

Practitioners' Network Information Update SEPTEMBER 2017



Meetings 2017

Practitioners Network Meetings

- Thursday 14 September 2017
- Monday 20 November 2017

9.30-11.30am, Horticultural Centre, 82 Jolimont Road, Forest Hill

For Information contact Sharon Porteous:
Sharon.porteous@iepcp.org.au

For up to date news about the Network, including all meeting dates, please go to our website:

<http://iepcp.org.au/key-project/practitioners-network/>

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Active Healthy Ageing

Whitehorse Seniors Festival 2017

Whitehorse Seniors Festival kicks off in September and continues throughout October. Senior residents are invited to take part in a wide range of free (or low-cost) activities and events throughout Whitehorse. [Here](#) is a complete list of Whitehorse Seniors Festival events. For more details:

<http://www.whitehorse.vic.gov.au/Seniors-Festival.html>

Preventing dementia by eliminating nine modifiable risk factors

The report by [Lancet Commission on Dementia Prevention, Intervention, and Care](#) has received worldwide attention with its conclusion that a third of dementia cases could be prevented if people are guided towards certain steps to look after their health, according to a [study](#).

The review focused on nine factors at various stages in life, including staying in education until over the age of 15, reducing high blood pressure, obesity and hearing loss in mid-life (45-65), and reducing smoking, depression, physical inactivity, social isolation and diabetes in later life (over 65 years old).

Although therapies are currently not available to modify the underlying disease process, the Commission outlines pharmacological and social interventions that are able to help manage the manifestations of dementia.

Social participation as an indicator of successful ageing

[Research](#) titled "Social participation as an indicator of successful aging: an overview of concepts and their associations with health" explored the association of social participation and health in older populations. The paper provided an overview of the three concepts of social participation (i.e. social connections, informal social participation and volunteering),

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their methods of measurement and their associations with health in older adults. The evidence showed that all three concepts contribute to a positive association between social participation and health through their shared mechanisms of social support and social cohesion with the wider community. Using an instrument that can be separated into these three distinct concepts will assist health services researchers to determine the relative effect of each form of participation on the health of older adults and identify the areas in which social interventions for older adults will have the most effect.

Aged Care Reforms

My Aged Care resources for Aboriginal and Torres Strait Islander people

Resources specifically for Aboriginal and Torres Strait Islander people, including translated materials, can be viewed or downloaded from the My Aged Care website: brochures, fact sheets, print advertisements, radio advertisements, a poster (in English only). A new video for Aboriginal and Torres Strait Islander audiences is also on the My Aged Care website. It provides an overview of My Aged Care, including the services available and how to access them. The resources are available here: <https://www.myagedcare.gov.au/resources-for-aboriginal-and-torres-strait-islander-people>

Aged Care and older people

Seminar: Supporting older people experiencing mental health issues

Inner East Primary Care Partnership is arranging a seminar "Supporting older people experiencing mental health issues." This seminar will provide an opportunity for experienced practitioners working with older people to learn more about supporting older people with mental health issues, referral options and eligibility for services. The seminar will include:

- Guest presenters
- Case discussion and problem solving
- Access to resources and information

Date: Wednesday 20 September 2017

Time: 8.45 am -12.15pm

Venue: Nunawading (Venue details will be provided on successful registration.)

Cost: Free

RSVP BY: jenny.wood@iepcp.org.au or 8843 2305

Supporting older people living well at home...Understanding the role of OT

This paper by Outer Eastern Health and Community Services Alliance provides a Victorian perspective on Occupational Therapy (OT) practice with older people. It documents the evolution of OT services in the Victorian HACC sector over recent years and the significant value that OTs add in delivering a broad range of HACC service types. It describes a number of ways that OTs have successfully worked with consumers and other staff to achieve positive outcomes, both for individual clients and by building the capacity of the broader workforce. It also provides a summary of the research that describes the value of OT in wellness, reablement and restorative care for older people, highlighting opportunities for local service providers as we transition to the Commonwealth Home Support Programme (CHSP).

Full report is available [here](#).

Pilot will trial driverless technology in aged care

Leading Australian aged care and lifestyle provider IRT Group has formed a world-first partnership to develop driverless car technology in a residential aged care setting. UK-based company RDM Autonomous brought the technology to Australia in 2017, opening its first satellite office in South Australia. In partnership with them, IRT will bring driverless cars to aged care communities for the first time. IRT has 35 sites in NSW, Canberra and Brisbane and plans to introduce the car – Pod Zero – for testing at its Kangara Waters complex in Canberra and then at one of its Brisbane sites immediately after the ITAC Conference. The IRT driverless car pilot will include employee and resident training, technology deployment, participant consultation and system evaluation,

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aiming to improve the independence and quality of life of older Australians.

