

Practitioners' Network Information Update February 2017

Meetings 2017

HAPPY NEW YEAR!

The first Practitioners Network meeting in 2017:

Monday 20 February 2017, 9.30-11.30am

Horticultural Centre, 82 Jolimont Road, Forest Hill

For Information contact Sharon Porteous:

Sharon.porteous@iepcp.org.au

Other meetings for 2017:

Thursday 4 May 2017

Monday 17 July 2017

Thursday 14 September 2017

Monday 20 November 2017

Note that meetings will occur on alternate days – Monday and Thursday (not just Mondays as in previous years).

For up to date news about the Network, including all meeting dates, please go to our website:

<http://iepcp.org.au/key-project/practitioners-network/>

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Active Ageing

Health & Wellbeing Needs of Older People living in the Eastern Region of Melbourne Report Released

What do older people in the east need to maintain health, wellbeing, independence and safety? We are very pleased to announce that the final report of this research completed by the Inner East PCP is now available on our website, along with a summary of findings, grey literature review and other key Active Ageing resources.

Local area snapshots and a data dashboard will be available soon.

<http://iepcp.org.au/key-project/older-people-health-wellbeing/>

Aged Care Reforms

My Aged Care evaluation surveys

A sample of aged care providers, assessors, health professionals, clients and peak bodies who have used My Aged Care in the last year will be invited to take part in a survey on their experiences.

The survey is being conducted by market research agency AMR. Your privacy will be protected and all feedback is anonymous.

More information

Contact aacei@health.gov.au with any questions about the research.

This is the second wave of research to evaluate users' experiences of My Aged Care. The [summary of findings](#) from the 2016 wave is on the department's website.

Aged Care and older people

New Minister for Aged Care and Indigenous Health

(By [Darragh O'Keefe](#), Community Care Review 18/1/2017)

Ken Wyatt has been appointed the New Minister for Aged Care and Indigenous Health.

Mr Wyatt, who was elected to the House of Representatives in 2010, said he was honoured to serve as minister in the portfolio of aged care and indigenous health and said consultation with the sector would be a cornerstone of his tenure.

Industry alert: Caring for Forgotten Australians, Former Child Migrants and Stolen Generations

On 15 December 2016, the Australian Government formally launched the *Caring for Forgotten Australians, Former Child Migrants and Stolen Generations, an information package for aged care services*.

A Care Leaver is a person who was in institutional care or another form of out-of-home care, including foster care, as a child or youth during the 20th century. A Care Leaver is a term that includes Forgotten Australians, Former Child Migrants and the Stolen Generations.

The package was designed to give aged care providers an understanding of the unique experiences and needs of over 500,000 Care Leavers. It will help providers to offer inclusive services and care tailored to the sensitive circumstances of Care Leavers. The package includes: an information booklet, a video, a training facilitator guide, a PowerPoint presentation.

The package is available on the [Department of Health's website](#). For any enquiries, please email ageing.and.diversity@health.gov.au.

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Genders, Bodies and Relationship passport: a new way to communicate

The National LGBTI Health Alliance has launched the Genders, Bodies and Relationships Passport to promote the need for respectful and inclusive ways to share sensitive information, especially where aspects of gender and bodies are not understood in the delivery of care.

The Passport is a simple, friendly tool that can be used in a variety of settings, including health care, aged care, policing, law, housing and education; ensuring gender, bodies and relationships are respected in all interactions.

Order your Passport [online](#).

Co-production in aged care resource – Step Forward Together

(Source: Community Care Review, Nov 2016)

A series of resources has been developed to assist aged care providers to implement co-production in aged care. The toolkit was developed by CommunityWest after trialling the resources through the Step Forward Together project with 10 pilot agencies, including Uniting Age Well.

<https://www.communitywest.com.au/services/exploring-co-design-with-catalyst/step-forward-together-project>

Your Wellbeing, Your Plan (from Step Forward Together)

In addition to the above, COTA has trained peer educators to visit groups of senior consumers to explore and discuss wellness, enablement and co-production, through the facilitation of an interactive session called Your Wellbeing, Your Plan. The sessions provide practical information and discussions about wellbeing, staying well, achieving your goals, and getting the most out of services. The sessions are free, and are available now. Contact COTA VIC 1300 135 090, dswan@cotavic.org.au

New resource launched for health students on ageing and aged care

(Source: [Community Care Review](#), [Education & Training](#), 8 Dec 2016)

Healthy Ageing and Aged Care, is a new book edited by Charles Sturt University academics Dr Maree Bernoth and Dr Denise Winkler, which captures the personal experiences of ageing as told by older people as a powerful learning tool for health students.

