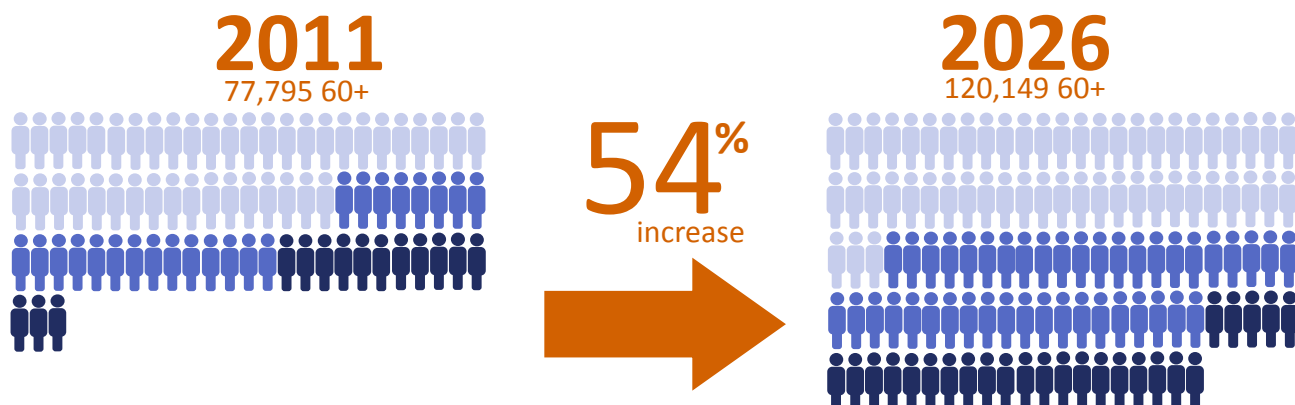


Outer East snapshot

Key data from the 2017 Health and Wellbeing Needs of Older People in the Eastern Region of Melbourne.

The outer east includes Knox, Maroondah and Yarra Ranges local government areas.

60+ years population increasing:



34,524



75%



41%



34%



14%



704

Eastern Metropolitan Region:

65,980

Estimated population with dementia by 2050

76%

Females 75+ years living alone

42%

60+ year olds don't meet fruit or vegetable guidelines

33%

60+ year olds don't meet physical activity guidelines

24%

60+ year olds speak a language other than English

631

Per 1,000 65+ year olds on pension



36%



25%



18%



11%



19%



21%

Eastern Metropolitan Region:

38%

60+ year olds have completed post-secondary education

24%

60+ year olds are still in employment

18%

65+ year olds need assistance with 3 or more activities

12%

65+ year olds have a severe /profound disability

20%










60+ year olds drink alcohol at-risk levels (short term harm)

18%

60+ year olds paying mortgage or renting

Symbol colours:

Personal characteristics	Health characteristics	Health behaviours	Social & community networks	Age friendly cities
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		Outer East				EMR* 60+ years	* Eastern Metropolitan Region
		60-69 years	70-79 years	80+ years	60+ years		
	Volunteer	21%	21%	10%	19%	19%	Similar to regional average
	Provide unpaid assistance to people with a disability	16%	11%	6%	13%	13%	Similar to regional average
	Self-report poor health	20%	21%	23%	21%	21%	Similar to regional average
	Categorised as obese	20%	22%	16%	20%	17%	Slightly lower than regional average and outer east
	Emergency Department Presentations total rate/1,000	42.1	71.1	124.3	65.3	59.9	Lower rate than outer east
	EDP due to falls rate/1,000	14.1	21.1	64.6	25.1	21.0	Lower rate than outer east
	Diabetes prevalence	11%	14%	8%	12%	12%	Similar to regional average
	Heart disease	13%	18%	25%	17%	18%	Similar to regional average
	Cancer diagnosis rate / 1,000	14.3	17.4	24.9	17.1	17.2	Similar to regional average