More information here:

<http://australianageingagenda.com.au/2017/08/18/pilot-will-trial-driverless-technology-aged-care/>

GEN- The New Aged Care Data Platform

Australian Institute of Health and Welfare website, launched the website "GEN", which is a comprehensive "one-stop shop" for data and information about aged care services in Australia. It reports on capacity and activity in the aged care system focusing on the people, their care assessments and the services they use. GEN is designed to cater for all levels of users, from students looking for information for assignments, right through to data modellers and actuaries. Website: www.gen-agedcaredata.gov.au

Alcohol & Drugs

Alcohol and drug use increasing in older people

According to the [latest national survey on drug usage from the Australian Institute of Health and Welfare \(AIHW\)](#) younger Australians were drinking and smoking less, and using fewer illicit substances, but for older people use of some drugs has increased dramatically. For example, it is [reported](#) more people in their 50s and 60s are consuming 11 or more standard drinks in one sitting. Although there is little reliable data on other illicit drug use in older people, data shows older people are using more pharmaceuticals, like sedatives and opioids, than before. Australia's [recently released National Drug Strategy 2017-2026](#) identifies older people as a priority group for attention. The good news is, research shows substance use treatment is just as effective for older people as it is for younger age groups. Treatment programs adapted specifically for older people have even [better outcomes](#).

Carers

Understanding needs of persons with dementia when using airports

A step-by-step guide titled "[Ensuring a Smooth Journey: A Guide to Brisbane Airport for people living with Dementia and their Travel Companions](#)" has been created with the aim to make the experience of navigating through Brisbane Airport's Domestic and International Terminals as simple, stress free and enjoyable as possible. Some of the best advice comes from people who have dementia and those who travel with them. They shared a few suggestions, for example:

- Find an airline and stick to them,
- Keep hand luggage to a minimum,
- Always be early
- Book flights at the quieter times.

For more tips and guidelines:

<http://dementiakt.com.au/resource/airport-user-guide/>

Young carers at an educational disadvantage

A new report on Young carers was published in August by the Australian Institute of Family Studies as a part of Longitudinal Study of Australia's Children (LSAC). According to the study almost 40% of LSAC 14-15 year olds spent some time caring for a person in their family or community who is elderly or has a health condition or disability. It was found young carers were put at an educational disadvantage due to their caring roles. On average, young carers had lower performance levels in reading and numeracy than their non-caring peers. The young carers most affected were those giving intensive care - those who provided daily care, particularly those who spent at least two hours per day, were more than a year behind their classmates in reading and numeracy. Consequently, this could have long-term effects on their future employment opportunities and life chances.

Full report:

<https://aifs.gov.au/publications/young-carers>

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Appointing enduring powers of attorneys

[Your voice - Trust your choice: Tips for seniors making enduring powers of attorney](#) is a free booklet produced by the Office of the Public Advocate (OPA). It is for older people, and includes helpful tips, case studies, and sample wording to assist people to think about and make their enduring power of attorney. Enduring powers of attorney are a type of power of attorney who 'endure' (continue) even when the person who made them is unable to make their own decisions about matters. Anyone can experience an accident or illness that affects their ability to make decisions. For this reason, the OPA recommends everyone over the age of 18 years consider making enduring powers of attorney. OPA provides advice for people appointed under powers of attorney so they can understand their role and carry out their duties according to the law.

This booklet is a companion to '[Take Control: A guide for making enduring powers of attorney](#)', and should be read together.

Death, Dying & Palliative Care

ACN calls for Australians to have the right to die in place of their choosing

The Australian College of Nursing (ACN) is calling on the Commonwealth Government to ensure Australia's health care system respects and keeps pace with changing patient preferences, in particular a person's wish to die with dignity in their own home, surrounded by loved ones. Seventy per cent of Australians would prefer to die at home (Swerisson and Duckett, 2014), but currently only around 14 per cent of people do so. In Tasmania, a four-year [hospice@HOME](#) program has shown the significant benefits of giving people greater choice and control regarding their end-of-life journey. More information [here](#).

Dementia

September is Dementia Awareness Month

For the month of September, Alzheimer's Australia aims to give Australians a better understanding of what it is like for a person to live with dementia. They will also highlight the importance of accessing services and information early to empower and enable everybody impacted by dementia, including carers.

Alzheimer's Australia Vic is presenting a number of events and activities across Victoria, and everyone is invited to get involved.

For events organised by Alzheimers Victoria, go to: <https://vic.fightdementia.org.au/vic/dam15-calendar>

Dementia Awareness Workshop in Whitehorse Council

Alzheimer's Australia Vic is hosting a workshop titled "Worried about your memory?" as a part of Dementia Awareness Month at Whitehorse.

For more information and to register to this free event:

<https://www.eventbrite.com.au/e/worried-about-your-memory-whitehorse-tickets-36434117426>

Brisbane Airport named Australia's first dementia-friendly airport

Brisbane Airport was named Australia's first dementia-friendly airport by Alzheimer's Australia. The 'dementia friendliness' of Brisbane Airport's Domestic and International Terminals was determined by conducting an airport audit using the Dementia Friendly Communities Environmental Assessment Tool. Brisbane Airport scored well, especially with its signage which is really clear and concise from the carpark through the boarding gate, particularly in the international terminal. Full report:

<https://www.qut.edu.au/health/about/news/new?s?news-id=118783>

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Online Courses on Dementia

Free online courses on Dementia by Dementia Training and the University of Tasmania are available.

