

Practitioners' Network Information Update NOVEMBER 2017

Meetings 2017

Practitioners Network Meetings

- Monday 20 November 2017

9.30-11.30am, Horticultural Centre, 82 Jolimont Road, Forest Hill

For Information contact Sharon Porteous:
Sharon.porteous@iepcp.org.au

For up to date news about the Network, including all meeting dates, please go to our website:

<http://iepcp.org.au/key-project/practitioners-network/>

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EVENTS/FORUMS

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Active Healthy Ageing

Combatting ageism

The Drivers of Ageism is a report tackling ageism and its impacts. It was commissioned by The Benevolent Society, and undertaken by Urbis. The research study included focus groups of older and younger members, a national online survey of 1,400 people, a literature review on the drivers of ageist attitudes and an analysis of past social campaigns to drive attitude and behaviour change. Key findings from the research are available [here](#) and the full report is available [here](#).

The New Middle Age: Ways to thrive in the longevity economy

A new NARI report called [The New Middle Age: Ways to thrive in the longevity economy](#) has been released. The paper called for a new policy framework for Australians in the “new middle age” (50-75), who account for a third of the population. The authors want a rethink of cultural attitudes to people as they enter middle age and a revamp of how workplace, education, health and housing systems operate.

Clearinghouse for Sport: Mature-aged Sport and Physical Activity

Clearinghouse for Sports has reports on mature-aged sports and physical activity. It can be accessed here:

https://www.clearinghouseforsport.gov.au/knowledge_base/sport_participation/community_participation/mature-aged_sport_and_physical_activity

Promoting physical activity and healthy eating in retirement villages

This study in Perth, Western Australia is one of few Australian initiatives to investigate the impact of a physical activity and nutrition intervention for retirement village residents. It was conducted as a randomised controlled trial with 17 intervention villages and 21 control villages for residents aged 60–80 years of age. A total of 363 older people were recruited and 280 (77.1%) completed follow-up measures after six months. Those in the

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intervention group showed significantly greater improvement than controls in participation in strength exercise, fruit intake and weight loss. The study demonstrated promoting the potential benefits of intervention programs to retirement village managers should be a priority. The full article can be accessed [here](#).

New National Seniors Healthy Ageing Hub

National Seniors has launched an online resource, the [Healthy Ageing Hub](#) to help connect older people to evidence-based information on healthy ageing. The Hub has been designed to give members easy access to the latest information and resources about healthy ageing. It is based on a scientific review of up-to-date evidence conducted by the Centre for Research on Ageing, Health and Wellbeing at the Australian National University. More information on their [website](#).

Aboriginal & Torres Strait Islander

Victorian Health Performance Framework Report

Australian Institute of Health and Welfare has released new Aboriginal and Torres Strait Islander Health Performance Framework 2017 reports. These reports give the latest information on how Aboriginal and Torres Strait Islander people in each state are faring according to various measures of health status and outcomes, determinants of health, and health system performance. Indicators are based on the Aboriginal and Torres Strait Islander Health Performance Framework. The reports highlight the main areas of improvement, and continuing concern. The Victorian report can be accessed [here](#).

Aged Care Reforms

My Aged Care Resources in multiple languages

The My Aged Care website features a range of resources for you to share with consumers about how to get started with My Aged Care. This includes hard copies of our poster to put up in your office or waiting room.

There are also resources for:

- people who speak [other languages](#), including brochures, and print and radio advertisements
- [Aboriginal and Torres Strait Islander people](#), including translated materials, a poster and video.

Victorian Commonwealth Home Support Program (CHSP) allied health and nursing transitioned to My Aged Care

Victorian Regional Assessment Service (RAS) and CHSP service providers transitioned to My Aged Care on 1 August 2016. The only exception was the referral pathway whereby health professionals were able to refer people who only required CHSP allied health and/or nursing services, directly to CHSP providers, if this was the only service need(s) identified. Starting from 1 October 2017 however, patients requiring CHSP allied health and/or nursing services will need to be referred through My Aged Care. More information is available for [Service Care Options for Older People in Victoria](#) and [Further information: 1 October 2017 transition for Victorian CHSP funded nursing and allied health services to My Aged Care](#)

National Aged Care Quality Regulatory Processes Report

The [report](#) of the Carnell and Paterson Review of National Aged Care Quality Regulatory Processes has been released. The report includes ten recommendations to increase the effectiveness of aged care quality regulation. The Minister has announced that the Government:

- supports the broad direction of the Report

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- agreed to implement, as soon as possible, the recommendation to eliminate announced re-accreditation audits and replace them with unannounced audits.