The 33 contributors to the book have expertise in a range of disciplines from nursing in acute and aged care, to social work, psychology, exercise science, ethics, palliative care and dietetics. It includes chapters on the experience of ageing as an Indigenous Australian and also describes the experience of intimate relationships as people age, ageing in rural areas, family relationships, leisure and recreation, dementia, vulnerabilities and abuse. There are online resources for teachers and students including video case studies.

Healthy Ageing and Aged Care was launched in November and is published by Oxford University Press. It is also available as an e-book. For more information, [click here](#).

The Government delivering quality and stability in aged care

Australia's inaugural Aged Care Complaints Commissioner, Ms Rae Lamb, has been reappointed for a second term to January 2020.

Carers

Caring for your Older Parent or Being Cared for by your Adult Child? SURVEY

Researchers from Deakin University are conducting a project federally funded by the Australian Research Council that investigates how parent-child relationships during the adult years influence how care is given and received between

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older parents and adult children. This project will deliver useful tools and resources to home carers and to aged care organisations which will be designed to help support those in the community involved in the care of ageing parents.

The researchers are looking for two different groups of people to participate in two different versions of this study:

1. Older parents who are receiving some degree of help, care, or support from their adult children (18 years of age and older) to complete an anonymous questionnaire that will take approximately 40 minutes to complete. [More.](#)
2. Adult children (18 years of age or older who are providing some degree of help, care, or support to their older parent to complete a similar anonymous online questionnaire. [More](#)

Please call 03 9246 8515 or [email](#), if you have questions and/or prefer a pen and paper version of the survey.

Carers Australia Conference – call for abstracts

The Carers Australia Conference will be held in October 2017 in South Australia. Carers Australia is calling for abstracts by 10 February. For more information see: <http://www.carersaustralia.com.au/international-conference/call-for-abstracts/>

Participants Required for Study on Impact of Behaviour Change Associated with Executive Dysfunctions on the Burden of Caring for People with Dementia

The College of Health and Biomedicine, Victoria University, is conducting this study. They are also interested in the relationship between a caregiver's values and their caregiving experience.

[The questionnaire](#) takes approximately 20–30 minutes to complete. Participants must be the main carer of a person with dementia to be

eligible to participate in this study. For more information email: andrea.pavarino@live.vu.edu.au

Codesign & Consumer Participation

Resource Officers: Consumer Participation Network Meeting

Thursday 09 February 2017, 10am to 3pm, at the Health Issues Centre, Level 8 255 Bourke Street, Melbourne 3000

Twice a year, Health Issues Centre convenes the Resource Officer (RO) Network meetings.

The RO network is open to staff from publicly funded Victorian health services who work with or support Community Advisory Committees (CAC) and implement their organisation's consumer participation activities. Meeting flyer and agenda [available here](#)

Death and Dying

New End of Life Care Framework

The framework emphasises a person-centred approach inclusive of all groups and communities, improving service integration, knowledge and skill across service sectors, and strengthening home-based care at the end of life.

To download:

<https://www2.health.vic.gov.au/palliative-care>

Dementia

The Dementia Guide 2017, a friend to support people living with dementia and carers.

The Dementia Guide is a resource for anyone who has recently been diagnosed with dementia or has been impacted by the disease. The Guide is also

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used by the family and friends of someone with dementia, as it contains information for anyone taking on a caring role. It helps people to understand more about dementia and the emotional impact of a diagnosis, the available drug treatments, and support and services that are available. It includes information about living well with dementia and about making plans for the future.

You can view The Dementia Guide online by clicking the [VIEW ONLINE NOW](#) button, download the full free copy of The Dementia Guide as [PDF](#) or visit vic.fightdementia.org.au/the-dementia-guide if you wish to read and focus only on the parts that seem most relevant to your situation. To order printed copies of this FREE guide:
Email: alz@alzheimers.org.au
Call: 03 9815 7800

Younger onset dementia toolkit launched for care workers

(January 11, 2017 in [Community Care Review, Education & Training](#))

A new educational resource has been developed to boost the knowledge of care workers supporting people with younger onset dementia.

The interactive resource, which includes audio and video links, supports care workers to develop a deeper understanding of a wellness approach and identify person-centred strategies to improve the wellbeing of young people living with dementia.

The project has been funded by a grant from The Lovell Foundation, which was set up to raise awareness of younger onset dementia and the need for age appropriate services.

