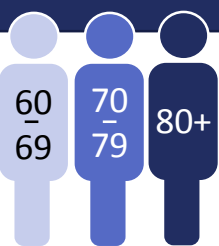


Whitehorse snapshot

Key data from the 2017 Health and Wellbeing Needs of Older People in the Eastern Region of Melbourne



60+ years population increasing:



6,905



77%



45%



30%



24%



619

Eastern Metropolitan Region:

65,980

Estimated population with dementia by 2050

76%

Females 75+ years living alone

42%

60+ year olds don't meet fruit or vegetable guidelines

33%

60+ year olds don't meet physical activity guidelines

24%

60+ year olds speak a language other than English

631

Per 1,000 65+ year olds on pension



2.4%



20%

60+ year olds are still in employment



20%

65+ year olds need assistance with 3 or more activities



12%

65+ year olds have a severe/profound disability



21%

60+ year olds drink alcohol at-risk levels (short term harm)



17%

60+ year olds paying mortgage or renting

Eastern Metropolitan Region:

1.7%

60+ year olds live in public or social housing

24%

60+ year olds are still in employment

18%

65+ year olds need assistance with 3 or more activities

12%

65+ year olds have a severe/profound disability

20%










60+ year olds drink alcohol at-risk levels (short term harm)

18%

60+ year olds paying mortgage or renting

Symbol colours:

Personal characteristics	Health characteristics	Health behaviours	Social & community networks	Age friendly cities
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		Whitehorse				EMR* 60+ years	* Eastern Metropolitan Region
		60-69 years	70-79 years	80+ years	60+ years		
	Volunteer	24%	24%	13%	21%	19%	Higher than average for eastern region
	Provide unpaid assistance to people with a disability	17%	12%	8%	13%	13%	Similar to regional average
	Self-report poor health	28%	18%	19%	21%	21%	Similar to regional average
	Categorised as obese	19%	17%	13%	17%	17%	Similar to regional average
	Emergency Department Presenta- tions total rate/1,000	40.8	65.6	92.5	61.9	59.9	Similar to regional average
	EDP due to falls rate/1,000	11.2	20.4	56.6	25.4	21.0	Similar to regional average
	Diabetes prevalence	18%	19%	18%	19%	12%	80+ incidence highest in the eastern region
	Heart disease	14%	18%	29%	19%	18%	Similar to regional average
	Cancer diagnosis rate / 1,000	11.9	20.9	27.5	18.7	17.2	Similar to regional average