New fully funded online courses by Dementia Training Australia are available between 1-15 September. Courses include:

- Community Care and Dementia Responsive Behaviour
- Community Care and Dementia- Understandings the Condition

All courses available can be found here:

<https://www.dta.com.au>

University of Tasmania will also be providing free online course on the latest in dementia care and research. The popular Massive Open Online Course (MOOC) **Understanding Dementia** is run over nine weeks and explores the causes and symptoms of dementia and ways to improve the quality of life of people living with the condition. Course dates for the next year are yet to be announced, but you may express your interest for the next offering of this course [here](#).

Seeking participants for research on dementia

Deakin University are looking for participants in a focus group on the Quality of Life in Dementia. The aim of this research focus group is to discuss the appropriateness of questionnaires that are used to assess the quality of life in individuals living with dementia. The focus group will last 60 - 90 minutes. Participation in this study is voluntary and all responses will be kept confidential. All participants will be compensated for their travel and time. Who can participate?

- Individuals with dementia who have been diagnosed with mild dementia and aged 60 and older and are able to speak and read English can participate
- Carer givers who provide unpaid care to a family member or a friend who has dementia (mild, moderate or severe), aged 18 and older and are able to speak and read English.

For more information [download the flyer](#)

Disability/NDIS

NDIS supporting 100,000 Australians

The National Disability Insurance Scheme (NDIS) has reached a major milestone with 100,000 Australians with disability now having choice and control over life-changing support delivered through the Scheme. More information on [media release](#).

Disability Leadership Program

The Disability Leadership Program is for people with disability who want to grow their leadership and become better leaders. The program will empower people with disability to build their skills and confidence so they can take up leadership roles, speak up for people with disability and help to change the way people think about disability in the community. The Disability Leadership Program provides a range of leadership training options. You can choose from the ones that are right for your leadership goals and your level of leadership experience.

Applications close 13 September 2017

Application outcome notification by 30 September 2017

Program starts October 2017

For more information:

<http://www.leadershipvictoria.org/programs/the-disability-leadership-program>

Various Workshops on NDIS

Disability Services Consulting will be providing a number of trainings on NDIS management in the month of September. Events in Melbourne include:

- NDIS Plan Management 101
- NDIS Pre-Planning: Getting it Right
- Education & the NDIS: Cutting through the Confusion

Events details are available [here](#) and also listed under Events, Training, Forums & Conferences

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Winners of Victorian Disability Awards 2017

The Victorian Disability Awards were established in 2011 and are now in their seventh consecutive year. This year's award ceremony took place on 16 August at Zinc, Federation Square, Melbourne. The 2017 Victorian Disability Awards recognised excellence in 6 categories, as well as the Honour Roll. Congratulations to all the [2017 Victorian Disability Awards recipients](#).

Seeking participants for research

Gambling and Intellectual Disability Research Victoria University researchers are conducting a project called 'People with an intellectual disability and engagement with gambling: carers' perspectives'.

This research aims to explore the experience of carers of people with an intellectual disability who engage in gambling; it will focus on the carer's perceptions of how gambling impacts the life of the person they care for, both negatively and positively. If you are over 18 and are caring for someone with an intellectual disability who gambles, you are welcome to complete this survey. For more information and to participate: https://vuau.qualtrics.com/jfe/form/SV_dmXU5rlA3mY70xf?utm_source=Voice&utm_campaign=cf_a35f1339-EMAIL_CAMPAIGN_2017_08_28&utm_medium=email&utm_term=0_978da9597b-cfa35f1339-97470981

Scope Research Australia are looking for carer participants needed for Pain Awareness Project Who can participate?

Parent or carer of an adult who has a health condition associated with pain or has a severe or profound level of intellectual disability as defined by at least four of five qualities (Absence of speech, major sensory impairment, severe problems with movement, dependence on others to meet basic daily needs, apparent lack of engagement with the environment). More information available on [flyer](#).

New Inspection Powers for Disability Services Commissioner

Disability Services Commissioner (DSC) has appointed a number of senior staff as DSC Authorised Officers. DSC Authorised Officers have the power to visit and inspect Victorian disability service provider's premises, effective immediately. These inspection powers allow DSC Authorised Officers to:

- Inspect Victorian disability services.
- Make enquiries in relation to relevant persons with a disability.
- Obtain access to relevant documents to examine, copy, and remove them.
- See and interview a person with a disability, their relatives, support persons, staff and volunteers.

More information available here:

<http://mailchi.mp/odsc/review-client-deaths-disability-services-414137?e=2504d5d4de>

Elder Abuse

Online Elder Abuse Tool Kit

The [Elder Abuse Response Toolkit](#) by Seniors Rights Victoria is an easily accessible website containing simple, plain language elder abuse information for anyone who works with older people.