It is estimated around 25,000 Australians have younger onset dementia.

Download the resource from [The Lovell Foundation](#).

New provider of dementia training for the aged care sector

The department has appointed Dementia Training Australia (DTA) as the national provider of training in dementia care.

Services began on 1 October 2016 and include:

- continuing professional development training on dementia assessment, diagnosis and management to health professionals
- accredited dementia care vocational level training courses – free to eligible workers
- tailored on-site training to aged care providers who request assistance.

An online training portal will also be available in the near future. [More information](#)

Dementia Knowledge Translation Hub

(Source: Community Care Review, Nov 2016)

The Dementia Collaborative Research Centres have launched a dementia knowledge translation hub for health professionals, carers and policy makers. It provides a range of evidence-based tools and resources online.

Go to www.dementiakt.com.au

AIHW Report on dementia risk factors

This report describes a range of modifiable vascular risk factors for dementia, and estimates their individual and combined contribution to the burden of dementia in Australia. Vascular risk factors in this study include smoking, physical inactivity, mid-life high blood pressure and mid-life obesity, as well as vascular diseases that act as risk factors for dementia—diabetes, stroke, atrial fibrillation and chronic kidney disease. It shows that about 30% of the total dementia burden in Australia is due to the joint effect of the vascular risk factors examined; highlighting the potential

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for preventing dementia and reducing dementia-related burden. [Link to web](#)

Feedback from DFC communities, organisations & stakeholders – survey

Alzheimer's Australia is creating a *Dementia Friendly Communities* Resource Hub.

The aim of the Hub is to support individuals, communities, businesses and organisations to become dementia friendly. If you would like to inform the design and content of the Hub please complete this survey by 3 February:

[your guidance and advice](#)

True Doors

True doors is a simple idea to help dementia patients recreate the doors of their former houses to help them orient themselves and feel at home!

Check out the video at

<https://www.facebook.com/littlethingscom/videos/665455870330455/>

Diabetes

Handbook on diabetes and emotional health

(Source: Community Care Review, Nov 2016)

The Australian Centre for Behavioural Research in Diabetes and Diabetes Australia have developed a handbook to help identify and meet the emotional and psychological needs of people with diabetes.

Go to <https://www.ndss.com.au/diabetes-and-related-health>

Cost of older Australians with diabetes to hit \$2.9 billion by 2030, new research shows

(Source: The Guardian 11 Jan 2017, Original Source Sydney Morning Herald)

<http://www.theguardian.com.au/story/4394172/cost-of-older-australians-with-diabetes-to-hit-29-billion-by-2030-new-research-shows/>

The indirect economic cost of rising numbers of ageing Australians with diabetes, measured in 'lost productive life years', is set to hit \$2.9 billion a year by 2030, up from \$2.1 billion in 2015.

New research, published in the BMJ Open journal on Tuesday, used population growth and disease trend data to estimate the likely cost of the disease among people aged 45 to 64 years old by 2030.

There are about 1.3 million people with diabetes registered with the National Diabetes Services Scheme, directly [costing the federal government about \\$214 million in the last fiscal year](#), most of whom had the more common type 2 diabetes.

A study commissioned by Diabetes Australia estimated in 2012 the total [annual direct and indirect costs of type 1 and 2 diabetes combined could be as much as \\$6.5 billion](#).

Disability/NDIS

Funding Grants Available

The Australian Government is inviting providers via an open process to apply to deliver services under the Community Inclusion and Capacity Development (CICD) – Implementing Information, Linkages and Capacity Building (ILC) – ILC National Readiness Grants in 2016-17.

<https://www.communitygrants.gov.au/grants/ilc-national-readiness-grants>

New State Disability Plan released

Absolutely everyone is the state disability plan 2017–2020 for the whole of the Victorian Government. It sets out priorities and actions for achieving inclusion under four key pillars:

- inclusive communities
- health, housing and wellbeing
- fairness and safety

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- contributing lives

The ideas in the plan are based on feedback and contributions from people with a disability, and submissions received during consultation.

Downloads:

- **Absolutely everyone - State disability plan 2017–2020 download**
- **Summary of Absolutely everyone - State disability plan 2017–2020 download**

The plan is also available in a number of accessible formats:

- **Audio of Absolutely everyone**
- **E-text of Absolutely everyone**
- **Easy English of Absolutely everyone**
- **Auslan translation of Absolutely everyone**
- **Audio summary of Absolutely everyone**
- **Braille copies of Absolutely everyone and the Summary are available on request**

Community language translations of the plan will be uploaded shortly. For more information please contact the Office for Disability on 1300 880 043 by email ofd@dhhs.vic.gov.au

NDIS Fact Sheets page updated

Improvements have been made to the [NDIS factsheets and publications page](#), if you're looking for readily available scheme information, it's the place to start.