Aged Care and older people

Aged care accreditation audit changes

Announced accreditation visits will be replaced with unannounced audits across Australia's residential aged care facilities, to help ensure safe, quality care standards are maintained at all centres at all times. This was in response to the [Oakden Report](#) which detailed failures in the quality of care delivered at the Oakden Older Persons Mental Health Service in South Australia. More information available in [media release](#).

Nutrition for Seniors: A guide to healthy habits for eating well with age

Home Instead Senior Care has partnered with Ngaire Hobbins, Dietitian and Author to bring "[Nutrition for Seniors: A guide to healthy habits for eating well with age](#)". This [guide](#) gives a better understanding of our body's unique nutritional needs as we grow older, helping you to live and age well.

New resource kit to support aged care services for older Muslim Australians.

A new resource kit has been developed to support aged care services and deliver culturally appropriate care to older Muslim Australians. The resources include fact sheets, a framework for engagement, planning guide for service providers and guide for support workers. SA aged care provider ACH Group developed the resources as part of a two-year federally-funded CALD partnership project. The resources are available here: <http://achgroup.org.au/information-and-advice/resources/>

Pathways to permanent residential aged care in Australia

Some 61,300 people first entered permanent residential aged care (PRAC) in 2013–14. While

they used over 1,000 different combinations of other aged care in the preceding years, the most common pathway (used by 1 in 4 people) was through Home and Community Care (HACC). Many pathways showed a similar pattern of moving 'up' to progressively higher levels of support. Respite was the most common program to be used last before permanent care, accounting for 2 in 5 (39%) people. More information is available in the Australian Institute of Health and Welfare [website](#).

WHO Guidelines on Integrated Care for Older People (ICOPE)

World Health Organization (WHO) published '[Guidelines on Integrated Care for Older People](#)' (ICOPE) that propose evidence-based recommendations for health care professionals to prevent, slow or reverse declines in the physical and mental capacities of older people. <http://www.who.int/ageing/publications/guidelines-icope/en/>

Carers

Free online training available for carers and others delivering palliative care

To celebrate National Carers Week 2017 the Australian Healthcare and Hospitals Association (AHHA) has re-launched the Palliative Care Online Training Portal, funded by the Australian Government. The Portal provides free non-clinical interactive training to carers, community and aged care workers, students, volunteers, family members and clinicians who want to build their skills in caring for someone with a life-limiting illness. All training modules are based on the COMPAC Guidelines for Community Based Palliative Aged Care, and will enable participants to accrue Continuing Professional Development points. To access training, visit their website: <https://www.pallcaretraining.com.au/>

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Research participants for Strategies for Relatives (START) - On-line project

[START](#) is an 8-week program of education, relaxation training and counselling for carers of people living with dementia. Developed in the UK, the program was shown to be effective in reducing the rates of depression and anxiety in carers. This project will adapt the existing program for the Australian context and be the first to test this approach via video-conferencing technology, enabling access to carers living in remote areas. The aim is to determine whether is helpful for carers of a person with dementia to better understand and respond to the behaviours of the person they care for. To find out more about this project and how to be involved, please contact Ellen Gaffy at NARI on (03) 8387 2296 or at e.gaffy@nari.unimelb.edu.au

Climate Change

VicEmergency App

[VicEmergency](#), a centralised website for Victorians to find emergency information and warnings. The website has a real-time Google Map display with incidents across the state including floods, storms, fires, earthquakes, tsunami, beach closures, shark sightings and more. From October until the end of December, it will provide thunderstorm asthma monitoring, prediction and alert system to coincide with the typical Victorian grass pollen season. To access the forecasts, Victorians should download the Vic Emergency App or visit the [website](#)

Death, Dying and Palliative Care

Voluntary Assisted Dying Bill Now in Parliament

The Voluntary Assisted Dying Bill 2017 was introduced to the Parliament and has passed the lower house. The Bill seeks to legalise voluntary assisted dying in Victoria, with a vote expected before the end of the year. The Bill sets out a

rigorous request and assessment process for access to voluntary assisted dying, and includes the establishment of a dedicated oversight body and protections. The safeguards protect the vulnerable from exploitation and coercion – and new criminal offences will be created to protect people from abuse. The scheme will be self-administered, with doctor administration only available to those who cannot physically administer or digest the medication themselves. Should the Bill pass Parliament, there will be an 18-month implementation period before access to voluntary assisted dying will start to allow for training and set up to take place.