5th National Elder Abuse Conference program in Sydney

The 5th National Elder Abuse Conference is being hosted by the Seniors Rights Service in Sydney on 19 and 20 February 2018. The Conference is titled: 'Together Making Change'. The National Organising Committee has purposely chosen this name as they strongly believe that any enduring response to the important social issue of elder abuse requires multiple stakeholders working together

Date: 19-20 February 2018.

Last date for early bird registration: 19 November 2017. For more details:

<http://togethertakingchange.org.au/>

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Gender Equity & Family Violence

Free From Violence- Victoria's strategy to prevent family violence and all forms of violence against women

The Victorian Government launched "Free from Violence: Victoria's strategy to prevent family violence and all forms of violence against women."

Free from violence represents a comprehensive approach to preventing family violence and violence against women in all of our communities, through a long term social change strategy. It outlines our collective responsibility as members of the Victorian community to prevent violence from occurring.

For more information visit

<http://www.vic.gov.au/familyviolence/prevention-strategy>

Forum on Promoting Gender Equity and Respect in Culturally and Linguistically Diverse Communities

This forum outlines programs which are currently being undertaken in the Eastern Metropolitan Region with newly arrived refugee families, youth and older migrants in the prevention of family violence. Register [here](#).

Health

Personalised care, health coaching for chronic disease patients in Whittlesea, Monash and Banyule

People in Whittlesea, Monash and Banyule with newly-diagnosed with chronic conditions will be able to better manage their health through a partnership between Eastern Melbourne PHN (EMPHN) and Medibank. The EMPHN funding will build capacity at 15 general practices in the region

to manage chronic disease and will deliver the [CareFirst](#) program to more than 700 public patients living with a chronic disease. Patients will be selected by their General Practitioner (GP) to participate in the program and will be provided with a personalised care plan and health coaching to help them improve their quality of life and stay out of hospital.

For more information:

<https://emphn.org.au/news-events/news/personalised-care-health-coaching-for-chronic-disease-patients-in-whittlesea-monash-and-banyule>

Mental Health

Intergenerational Reminiscence – A leader's guide for aged care organisations and secondary schools.

Intergenerational Reminiscence – A leader's guide for aged care organisations and secondary schools is an essential guide for aged care organisations and secondary schools who wish to nurture meaningful relationships between students and older people in care. In the project, two-three students meet with each older person over a period of three months, inviting them to share their life stories. The project culminates in the students creating a memento of the older person's stories, and these are offered in a presentation to the older person, their friends and family members. The program has benefits for the older people sharing their stories, their family members and friends. They receive opportunities to reflect on their lives and to create a legacy for their loved ones. The students in the program also benefit, developing their interpersonal skills and learning from the life experience of the older person. Mutual benefits arise from the relationship they build over time. Other benefits exist for the organisation and secondary school.

Cost: Free for members of Meaningful Ageing Australia; Non-Members: AUD\$30

For more information:

<https://meaningfulageing.org.au/product/intergenerational-remembrance-2/>

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Transport

“Try Before You Ride”- opportunity to familiarise with our public transport system

Try Before You Ride is an annual event designed to provide people of all abilities the opportunity to familiarise themselves with our public transport system. This includes people with disability, parents with children and seniors. Participants have a chance to boost their confidence by practicing how to board and alight a low-floor tram, low-floor bus, train, coach and accessible taxi. Public Transport Victoria (PTV) and operator staff including drivers, Authorised Officers and customer service staff are there on the day to answer questions, along with disability advocacy groups. Operators involved including, Metro Trains, Yarra Trams, Bus Association Victoria, Transdev (Bus), V/Line (Coach), the Taxi Services Commission and Travellers Aid Australia. When: Wednesday, 11 October 2017 Where: Box Hill Interchange. Register your interest for the event in the following ways:

- Register interest by calling 1800 800 007
- Register interest by emailing the [PTV Accessibility team](#).

Details needed include your name and contact details. More information: <https://www.ptv.vic.gov.au/getting-around/accessible-transport/try-before-you-ride/>

Grants available

National Disability Insurance Scheme (NDIS) ILC National Readiness Grants

(Source: DARU news August 2017)

The priority area for this round of grants is the ILC activity area ‘Information, Linkages and Referrals’. Other ILC Activity Areas will not be funded as part of this grant opportunity. ‘Information, Linkages and Referrals’ are activities that make sure people with disability and their families and carers have access to up-to-date, relevant and quality

information and that they are linked into services and supports in the community that meet their needs.