Each one is short and succinct, providing you with enough information to understand each topic.

NDIS Appeals

The NDIS Appeals has been set up to ensure that all people with disability, and others affected by [reviewable decisions](#) of the National Disability Insurance Agency (NDIA), have access to support when they are seeking review of those decisions in the Administrative Appeals Tribunal (AAT).

There are two main types of assistance available via the NDIS Appeals:

- access to a skilled advocate who acts as a support person, and
- access to legal services - where a case raises complex or novel legal issues.

Information about the Disability and Carer Support Activity, which includes the NDIS Appeals is available through the [Disability, Mental Health and Carers Program](#).

<https://www.dss.gov.au/disability-and-carers/programs-services/for-people-with-disability/ndis-appeals>

National Consultation on Disability Rights (DARU)

Disability Discrimination Commissioner, Alastair McEwin will be conducting a national consultation which will help guide the development of his priorities and seek input from the disability community on how he can most effectively work to advance the rights of people with a disability.

These consultations aim to engage with the disability community and gather information and knowledge on the extent and nature of disability discrimination and the human rights of people with disability in Australia. The focus of the consultations will be guided by the Commissioner's National Consultation Discussion paper.

Consultations will be held in each capital city and some regional centres between October 2016 and March 2017.

<https://www.humanrights.gov.au/our-work/disability-rights/projects/disability-discrimination-commissioner-national-consultations>

New consumer app to help navigate assistive technology market

(By [Staff Writers](#) on January 11, 2017 in [Community Care Review, Education & Training](#))

A free tablet app has been released to support Australians with disability to identify the range of

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assistive equipment and technology options that could improve their independence and wellbeing.

Through real life stories and a virtual world, the app helps users explore assistive equipment and technologies in the environments in which they would be used such as the kitchen, bathroom, garden, at work, or out and about in the community.

Equip Myself has been developed by the Independent Living Centre WA and aims to support people with disability to navigate the growing market in assistive technologies.

The app links to the national equipment database, which contains impartial information on more than 11,000 assistive technology products available nationwide.

Users of the app can also create their own profile and share their favourite equipment items with their support team.

Equip Myself is available on the App Store and Google Play. [Click here](#) for more information.

Inquiry into NDIS services for people with psychosocial disabilities

The [Joint Standing Committee](#) on the NDIS has announced an inquiry into the provision of services under the NDIS for people with psychosocial disabilities related to a mental health condition.

More information about the scope of the review can be found [here](#).

Elder Abuse

ALRC releases elder abuse discussion paper for comment

<https://www.alrc.gov.au/publications/elder-abuse-dp83>

A few good references to ECLC's submission and good recommendations, particularly re:

- A National Elder Abuse Plan
- National Enduring POA (Power of Attorney) & Guardianship register
- Limits on who and how for PoAs
- Training on elder abuse for Centrelink, banks and others

The ALRC will now be seeking responses to the discussion paper so that they can make their final recommendations later in 2017.

Local Eastern Forum to discuss response to ALRC discussion paper

Workshop to formulate a collective, representative EEAN response, Morning tea will be provided

February 7, 2017
9am, to 12 midday
The Matsudo Room
1st floor, Box Hill Town Hall
Whitehorse Road, Box Hill

Age Discrimination Commissioner (and former Australian Senator), Dr. Kay Patterson, will be attending.

Contact: kazm@eclc.org.au or 9762 6235

New Vic Elder Abuse Ambassador

Gerard Mansour has been named Victoria's Ambassador for the Prevention of Elder Abuse. In accepting the role, Mr Mansour said that getting the issue out in the open would be a big part of his work as ambassador. The appointment was announced by the Minister for the Prevention of Family Violence, Fiona Richardson, as she publicised the government's \$1 million investment in elder abuse prevention initiatives. The funding will go to awareness raising and prevention programs.

Read more on the [COTA website](#).

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Gender Equality

Reforms to support gender equality (VHA)

The State Government has announced a series of landmark reforms to support women and girls to be safer and stronger in their homes, workplaces and community. The [Safe and Strong: A Victorian Gender Equality Strategy](#) will address inequality, sexism and violence against women in all forms.