<http://www.premier.vic.gov.au/historic-voluntary-assisted-dying-bill-now-in-parliament/>

New tool to better supporting care of wounds at end of life

Eastern Palliative Care (EPC) in Victoria has developed the client-centred Wound Assessment Tool for specialist palliative care to increase staff knowledge and practices and better meet the psycho-social needs of patients and their carers. The tool replaced EMC's older, curative-focused approach and adds a choice of two pathways – healing or symptom management – within the palliative care plan rather than just a clinical assessment. More information [here](#):

Advance Care Plan: ageing and advance care planning

An Advance Care Plan allows you to specify in writing how a person would like to be cared for when they are no longer able to make their wishes known. It enables them to agree to or decline clinical interventions and to nominate a Substitute Decision Maker who can make choices on their behalf, informed by their pre-recorded preferences. More information is available [here](#).

Population-based projections of place of death.

Based on Population-based projections, a [study](#) was carried out across all care settings in England and Wales to project the places for rising number



of deaths in future years and implications for health and social care. If current trends continued, numbers of deaths in care homes and homes will increase by 108.1% and 88.6%, with care home the most common place of death by 2040. If care home capacity does not expand and additional deaths occur in hospital, hospital deaths will start rising by 2023. To sustain current trends, end-of-life care provision in care homes and the community needs to double by 2040. An infrastructure across care settings that supports rising annual deaths is urgently needed; otherwise, hospital deaths will increase.

Dementia

Redesign of dementia consumer supports: Opportunity to provide feedback

Following discussions and feedback from the 2016 Ministerial Dementia Forum, the Department of Health has developed a proposed suite of redesigned dementia consumer supports. A consultation paper has been developed to explore and seek stakeholder feedback on the proposed suite of supports.

The consultation will close on 15 November 2017.

To provide feedback:

<https://consultations.health.gov.au/ageing-and-aged-care/redesign-of-dementia-consumer-supports/>

New specialised dementia centre in Melbourne

The new Melbourne Dementia Research Centre is set to fast-track diagnosis and treatment of Alzheimer's disease, bringing together Australia's best scientists as they edge closer to a cure. The Centre, the largest of its kind in Australia, is a collaboration between The Florey Institute of Neuroscience & Mental Health and the University of Melbourne, with funding of more than \$22 million from the National Health and Medical Research Council (NHMRC), and \$4 million in support from other funders. The Center which was launched in September will focus on integrating

basic and translational research into dementia, with a special focus on clinical trials and clinical longitudinal studies. Read more [here](#).

Key Elements of a Palliative Approach for people with severe and end stage dementia

This short booklet covers assessment and management of common symptoms for people who have dementia that is so severe they cannot respond to questions about their symptoms. The report can be access [here](#).

Alzheimer's Australia is now Dementia Australia

Alzheimer's Australia is now officially called "Dementia Australia" representing, a unified, national peak body for people, of all ages, living with all forms of dementia, their families and carers. With Alzheimer's disease as the most common form, there are more than 100 types of dementia and the change ensures their message is inclusive of all. More information can be accessed on their website:

<http://www.dementia.org.au/about-us/dementia-australia/the-new-voice-of-alzheimers-australia>

Medication Management app for Dementia patients

Dementia Training Australia has released a new mobile app to assist staff involved in medication management to provide quality use of medicines for people living with dementia. The app has two sections. The first provides information on the optimal use of antipsychotic medications for responsive behaviours; this includes medication management plans, monitoring, and side effects. The second section lists medications that may adversely affect cognition to assist staff to identify these medications during medication review. The app is available for iPhone, iPad and Android devices. Download app here:

<https://www.dementiatrainingaustralia.com.au/resources/medication-management-app-for-ios-android-and-desktop/>

Lightning for older people and people with dementia

The new book "[Enlighten: Lighting for older people and people with dementia](#)" published by HammondCare Media, guides aged care providers and care professionals on how to optimise lighting and light exposure for older people and people with dementia. Written by experts in lighting, architecture and dementia care, the authors demonstrate why good lighting is one of the most significant yet poorly understood aspects of quality care environments and a positive contributor to health and wellbeing. The book explains how much light is enough, why access to natural light benefits health and how contrast, colour and reflection can hinder or support people with dementia.