Closing date: Fri 29th Sep, 2017

Apply and read guidelines:

<https://www.communitygrants.gov.au/grants/information-linkages-and-capacity-building>

Changing Places Funding Round 2017 is now open

(Source: DARU news July 2017)

Funding of up to \$100,000 (plus GST) will be provided to support local councils and not-for-profit organisations to construct a Changing Places facility. Changing Places facilities are larger than standard accessible toilets, and have extra features and more space to meet the needs of people with a disability and their carers. Each facility has a height adjustable, adult-sized changing bench, a tracking hoist system, space for two people and a safer and cleaner environment.

Closing date: Fri 13th Oct, 2017

Apply and read guidelines [here](#).

Information about Services

Respecting Elders Support & Conflict Resolution Services

The service aims to empower and reinstate respect for the older person, and can provide family meetings, mediation and counselling services. To access the service, call 1800 214 117. For more information, visit the [website](#).

Events, Training, Forums & Conferences

Date/Time	Event	Information	Location	Contact/Registration
7-8pm (AEST) on various dates between July - November 2017	2017 Musculoskeletal Health Webinar Series	Audience: Health professionals of various disciplines across the musculoskeletal health and other sectors. Purpose: To provide participants with clinically-meaningful skills and knowledge to deliver recommended care by focusing on issues relevant to the evidence-based treatment and management of people with arthritis and other musculoskeletal conditions.	Webinars	Offered free due to funding received. Please Note: If you can't view the webinar at the time of its screening, if you register you will receive a recording of the webinar in the days following the screening. For further information and to register, click here: https://events.move.org.au/event
September	Dementia Awareness Month	Various events happening	Various locations	https://vic.fightdementia.org.au/vic/dam15-calendar
4- 18 September Various timings available- Four Dates available: 4 th , 6 th , 11 th 18 th Two different timings available: 9.30 am- 1.30 pm and 1.30 – 5.30 pm	Free Dementia Education Workshop by Alzheimer's Australia Vic	Contents covered will include: <ul style="list-style-type: none"> • An understanding of living with Dementia • What you can do as a carer of people living with Dementia • How the environment impacts on Dementia Suitable for all staff providing support for people living with dementia in various care settings.	Alzheimer's Australia Vic Office at Parkville (Perc Walkley Dementia Learning Centre)	Free workshops. For more information contact Customer Relations Consultants Suzanne McMeikin Email Suzanne McMeikin 03 9816 5791 Marie Norman Email Marie Norman 03 9816 5716
Tuesday, 05 September 2017,	Role of physical activity in prostate	Theme one: What is prostate cancer and what are the common treatment approaches and treatment related side-	WEBINAR, National	Registrations close 4th Sep 17 6:30 PM Register here: https://www.aag.asn.au/events/event/webinar-

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Events, Training, Forums & Conferences

12:00pm - 01:00pm AEST	cancer survivorship-Webinar	<p>effects? (Dr Joseph Ischia, Urologist, University of Melbourne, Austin Health)</p> <p>Theme two: What is the evidence surrounding the benefits, barriers and facilitators to physical activity and exercise and men with prostate cancer? (Associate Prof Justin Keogh, Bond University Gold Coast)</p> <p>Theme three: The personal experiences of a urologist regarding the benefits he observes and challenges he faces in promoting physical activity and exercise to his prostate cancer patients. (Dr Joseph Ischia, Urologist, University of Melbourne, Austin Health)</p>		<p>role-of-physical-activity-in-prostate-cancer-survivorship</p> <p>Cost: AAG Members: FREE Non-Members: \$50.00 ANZSGM: FREE (Please enter the code provided by ANZSGM at checkout to receive this discount.) NZAG: FREE (Please enter the code provided by NZAG at checkout to receive this discount.)</p>
Wed 6 September, 9.30am – 1.30pm	Opening doors to spiritual experience: Exploring practices that enrich personal recovery	<p>Presented by Victorian Transcultural Mental Health, and partners</p> <p>What role does spirituality play in your own life and in the lives of consumers and colleagues?</p> <p>How are practitioners and services engaging with the experience of spirituality and meaning as they work with consumers to build ‘meaningful lives’?</p>	Chamberlain Theatre, St Vincent’s Hospital Melbourne	<p><u>Registrations will be opening soon.</u> Expressions of interest are currently being taken. To stay informed as details are announced, please email vtmh@svha.org.au and include “Spirituality Forum” in the subject line of your email.</p>
Wednesday 6 th September, 1:15pm - 4:15pm	NDIS Plan Management 101	<p>Understand the basics of NDIS Plan Management, know the opportunities and risks.</p> <p>For participants wanting to maximise the flexibility of their NDIS funds without the administrative burden of self management.</p>	Venue: CBD, TBA	<p>Who should attend?</p> <ul style="list-style-type: none"> • Anyone starting out on the Plan Management journey • Anyone who is considering providing plan management as a service <p>Cost: \$280</p>

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Events, Training, Forums & Conferences