The Royal Commission into Family Violence found that gender inequality is one of the key drivers behind family violence, with family violence costing the Victorian economy more than \$3.4 billion per year.

Access the [Safe and Strong: A Victorian Gender Equality Strategy](#) [here](#).

Health

New Chronic Care Guide

DHHS has released the [Care for People with Chronic Conditions – Guide for the Community Health Program](#) outlining objectives of effective community health programs with respect to the management of chronic conditions.

It provides an organisational self assessment checklist for the six core elements of the *Chronic Care Model*:

- Organisational support
- Community linkages
- Delivery system design
- Self management support
- Decision Support
- Clinical information systems

Vic Govt 2040 Vision for health

Minister for Health Jill Hennessy has released the Labor Government's future plan for the health system, *Health 2040: Advancing health, access*

and care. With the aim that Victorians have better access to health care, receive better quality care and enjoy better health through prevention.

At the centre of the plan are four key initiatives including:

- New programs to help vulnerable families with a mix of health and social care needs, giving them access to one person who will make sure they get the services and care they need, and provide ongoing support and advice
- New coordinators to help patients with chronic disease arrange and manage the many different appointments they often need, making it easier and convenient for them to get the treatment they need
- Mobile phone messaging to provide reminders and advice to people attending outpatient clinics for treatment of chronic diseases so they can better manage their own care
- The Healthy Eating and Active Living plan that will help young people living in out of home care develop skills to protect themselves against illness through healthier eating and living.

The new initiatives will be trialled in communities with identified high need and will commence in 2017.

Home Modifications

Adapting the home environment: training program shares best practice

([Community Care Review, Education & Training](#), 8 Dec 2017)

A series of home modification training workshops for occupational therapists, health professionals and builders are being held around Australia in 2017 to present best practice considerations for

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home modifications for older people and people with disability.

The workshops are hosted by Home Modifications Australia (MOD.A), the national peak body for home modification providers, in partnership with Allianz Global Assistance, a provider of assistance services.

The training workshops will be presented by expert Liz Ainsworth, an occupational therapist, access consultant and PhD candidate undertaking home modifications research through the University of Queensland.

The training will:

- provide an overview of relevant legislation, codes and standards
- discuss roles and responsibilities of various stakeholders in the home modification process and the importance of communication
- discuss general principles for design and modification in relation to access to and within the home, and bathroom
- resources to assist practice.

The workshops will take place in Sydney, Melbourne, Adelaide and Perth from February and follow a session that was held in Brisbane in November.

For more information or to register [click here](#)

LGBTI

THE FUTURE IS NOW! Safeguarding End of Life for Older LGBTI Victorians

The Council on the Ageing (COTA) Victoria and Transgender Victoria (TGV) are seeking to understand the needs of the LGBTI community in relation to planning for future care and medical needs, financial and estate planning as well as funeral and burial wishes.

The project aims to address this gap in planning by developing information resources specifically

tailored for the circumstances of older LGBTI Victorians. We hope these resources will support the community in taking charge of their future.

Encourage people to fill out the anonymous online survey: <https://www.surveymonkey.com/r/lgbti-thefutureisnow>

Responses are completely anonymous. If you have any questions about this survey, contact the lead researcher: Dr Sue Malta, 03.8387.2614 or s.malta@nari.unimelb.edu.au

Muscle, bone & joint Health

MOVE help line & fact sheets

MOVE [Help Line](#) and [fact sheets](#) assist health professionals, service providers and people with muscle, bone and joint conditions, their families and carers with any queries and provide information about muscle, bone and joint conditions.

Oral Health

Vic Auditor General Report (VHA)

The Victorian Auditor-General's report into Access to Public Dental Services in Victoria has been tabled in Parliament. The report found Victoria's current model of public dental services needed focus on prevention to 'break the cycle of poor oral health'. It notes this involves 'fundamental change to the way public dental services are currently funded, delivered and overseen'.

The Victorian Auditor-General made 11 recommendations for the Department of Health and Human Services and Dental Health Services Victoria to progress with community dental providers including:

- Improving approaches to managing waiting lists
- Collaboration between regional public dental services

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- Enabling community dental agencies to take greater responsibility for promoting oral health, supported by funding
- Reviewing the funding model and introducing a consistent 'Dental Weighted Activity Unit' rate

The Department and Dental Health Services Victoria has accepted the recommendations, noting the impact of uncertainty around Commonwealth funding.