Diabetes

New diabetes service opens in Hawthorn

New Integrated Diabetes Education and Assessment Service (IDEAS) sites have opened a third site in Hawthorn. It operates on Wednesdays from 378 Burwood Road, Hawthorn. Consumers require a referral from their GP to access the service. For more information contact the service directly on 8841 3023. Other sites include Doncaster East and Ringwood. These services aim to address the chronic nature of type 2 diabetes and reduce avoidable hospitalisations. More information [here](#).

Disability/NDIS

NDIS to become more user friendly with "Participant Pathway"

Adopting the "Participant pathway" is expected to make NDIS more user friendly. As a part of this pathway, NDIS plans will be no longer created over the phone – all plans will be developed face to face and the NDIA will create a single point of contact to try and make it easier to get information and answers to questions. The new

pathway will now be progressively piloted and tested over the coming months before being rolled out nationally. More information can be on the NDIS [website](#).

NDIS eligibility meetings for Younger people in residential aged care

As [previously](#) advised, the National Disability Insurance Agency (NDIA) will contact aged care service to arrange a meeting with any younger people (and their legal guardian if they have one) to discuss their eligibility to NDIS. To help residential aged care homes and younger people in service to prepare for this meeting, the Department of Health has released two new factsheets: one for [Providers with Younger people in residential aged care](#) and another for [Younger people in residential aged care](#).

NDIS short term accommodation price limits increase

National Disability Insurance Scheme (NDIS) price limits for short term accommodation will be increased from 30 October 2017. The new, variable pricing structure, takes into consideration whether the support is delivered on a week day, weekend or public holiday; as well as the participant's requirements for standard, high intensity or one-to-one support. Updated pricing is available [here](#).

General issues around the implementation and performance of the NDIS: calling for submission and information

The Joint Standing Committee on the National Disability Insurance Scheme welcomes submissions and information from participants, their carers and family members, as well as service providers and registered plan management providers on the implementation and operation of the NDIS. The committee will be undertaking public hearing on 8th November in Melbourne (more information in Events section) to examine the general operation of the NDIS. If you are

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interested in speaking to the committee at a hearing, please complete a [Registration Form](#) and return it to the secretariat by email to ndis.sen@aph.gov.au or by fax to 02 6277 5829 before the hearing. More information here: https://www.aph.gov.au/Parliamentary_Business/Committees/Joint/National_Disability_Insurance_Scheme/General_NDIS

Elder Abuse

Understanding Elder Abuse: A Scoping Study

This report has been published by the National Ageing Research Institute (NARI) and the Melbourne Social Equity Institute. The report presents a review of the literature on elder abuse with a focus on intergenerational elder abuse, and the evidence supporting interventions to address this abuse. Among its key recommendations, the report calls for more research into the prevalence and nature of abuse, as well as research into interventions that work to prevent or reduce intergenerational elder abuse. The report is available here:

http://socialequity.unimelb.edu.au/_data/assets/pdf_file/0012/2449659/Elder-Abuse-A-Scoping-Study-MSEI-and-NARI.pdf

Government to fund a national elder abuse prevalence study and elder abuse peak body

The Turnbull government has announced it will fund a national elder abuse prevalence study and a new elder abuse peak body.

The government will provide \$590,000 to the Australian Institute of Family Studies to undertake a research study to understand the “nature, scale and scope” of elder abuse in Australia. The research will be conducted in collaboration with the National Ageing Research Institute (NARI), the Social Research Centre (ANU) and the Social Policy Research Centre (UNSW).

Additionally, a national peak body called Elder Abuse Action Australia will be established to support the national coordination and advocacy of issues related to prevention of elder abuse. The

new organisation will receive \$250,000 over two years. The body will provide policy expertise to governments and help foster collaboration and sharing of information in this area. It will also have a role in the creation of a new “online gateway”, which will provide training and information to professionals and the general public on responding to and preventing abuse.

