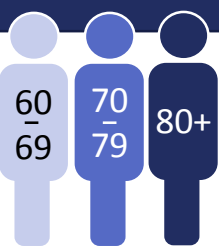


Boroondara snapshot

Key data from the 2017 Health and Wellbeing Needs of Older People in the Eastern Region of Melbourne



60+ years population increasing:



8,817



79%



41%



26%



21%



369

Eastern Metropolitan Region:

65,980

Estimated population with dementia by 2050

76%

Females 75+ years living alone

42%

60+ year olds don't meet fruit or vegetable guidelines

33%

60+ year olds don't meet physical activity guidelines

24%

60+ year olds speak a language other than English

631

Per 1,000 65+ year olds on pension



51%

60+ year olds have completed post-secondary education



28%

60+ year olds are still in employment



16%

65+ year olds need assistance with 3 or more activities



11%

65+ year olds have a severe/profound disability



26%

60+ year olds drink alcohol at-risk levels (short term harm)



18%

60+ year olds paying mortgage or renting

Eastern Metropolitan Region:

38%

60+ year olds have completed post-secondary education

24%

60+ year olds are still in employment

18%

65+ year olds need assistance with 3 or more activities

12%

65+ year olds have a severe/profound disability

20%










60+ year olds drink alcohol at-risk levels (short term harm)

18%

60+ year olds paying mortgage or renting

Symbol colours:

Personal characteristics	Health characteristics	Health behaviours	Social & community networks	Age friendly cities
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		Boroondara				EMR* 60+ years	* Eastern Metropolitan Region
		60-69 years	70-79 years	80+ years	60+ years		
	Volunteer	27%	26%	12%	23%	19%	Higher than eastern region for 60-69 (EMR 23%) and 70-79 (EMR 22%)
	Provide unpaid assistance to people with a disability	19%	13%	8%	14%	13%	Similar to regional average
	Self-report poor health	14%	15%	15%	15%	21%	Lowest in eastern region
	Categorised as obese	12%	9%	2%	8%	17%	Regional variations not statistically significant
	Emergency Department Presentations total rate/1,000	27.0	49.2	80.7	45.8	59.9	Lowest in eastern region
	EDP due to falls rate/1,000	7.9	12.2	40.5	16.4	21.0	Second lowest in eastern region (Monash lowest)
	Diabetes prevalence	3%	5%	7%	6%	12%	Lowest in eastern region
	Heart disease	9%	27%	26%	20%	18%	70-79 higher than eastern region 70-79 (21%)
	Cancer diagnosis rate / 1,000	11.6	15.7	27.9	16.5	17.2	Similar to regional average