interactive workshops and other sessions that will provide unique opportunities for you to share your experiences with others as well as develop practical skills and insights. Guest speakers will reflect the diversity of the sector and presentations will challenge delegates to BE THE CHANGE that is needed both in Australia and globally to better support people whose lives are impacted by dementia. The program will not just inform but inspire delegates, with leaders in the sector</p>	Melbourne	<p>Early bird closes 31 August http://dementia2017.org/</p>

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		presenting on their own path to leadership, innovation and change.		
Thursday 19 October 2017	National Carer Counselling Conference	Professional practitioners (counsellors, psychologists and social workers) from across Australia will come together to focus on the therapeutic and counselling approaches demonstrated to be effective with unpaid family and friend carers.	Melbourne	https://www.eventbrite.com.au/e/national-carer-counselling-conference-2017-tickets-33915372793 \$190 to attend
24-25 October 2017	Australia in 2030: Creating the Future we Want	The 2017 ACOSS National Conference, in partnership with VCOSS, is the event where community leaders, policy and decision makers, practitioners, academics and people with lived experience come together to collectively tackle the issues driving poverty and inequality in Australia. Leading thinkers and decision makers from the community, public, and private sectors will collaborate to identify challenges and workshop responses to move us towards a brighter and more equitable 2030.	Melbourne	http://acossevents.org.au/
Wednesday 25 th October, 2017, 1.00pm – 5.00pm	Sexuality and Ageing	Would you like to expand your knowledge, share your experiences in sexuality and ageing, learn the latest evidence and practice some strategies to help you improve the care you deliver and/or the research you undertake in this area? If so, then this workshop is for you. At this half-day evidence-based and experiential workshop you will learn about:		Cost: \$240 (incl GST) Ten percent early bird discount until 4th October, 2017. https://www.trybooking.com/261332

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		<ul style="list-style-type: none"> > the assumptions about ageing and sexuality and the effects of pervasive ageism > the importance of positive sexuality in later life > intimacy and ageing is everyone's concern: perspectives from experts in acute, sub-acute, GEM and dementia settings > particular issues for LGBTI ageing and aged care > practical strategies for facilitating sexual discussions and addressing positive sexual expression > where to go for further evidence/practical advice 		
19-20 February 2018	The 5th National Elder Abuse Conference, on the theme of 'Together Making Change'		Sofitel Hotel, Sydney	You can register your interest in receiving information updates at the conference website