For more information:

<https://australianageingagenda.com.au/2017/10/05/national-elder-abuse-peak-body-given-green-light/>

Examining access to justice for those with an Enduring Power of Attorney (EPA) who are suffering financial abuse

Queensland University of Technology release a report recently called “Examining access to justice for those with an Enduring Power of Attorney (EPA) who are suffering financial abuse” which identified the physical, emotional, relational and financial impacts of current EPA’s, as well as the barriers to seeking support. The research can be accessed here:

<https://research.qut.edu.au/achlr/projects/examining-access-to-justice-for-those-with-an-enduring-power-of-attorney-who-are-suffering-financial-abuse/>

Falls

Ladder safety matters

Ladders are associated with more deaths and injuries than any other household product and men over the age of 60 are over-represented in the statistics. That's why the Victorian Government is running the Ladder Safety Matters campaign to prevent serious injury and deaths from domestic ladder falls. The campaign encourages older men to make safety a priority when using a ladder, as well as considering the consequences of unsafe ladder use – not just the risk of a fall, but what could happen after a fall. The Ladder Safety Matters has a number of resources available on this [website](#).

Trends in hospitalisations due to falls by older people, Australia 2002–03 to 2012–13

This report presents trends in fall related hospital care for people aged 65 and older from 2002–03 to 2012–13. There was a decrease in the rate of hip fractures due to falls (–2% per year) between 2002–03 and 2012–13. In contrast, falls resulting in head injuries increased at a particularly high rate (7% per year).

<https://www.aihw.gov.au/reports/injury/hospitalisations-due-to-falls-older-people-2012-13/contents/table-of-contents>

Gender and Health

Health of Australia's males and females: Report from Australian Institute of Health and Welfare

The Australian Institute of Health and Welfare has released a new web report: [The health of Australia's males](#) and [The health of Australia's females](#). The two reports explored how Australia's males and females in 2016 experienced varying health outcomes across population characteristics like Indigenous status, remoteness, socioeconomic disadvantage and age. It was also evident that males and females experienced different health outcomes

Health

Asthma hospitalisation trends in Australia

A study was carried out to determine changes in asthma hospitalisations between 2010 and 2015 across Victoria. The results indicated hospitalization patterns were impacted by gender, age and location, i.e. metropolitan and rural location. The study is available here:

<https://bmcpublichealth.biomedcentral.com/articles/10.1186/s12889-017-4704-y>

Be 'SunSmart' as the weather warms

As temperatures increase during the Spring and Summer months, it is never too late to be sunsmart. With warmer weather approaching, here are top three tips:

1. Use the daily sun protection times to find out when you do and don't need to protect your skin. You can check your local times on the free 'SunSmart' app on the Bureau of Meteorology website (bom.gov.au) or at www.sunsmart.com.au Schedule your outdoor activities either side of these times – in the morning or afternoon – to avoid peak UV levels.
2. Slip on covering clothing, hat or sunnies Look for long-sleeved and collared tops, as well as long pants that cover as much skin as possible. Most people grab a baseball cap, but these will only shade your forehead, at best. To protect your face, nose, neck, ears and eyes, go for a broad-brimmed, legionnaires or bucket-style hat. Check the swing tag when you're buying a new pair of sunglasses to make sure they meet the Australian Standard for sun protection (AS/NZS1067) and consider a close-fitting, wrap-around style that will protect eyes best.
3. Slop on sunscreen- Choose a sunscreen that's SPF30 or higher, broad-spectrum and water-resistant. Apply it 20 minutes before you go outdoors and re-apply it every two hours.

For more information, [SunSmart website](#).

Upskilling aged care workers to care for people ageing with HIV

The first nationally-accredited training program for frontline aged care staff who provide support to people with HIV in aged-care settings was launched to mark International Day of Older Persons. The training focuses on the performance outcomes, skills and knowledge required to provide support to people with HIV in a variety of aged-care settings. These include residential care, family homes and community-day settings. Funded by the Western Australian Department of Health, this training was developed by the

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Australasian Society for HIV, Viral Hepatitis and Sexual Health Medicine (ASHM) – a peak membership organisation representing a multidisciplinary HIV workforce. Read [media release](#) for more information

LGBTIQ+

Short online course on caring for LGBTI people with dementia

A new online course has been launched to help health and aged care workers deliver inclusive care and services for lesbian, gay, bisexual, transgender and intersex people with dementia. Start Date: February 1, 2018
End date: March 16, 2018
[Enrolments](#) are open now.

Mental Health

Head to Health: Australia's new digital mental health gateway

'[Head to Health](#)' is a new website launched by the Australian Department of Health, to provide a digital platform for people to help find information, resources, and services that are most appropriate for them. It contains around 370 trusted mental health services and resources funded by the Australian Government and helps connect people through websites, apps and online programs, forums, phone, chat and email services. Head to Health can be accessed through their [website](#).