		<p>This half day workshop covers:</p> <ul style="list-style-type: none"> • The 'Nuts and bolts' of NDIS Plan Management • The opportunities and risks involved in offering Plan Management as a service • Understanding your obligations to participants and the NDIA • Making a friend of the Price Guide (the NDIS 'Bible') • NDIS portal and Plan Management processes • Exploring common CRM and invoicing systems 		<p>For more information:</p> <p>http://www.disabilityservicesconsulting.com.au/plan-management-workshop?utm_source=DSC+Contacts&utm_campaign=7f04743b32-EMAIL_CAMPAIGN_2017_05_01&utm_medium=email&utm_term=0_153f43591e-7f04743b32-66263163</p>
<p>Wednesday 6th September, 9.15 am -12.15 pm</p>	<p>NDIS Pre-Planning: Getting it Right</p>	<p>Pre-planning is critical to setting goals and helping participants navigate a complex and often confusing NDIS process. Exceptional pre-planning support is a fabulous tool for customer retention and building loyalty in a competitive marketplace, as well as gaining a better understanding of likely demand patterns</p> <p>Topics to be covered:</p> <ul style="list-style-type: none"> • What is involved in pre-planning and what's needed to get good outcomes • Pre-planning as part of the customer experience – who, how and when? • What does a great planning meeting look like? 	<p>Novotel on Collins</p>	<p>This is not an NDIS for beginners workshop.</p> <p>Cost: \$280</p> <p>For more information:</p> <p>http://www.disabilityservicesconsulting.com.au/pr-eplanning-workshop?utm_source=DSC+Contacts&utm_campaign=03108bf800-EMAIL_CAMPAIGN_2017_08_22&utm_medium=email&utm_term=0_153f43591e-03108bf800-66263163</p>

Events, Training, Forums & Conferences

		<ul style="list-style-type: none"> • My first plan/my second plan – what are they? • What to do when a plan doesn't deliver 		
Thu 7th September, 2017, 9:15am - 12:15pm	Education & the NDIS: Cutting through the Confusion	<p>Explore the intersection between Education and the NDIS and who's responsible for what. Workshop covers:</p> <ul style="list-style-type: none"> • 'Nuts and Bolts' of the NDIS • Who's responsible for what? • What does the NDIS mean for educators? • Mainstream schooling and special schooling 	Venue: CBD TBA	<p>Who should attend:</p> <ul style="list-style-type: none"> • Educators • Service providers offering child and youth services • Support Coordinators <p>For more information: http://www.disabilityservicesconsulting.com.au/education-ndis?utm_source=DSC+Contacts&utm_campaign=7f04743b32-EMAIL_CAMPAIGN_2017_05_01&utm_medium=email&utm_term=0_153f43591e-7f04743b32-66263163</p>
Thursday, 7 th September 10:00 am – 12:00 pm	Worried about your memory? (Whitehorse) by Alzheimer's Australia Vic	Information for the community on factors impacting memory, including dementia. Includes tips on how to look after your brain.	Whitehorse Civic Centre (Willis Room), 397 Whitehorse Road, Nunawading, VIC 3131	<p>Free event.</p> <p>Follow link to register: https://www.eventbrite.com.au/e/worried-about-your-memory-whitehorse-tickets-36434117426</p>
Tuesday 12 th September, 9am-5pm	Preventing and Responding to Abuse - Guidance for Victorian disability service providers	There are big changes coming for the Victorian disability sector, designed to strengthen the oversight of disability services in relation to the prevention of abuse and neglect. These changes are detailed in the <i>Disability Amendment Bill</i>	Melbourne Convention Centre	https://www.eventbrite.com.au/e/preventing-and-responding-to-abuse-guidance-for-victorian-disability-service-providers-registration-33800309636

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		<p>2017 which is currently going through Victorian Parliament.</p> <p>At this forum, you will learn more about what this increased oversight will mean for the delivery of disability services and hear from the different agencies that play a part in the safeguarding system.</p>		<p>Tickets range from \$60 to \$120 each</p> <p>For more information, please contact Disability Services Commissioner on contact@odsc.vic.gov.au or 1300 728 187.</p>
Thursday 14 th September, 9-10 am	Integrated Care and Population Health Technology to Improve Health	Presented by William W. Feaster, Chief Health Information Officer (CHIO), Children's Hospital Orange County, USA	AMREP Lecture Theatre, The Alfred Hospital, Commercial Road, Melbourne	Please RSVP to Kaylene Ryan at K.Fiddes@alfred.org.au
Thursday 14 th September, 9.00am- 12.00pm	"The Impact of NDIS on Day Program Providers – are you prepared?"	NDIS Transition from the perspective of a provider who has been through the transition and also from a provider who is currently going through transition.	Whitehorse Civic Centre, Willis Room, 397 Whitehorse Rd, Nunawading	<p>Bookings essential to bwilson@edsn.com.au</p> <p>Phone: 0412 080 945</p> <p>website: www.edsn.com.au</p> <p>Event flyer: http://iepcp.org.au/wp-content/uploads/2017/08/EDSN-Forum-3-flyer-2017.pdf</p>
Thursday 14 th September, 5.30 for 6pm start to 7.00pm	Cancer and Ageing: Managing Complexity	<p><i>This lecture will consider challenges faced by older adults with cancer and the multidisciplinary clinicians caring for them as they interact within the rapidly evolving world of cancer care. Participants will:</i></p> <ul style="list-style-type: none"> <i>• To consider some key challenges for older adults and their caregivers in the context of cancer</i> <i>• To consider the construct of complexity in the context of older adults and cancer</i> <i>• To explore individual, organisation and</i> 	Room: PAR-207 Bouverie St-B120 (Theatre 2), Vic	<p>Price:</p> <p>AAG Members: FREE</p> <p>Student/Concession Members: FREE</p> <p>Non-Members: \$25</p> <p>Student/Concession Non-Members: \$25</p> <p>For more information about the event and to register:</p>