[Link to Report](#)

Person-Centred Care

New EMR Video and resources

At the EMR Alliance meeting on Tuesday 13 December, a new 'Connecting the Pieces' video was launched. The video explains the unique aspects of diversity and person centred care, and how this influences a person's journey. The video is now available on the EMR Alliance you tube site:

<https://www.youtube.com/channel/UCNjNar-tUMt2N3odUaDBW6rA>

The video also comes with a 'Facilitators Guide' and an electronic downloadable version will be available on the Outer East PCP website in early 2017. It is a great resource to use with new staff as part of their orientation.

The EMR Alliance is currently updating it's web page. In the meantime, you can contact them via emr.alliance@each.com.au

Volunteering

Walking Groups in Forest Hill

Forest Hill Chase is a community focused shopping centre located in the eastern suburb of Forest Hill, approximately 18km from Melbourne's CBD. Forest Hill Chase's aim is to maintain its status as a convenient shopping centre and hub for the local community by introducing programs such as Walking Groups, Seniors' Club and Kids' Club.

We are looking to introduce a Seniors' Walking Group to begin with and then possibly a Parents and Prams Group. We hope these Walking Groups will be an opportunity for local community members to meet, socialise and keep active.

We are looking for members of the community to run our walking groups. You would be required to manage the walks each week. This can include organising the route within the Shopping Centre, keeping an attendance record, making sure everyone is stretched and ready to go and ensuring that everyone has a great time. We need you to make this happen!

If you would like more information on this opportunity please contact Forest Hill Chase on 03 9878 7111.

Events, Training, Forums & Conferences

Date/Time	Event	Information	Location	Contact/Registration
February 7, 2017, 9am, to 12 midday	Eastern Elder Abuse Network workshop	Workshop to formulate a collective, representative EEAN response Age Discrimination Commissioner (and former Australian Senator), Dr. Kay Patterson, will be attending.	The Matsudo Room 1st floor, Box Hill Town Hall Whitehorse Road, Box Hill	Morning tea will be provided Contact: Kazm@eclc.org.au or 9762 6235
Friday 10 February 2017, 8.45am-4.30pm	Foot Health Assessment Program	Designed to provide skills and knowledge in relation to foot health management. This program is relevant for all health professionals.	The Alfred Hospital, Commercial Rd, Melbourne	https://www.benchmarkgroup.com.au/enrol-now/?course_id=23245&instance_id=359451
13-15 February	Dementia symposium	This Symposium presents an evidence base on dementia and love. It draws on the <i>National Framework for Action on Dementia</i> and the <i>Guide to Creating a Dementia-Friendly Community</i> developed by Alzheimer's Australia. The Symposium explores love as a common ground and demonstrates how understanding its importance can shift our focus from the disease of dementia to understanding the person living with dementia. Speakers include: Christine and Paul Bryden ; Sue Pieters-Hawke ; Angela Di Sciascio ; Virginia Hunter Sampson (USA); Anne Tudor and Edie Mayhew	Ballarat	Registration: Through the Symposium webpage opalinstitute.org/dementia-and-love or Eventbrite

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15 th February 2017, 9.30am to 1.30pm	EMR CALD Carer Support Forum	The forum will be a discussion to better understand Culturally and Linguistically Diverse (CALD) carers and opportunities to improve their access to Carer Support Services.	Boyland Room, Box Hill Town Hall	Morning tea and lunch provided Please click here to register
15 Feb 2017, 9am-4pm	Disability Research to Action	The forum will present a wide variety of recent disability related research directly relevant to good practice. Will bring together researchers, disability service providers, people with disabilities and other stakeholders.	RMIT Melbourne, Building 80, Level 7, 445 Swanston Street, Melbourne	Registration is now open. Tickets and the draft program here . Member of NDS \$140; Non NDS members \$180; People with a disability or student \$50 Info: Elise Garraway, NDS Vic, ph. (03) 8341 4300
Thursday 16th of February, 9.30am to 12.30pm	Carer Expo - Knox	Learn about services for people with disability in the Knox region at a Carers Expo on Thursday 16th February. This expo, organised by the Knox City Council, UnitingCare Harrison and the Eastern Disability Housing Network, is a free event for parents/carers of people with a disability. There will be approximately 30 disability service providers exhibiting.	Knox Civic Centre, 511 Burwood Highway Wantirna South	Cost: Free Contact: For more information about this expo, please contact Peter Johnston at the Knox City Council at peter.johnston@knox.vic.gov.au or 03 9298 8819. KNOX DISABILITY HOUSING CARERS EXPO.pdf
Monday 20th February, 10.30am - 12.30pm OR Wednesday 8th March, 7-9pm	NDIS Information Forum KNOX	Yooralla is delivering information forums on the National Disability Insurance Scheme (NDIS) across Victoria. This FREE forum in Knox is open to anyone in the community who is interested in learning more about the NDIS: <ul style="list-style-type: none"> • understand how the NDIS works • learn more about planning and preparation for transition to the NDIS 	Knox Civic Centre, 511 Burwood Highway, Wantirna South	Cost: Free RSVP: Please RSVP to Michelle Penney by Friday 10th February 2017 by email at Michelle.Penney@knox.vic.gov.au or phone on 9298 8343 (please advise which session you are attending). Morning tea provided