Technology

In-Demand Technologies for the Aged Care Industry

5 technologies rapidly being adopted by Aged Care Facilities include:

1. Free Wi-Fi
2. Digital Signage
3. Facilitate Wearable Technologies
4. Digital Record Keeping Software

5. User Experience Software

For more information:

<https://australianageingagenda.com.au/promotion/?mvi=9e0021bbe7114dcf95f824771ec6ea01>

Digital Literacy for Older Australians— Be Connected now available

The Officer of eSafety Commission has rolled out the first phase of Learning Management System (LMS) for Older Australians—[Be Connected](#). The LMS contains a rich repository of resources for seniors, as well as for their friends and family members and includes a range of courses, learning exercises, inspirational videos and a self-assessment tool.

New resource supports residents to stay meaningfully connected

Tech Connect is a guide for leaders in aged care to support aged care residents' spiritual wellbeing by connecting with family and loved ones using technology/social media. The guide provides an overview of the program, from planning, implementation through to evaluation. It also provides a special section on using technology to maintain relationships for older people living with dementia. Learn more about the [Tech Connect: Staying Meaningfully Connected in Aged Care – A Leader's Guide](#)

Grants available

Lesley Hall Scholarship

The Lesley Hall Scholarship will support a winning applicant to deliver an arts project or artwork that highlights the experience of disability, promotes human rights for people with disability or advocates for social change. The scholarship prize is a \$5,000 grant and a 12-month internship at AAV, working with mentors to develop advocacy skills and networks.

Closing Date: Sat 18th Nov, 2017

More information:

<http://www.daru.org.au/resource/lesley-hall-scholarship-applications-open-2>

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Contenance Foundation of Australia- Community Health Promotion Grants Program

The Contenance Foundation provides funding opportunities for organisations with a focus on community support and/or health to facilitate bladder and bowel health promotion activities and events in their local community. The Community Health Promotion Grants Program aims to assist these organisations to increase awareness of continence issues and where to seek help for members in their catchment areas. Community organisations must be Australian-based and can apply for up to \$1,500 (excl. GST) under this one-off grants program.

Closing Date: Monday 20 November 2017

More information:

<https://www.continence.org.au/pages/community-health-promotions-grants-program.html>

Monash Positive Ageing Community Grants Program

Monash Council is inviting local community groups and organisations to submit applications for cash and in-kind funding for programs, services, projects and events taking place in 2018/19.

Closing Date: Friday 8 December 2017

More information:

<https://www.monash.vic.gov.au/About-Us/Awards-amp-Grants/Community-Grants-Program>

Veteran and Community Grants- Department of Veterans' Affairs

The Veteran and Community Grants (V&CG) offer opportunity for both the veteran and community to participate in, benefit from, projects that support healthy lifestyles, enhance quality of life and assist veterans, and war widows/widowers to remain in their homes as long as possible. Funding rounds for V&CG are on an ongoing, rolling basis to allow flexibility for the ex-service community. Projects are generally funded to a limit of \$50,000.

Closing Date: Ongoing

More information:

<https://www.dva.gov.au/consultation-and-grants/grants/grant-and-bursary-programs/veteran-and-community-grants>

Information about Services

Medication Support and Recovery Service now

The [Medication Support and Recovery Service](#) is a new, free addiction service specialising in helping people in east and north-east Melbourne who have problems with their use of prescription or over-the-counter medications.

- any patient (or their family member) presenting with medication misuse or dependence can be referred to the service, regardless of age
- the service offers specialist counselling, nursing/withdrawal and peer support services
- GPs can refer directly to the service via the [website](#) or by calling intake on 1800 931 101

This service operates out of Carrington Health to the inner Eastern region.

New Referral forms for Eastern Health Sub Acute Community Services clinics

New forms can be found [here](#) or on Eastern Health's website by selecting the Health Professionals tab and then clicking on GP Referral Templates. In addition to the Ambulatory care and community services referral (download), you will find instructions with additional information to support your referral.

If you would like to provide feedback regarding the new referral form, please visit [survey monkey](#). Feedback will be incorporated into a review of the form in February 2018.