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		<i>system level opportunities to inform and innovate care of older adults with cancer</i>		https://www.aag.asn.au/events/event/vic-event-cancer-and-ageing-managing-complexity
Friday 15 September, 9.30 am	Strengthening Disability Advocacy Conference	<i>Getting into gear for the NDIS journey</i> will feature a keynote address and facilitated panel discussions looking back on the journey so far, how well the principles of choice and control are being embedded in NDIS policy and processes and what road blocks to avoid on the road ahead. This conference is for anyone who is interested in strengthening and upholding the rights of people with disability.	NAB The Hall Level 3, 700 Bourke Street Docklands, Vic	https://www.eventbrite.com.au/e/strengthening-disability-advocacy-conference-2017-getting-into-gear-for-the-ndis-journey-registration-34131390909 Costs to attend range from \$160 to \$15 depending on your current situation
Tue. 19 September 2017, 9:30 am – 12:30 pm AEST	Promoting Gender Equity and Respect in Culturally and Linguistically Diverse Communities	This forum outlines programs which are currently being undertaken in the Eastern Metropolitan Region with newly arrived refugee families, youth and older migrants in the prevention of family violence	Box Hill Town Hall, 1022 Whitehorse Road, Box Hill, Victoria 3128	Free event. Register on Eventbrite: https://www.eventbrite.com.au/e/forum-on-promoting-gender-equity-and-respect-in-culturally-and-linguistically-diverse-communities-tickets-37328572766
Wednesday 20 September, 8.45 am- 12.15pm	Supporting Older People Experiencing Mental Health Issues	This Seminar will provide an opportunity for experienced practitioners working with older people to learn more about supporting older people with mental health issues, referral options and eligibility for services.	Nunawading. Venue details will be provided on successful registration.	Free seminar. RSVP BY: jenny.wood@iepcp.org.au or 8843 2305
Thursday and Friday, 21-22 September, 8.30 am- 5 pm	Health Metrics World Conference 2017.	Theme: Key issues surrounding the future of health and ageing in Australia.	Crown Conference Centre, Melbourne	two days for \$720, single day just \$420! https://www.cvent.com/events/health-metrics-world-conference-2017/registration-

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4-6 October, 2017	7th International Carers Conference	Carers Australia is pleased to announce that registrations for the 7th International Carers Conference are now open. The conference will feature high-profile national and international speakers, thought-provoking presentations, challenging debates, interactive workshops and a cutting-edge exhibition zone.	Adelaide Convention Centre	Registrations Open Early Bird Closing Date: 4 August. More.
Wednesday 4 October 2017, 6.15pm-7.15pmat	Coming Back Out: Elder LGBTI+	How can we respect the diverse sexual orientations of older Australians? How can LGBTI+ elders know and assert their rights as they navigate the complex, confusing and sometimes intimidating aged care system? And how important is visibility of LGBTI+ older people – for individuals and for the broader Australian population?	The Wheeler Centre, 176 Little Lonsdale Street, Melbourne, Victoria 3000	Free event, Book here: https://www.trybooking.com/book/event?embed&eid=303119
Thursday 5th & Friday 6th October 2017	3rd National LGBTI Ageing and Aged Care Conference – 2017. It's About Time: Rethinking LGBTI Ageing in Australia	Organised by Val's @ GLHV. Held across two days, this conference explores the changing lives and rich histories of older LGBTI people, presenting new opportunities to share personal stories, discuss policy and practice in the aged care sector, and reflect the challenges and celebrations of this diverse community. Older LGBTI people, aged care experts and service providers can come together to share experiences and ideas,	Novotel Melbourne on Collins - 270 Collins St, Melbourne VIC 3000	Registration and call for papers now open: http://www.latrobe.edu.au/events/all/3rd-national-lgbti-ageing-And-aged-care-conference