Every attempt has been made to ensure the information in this update is correct at the time of publication. **Page 13 of 18**

Events, Training, Forums & Conferences

		<ul style="list-style-type: none"> • ask questions about how the NDIS will impact you and your family • meet local service providers. 		
21 Feb 2017	Beyond consumer consultation: co-producing aged care services-	<p>Provided by Home Care Today</p> <p>Presenter Kelly Gray</p>	Webinar	https://homecaretoday.org.au/events/list
Thursday 23 February, 6.30pm	Lifting the Lid on It	The Eastern Metropolitan Region Palliative Care Consortium is pleased to announce that ticket sales are now open for this exciting event. Places are limited, so early registration is recommended. It will be a fun, but also an informative night. The event is open to the public and is relevant to everyone as we will all need to deal with these issues at some time in our lives.	Waratah Room, Whitehorse Centre	<p>Tickets \$65 each including supper:</p> <p>Ticketbo.com.au/talkingaboutdying</p> <p>Info – Karen Conte, Palliative Care Consortium, 8804 0651 or consortiummanager@epc.asn.au</p>
Friday 24th February 2017, 10.15am (for a 10.30am start) to 12.30pm	NDIS Information Forum MONBULK	<p>Yooralla is delivering information forums on the National Disability Insurance Scheme (NDIS) across Victoria. This FREE forum in Knox is open to anyone in the community who is interested in learning more about the NDIS:</p> <ul style="list-style-type: none"> • understand how the NDIS works • learn more about planning and preparation for transition to the NDIS • ask questions about how the NDIS will impact you and your family • meet local service providers. 	Monbulk Living and Learning Centre, 21 Main Road, Monbulk	<p>Cost: FREE</p> <p>RSVP by Monday 20 February. Bookings essential. Bookings and questions to: http://ndisyarranges.eventbrite.com.au</p> <p>Contact: For further information please contact Shelley Hosking on 9666 4584. Morning tea provided</p>

Events, Training, Forums & Conferences

Commences 1 March 2017, 1 day per month for nine months	Certificate IV in Dementia Practice	<p>Alzheimer's Australia is offering an accredited Certificate IV qualification dedicated for staff supporting people with dementia both in a residential and community setting. The Certificate IV in Dementia Practice will provide participants with the ability to integrate current knowledge and apply enhanced skills for effective dementia care. The course comprises interactive workshops across a wide range of dementia topics including guest speakers from industry. You will learn to transfer this knowledge into practice and improve dementia support within your organisation.</p> <p>This course is offered ONLY in Victoria by Alzheimer's Australia Vic and places are limited. Suitable for: Health professionals and aged care workers</p>	Hawthorn	<p>Registrations now open</p> <p>Cost: \$3350 (paid in 3 instalments)</p> <p>Scholarships available!</p> <p>Alzheimer's Australia Vic offering half-scholarships for individuals to complete the Certificate IV in Dementia Practice course in 2017. Alzheimer's Australia Vic will award two scholarships per course for Hawthorn, each worth \$1675.</p> <p>To apply for a scholarship, please click to download and read this form to ensure you are eligible before submitting your application.</p>
7th of March at 2pm	Consumer direction and dementia	Provided by Home Care Today	Webinar	https://homecaretoday.org.au/events/list
Thursday 9 March & Thursday 16 March, 9.30am-4pm	Building respectful family relationships (elder abuse focus)	This practical and free 2 day training will prepare participants to deliver talks and facilitate discussions on elder abuse awareness to groups of older people and their families from Vietnamese, Indian, Turkish, Russian and Jewish communities.	Leading Age Services Australia Ltd Level 11 600 St Kilda rd. Melbourne	<p>For bicultural, bilingual community workers from Vietnamese, Indian, Turkish & Russian Jewish communities</p> <p>Contact Liz Alexander, ECCV Project Officer, 9354 9555</p>
23 March 2017, 8.45am-4.30pm	Assessment, Care planning & CDC	This interactive workshop provides aged care professionals with practical information about comprehensive		Cost \$410 – early bird discount available