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		and work together to promote healthy ageing for older LGBTI people.		
Wednesday, 11 October 2017	Try before you ride	Try Before You Ride is an annual event designed to provide people of all abilities the opportunity to familiarise themselves with our public transport system. This includes people with disability, parents with children and seniors.	Box Hill Interchange.	<ul style="list-style-type: none"> • Register interest by calling 1800 800 007 • Register interest by emailing the PTV Accessibility team.
Friday 13 October, 8.45am to 3.30pm	From climate change to care – how the environment impacts older people	<p>The quality of the environment in which an older person lives has significant bearing on their health and well-being. This Annual Seminar will explore the impact of the environment on older people, with experts on older people and climate change, heatwaves and the weather through to neighbourhood design, dementia care, hospital and residential care design.</p> <p>Opening address: Hon Ken Wyatt, Minister for Aged Care and Minister for Indigenous Health.</p> <p>Keynote speakers:</p> <ul style="list-style-type: none"> • Dr Helen Barrie who will be talking about “Growing old in a changing climate: challenges for the Asia-Oceania region • Professor Charles Guest, Chief Health Officer for the State of Victoria who will be talking about “Heatwaves, climate and the weather and how this impacts on older people” 	Australian Unity Federation Room, 15 th Floor, 114 Albert Rd, South Melbourne	<p>Tickets: General admission - \$160 per person (incl. GST) Early bird \$135 per person (incl. GST) <u>until 31st July, 2017</u></p> <p>Concession - \$90 per person (incl. GST)</p> <p>Registration</p> <p>Contact details:</p> <p>National Ageing Research Institute P: 03 8384 2305 E: NARI Education: education@nari.unimelb.edu.a</p>

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17-20 October	Biennial National Dementia Conference	Our program includes a diverse range of highly regarded local and international speakers who will touch, move and inspire you to BE THE CHANGE in your area of endeavour. The program will include highly interactive workshops and other sessions that will provide unique opportunities for you to share your experiences with others as well as develop practical skills and insights. Guest speakers will reflect the diversity of the sector and presentations will challenge delegates to BE THE CHANGE that is needed both in Australia and globally to better support people whose lives are impacted by dementia. The program will not just inform but inspire delegates, with leaders in the sector presenting on their own path to leadership, innovation and change.	Melbourne	Early bird closes 31 August http://dementia2017.org/
Thursday 19 October 2017	National Carer Counselling Conference	Professional practitioners (counsellors, psychologists and social workers) from across Australia will come together to focus on the therapeutic and counselling approaches demonstrated to be effective with unpaid family and friend carers.	Melbourne	https://www.eventbrite.com.au/e/national-carer-counselling-conference-2017-tickets-33915372793 \$190 to attend
24-25 October 2017	Australia in 2030: Creating the Future we Want	The 2017 ACOSS National Conference, in partnership with VCOSS, is the event where community leaders, policy and decision makers, practitioners, academics and people with lived experience come together to collectively tackle the issues driving poverty and inequality in Australia. Leading thinkers and decision makers from the community, public, and	Melbourne	http://acossevents.org.au/

Every attempt has been made to ensure the information in this update is correct at the time of publication. **Page 17 of 19**

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		private sectors will collaborate to identify challenges and workshop responses to move us towards a brighter and more equitable 2030.		
Wednesday 25 th October, 2017, 1.00pm – 5.00pm	Sexuality and Ageing	<p>Would you like to expand your knowledge, share your experiences in sexuality and ageing, learn the latest evidence and practice some strategies to help you improve the care you deliver and/or the research you undertake in this area? If so, then this workshop is for you.</p> <p>At this half-day evidence-based and experiential workshop you will learn about:</p> <ul style="list-style-type: none"> > the assumptions about ageing and sexuality and the effects of pervasive ageism > the importance of positive sexuality in later life > intimacy and ageing is everyone's concern: perspectives from experts in acute, sub-acute, GEM and dementia settings > particular issues for LGBTI ageing and aged care > practical strategies for facilitating sexual discussions and addressing positive sexual expression > where to go for further evidence/practical advice 	National Ageing Research Institute (NARI), Building 9 Seminar Room, Gate 4, 34-54 Poplar Road, Parkville, VIC	<p>Cost: \$240 (incl GST) Ten percent early bird discount until 4th October, 2017.</p> <p>https://www.trybooking.com/261332</p>
Thu 26 Oct, 2017 - Fri 27 Oct, 2017,	Palliative Care Research Colloquium	The Colloquium provides an invaluable opportunity for those involved in the	Rendezvous Hotel Melbourne,	Registration Close: 27th Sept 2017

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11:00:AM - 05:00:PM		provision of evidence based care of patients with advanced disease to learn, connect and collaborate.	328 Flinders Street, Melbourne, Victoria	For more information: http://www.apcrc.net.au/
19-20 February 2018	The 5th National Elder Abuse Conference, on the theme of 'Together Making Change'	The 5th National Elder Abuse Conference is being hosted by the Seniors Rights Service in Sydney on 19 and 20 February 2018. The Conference is titled: 'Together Making Change'. The National Organising Committee has purposely chosen this name as they strongly believe that any enduring response to the important social issue of elder abuse requires multiple stakeholders working together	Sofitel Hotel, Sydney	For more information, check website: http://togethertakingchange.org.au/