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		assessment, goal setting and care planning for older people in a community setting within the consumer directed care context.		http://www.nari.net.au/education/2017-workshops/march-workshop-2017
24 March 2017	Prevention of Chronic Diseases and Healthy Ageing	ADMA day seminar including a Tai Chi for Diabetes Demonstration; Health 2040; Primary Health Networks and Chronic Disease Prevention; Getting Australia's Health on Track; Prevention of cardio metabolic diseases; Healthy Ageing; Oral health; Musculoskeletal conditions; Respiratory Disease; Mental health; Alcohol and Drugs; Obesity Prevention; and Is sleep important in chronic disease management?	Alfred Hospital	Cost \$200 For registration: http://adma.org.au/images/previous_seminars/March_2017_Prevention_Seminar/Prevention_of_Chronic_Diseases_Flyer_Registration.pdf
27-28 March, 2017	NDS State Conference	Exploring the realities, risks and opportunities of delivering change and creating great outcomes for both participants and provider organisations in disability. Keynote speakers, professional development workshops and exhibitors, covering innovative and practical strategies to: enhance opportunities for NDIS participants in their daily lives, strengthen disability culture and develop your organisation in a market environment.	Melbourne Park Function Centre	To register or for more info: https://www.nds.org.au/events-and-training/conferences/nds-victoria-conference-2017
30th & 31st March, 2017	Portability in Home Care Packages - Listening to the consumer's voice?	<u>Home Care Today</u> is bringing together a panel of consumers and carers alongside industry leaders and researchers and special guest speaker Rae Lamb, the Aged	Melbourne	TWO DAY CONFERENCE Early Bird closes on 22 February 2017.

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		<p>Care Complaints Commissioner to explore issues of attracting and retaining clients with home care packages becoming portable in February.</p> <p>For small and medium-sized home care provider staff, including case managers, senior managers, quality managers and CEOs.</p>		REGISTER HERE
Tues 4 April 2017	Family Violence Forum (VHA)		NAB The Village, 700 Bourke Street, Docklands	TBC
Saturday 29 April 2017	The Ageing in Australia Expo 2017	<p>The Expo provides an opportunity for people to find out about the range of support services available to them as they age, and ask questions of aged care services, government departments, peak organisations and ethnic community organisations relating to their care and wellbeing.</p>	Melbourne Town Hall	<p>Tickets are essential but entry is Free.</p> <p>Details here. For all event enquiries, please contact the <i>Centre for Cultural Diversity in Ageing</i> on 03 8823 7979 or info@culturaldiversity.com.au</p>
Various dates 2017	MOVE muscle, bone & joint health - various topics	<p>2017 Education and Training Program for health professionals and service providers:</p> <p>'Musculoskeletal Health' webinar series</p> <p>Group exercise leader training (warm water exercise, chair-based exercise, Tai Chi for Arthritis, Nordic Walking)</p> <p>Group exercise leader update training (warm water exercise, chair-based exercise, Tai Chi for Arthritis, Nordic Walking)</p>	Various venues and webinars	Go to MOVE website or links provided

Events, Training, Forums & Conferences

		Consultancy training service		
Thursday 5th & Friday 6th October 2017	3rd National LGBTI Ageing and Aged Care Conference – 2017. It's About Time: Rethinking LGBTI Ageing in Australia	Organised by Val's Cafe @ GLHV. Held across two days, this conference explores the changing lives and rich histories of older LGBTI people, presenting new opportunities to share personal stories, discuss policy and practice in the aged care sector, and reflect the challenges and celebrations of this diverse community. Older LGBTI people, aged care experts and service providers can come together to share experiences and ideas, and work together to promote healthy ageing for older LGBTI people.	Novotel Melbourne on Collins - 270 Collins St, Melbourne VIC 3000	To be confirmed
2017 PD regarding Multiple Sclerosis	Various	MS Society offers education programs to build capacity in the health and community care system to provide appropriate support, care and treatment for people living with multiple sclerosis and other neurological disorders. The 2017 Calendar has a range of webinar based programs, presented by topic experts to access via internet.	Various	Please call 1800 042 138 for further explanation as required.