Events, Training, Forums & Conferences

Date/Time	Event	Information	Location	Contact/Registration
Thursday, 2 November, 12 – 2pm	BASS Care: Annual Springtime Dance	Put on your dancing shoes and join us for a lunchtime dance!	Marwal Centre, 9 Marwal Ave Balwyn North	Cost: 20.00 per person including a light lunch of sandwiches, cake, tea & coffee. Bookings Essential Transport available Please call 9880 4709 to book
Thursday, 2 November to Friday, 3 November	Nursing Adults Aged 85 + Conference	<p>Update your gerontological nursing skills for the increasing numbers of people who are living beyond 85 years of age.</p> <ul style="list-style-type: none"> • Age appropriate nursing assessment – why is it important? • Is cardiac disease age related and/or treatable in older adults? • Fading away – the problem of anaemia • How to manage chronic wounds correctly • Ageing, Parkinson’s disease and medicines • Chronic pain management and much, much more... 	Oaks On Collins, 480 Collins Street, Melbourne	https://www.ausmed.com.au/course/nursing-adults-aged-85 Price: \$572.00 (two days) CPD Hours: 11 Hours + 15 mins
Friday 3 November 2017, 8.30am–3.30pm	Gathering of Kindness: Patient Experience Forum	With the theme "Continuing the Conversation" - kindness matters, the one-day event will explore the relationship between staff wellbeing and patient wellbeing. The event will bring together healthcare workers and consumers through thought-provoking discussion and	Peninsula C, 161 Harbour Esplanade, Docklands	Free event https://www.eventbrite.com.au/e/gathering-of-kindness-patient-experience-forum-tickets-37824795983

Every attempt has been made to ensure the information in this update is correct at the time of publication. **Page 11 of 23**

Events, Training, Forums & Conferences

		activities, to help design a better way forward for healthcare.		
Fri 3 Nov 11.00 am - 1.00 pm	Conversation with the Commissioner	The Commissioner for Seniors Victorians, Gerard Mansour, is committed to working towards an age-friendly and inclusive Victoria for all seniors. During the Festival there are six opportunities to listen and talk to the Commissioner about topics associated with later life and also to speak to him about Planning for your future Staying connected - social and community participation Your voice - Whats on your mind?	Dandenong Municipal Offices, 225 Lonsdale Street, Dandenong, 3175, VIC	Other dates and locations are also available. For more information: https://www.seniorsonline.vic.gov.au/festivalsandawards/festival-event-directory/festival-events?dlt=Any&l=-37.82152%2C145.1261&q=Commissioner&dst=Any&dm=False
Wednesday, 8 November 2017, 11 am -1 pm	Uniting AgeWell Community Hub launch at Oakleigh	Find out about carer respite, allied health and therapy services for seniors in Melbourne's South-East and see the state-of-the-art Helsinki University Research (HUR) gym for seniors in action	Uniting AgeWell Community Hub, 68-72 Atherton Road, Oakleigh	Please RSVP for catering purposes to the Community Hub Call 9568 0466 or email healthservices@unitingagewell.org
Wednesday, 8 November 2017, 6.00 pm to 9.00pm	InReach Education Session : Managing acutely unwell residential aged care patients	This 'InReach Session' will support Medical Deputising Services locum doctors and GPs in managing their acutely unwell residential aged care patients. This collaboration between Austin, Eastern and Northern Health's InReach services is supported and funded by Eastern Melbourne PHN.	Austin Hospital Lecture theatre, Education Centre, Level 4 Austin Tower, 145 Studley Rd, Heidelberg	https://www.emphn.org.au/images/uploads/files/RIR-Event-Flyer-8-Nov-17.pdf
Wednesday, 08–Friday, 10 November 2017	Ageing: The Golden Opportunity	The 2017 Conference "Ageing: The Golden Opportunity" in Perth will provide plenty of 'Eureka moments' to explore the future of ageing, including health and wellbeing and	Crown, Perth, Western Australia	https://www.aag.asn.au/documents/item/1796

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		the economic potential of our ageing society.		
Wednesday, 8 November, 6.30pm – 8.30pm	NDIS Caulfield: Community Information Session	The NDIS Community Information Session will be delivered by the National Disability Insurance Agency (NDIA) staff and partners wanting to start raising awareness and understanding of the scheme for potential participants, family, providers and community members.	Caulfield Town Hall – Auditorium, Corner Glen Eira and Hawthorn Roads, Caulfield 3162	https://www.ndis.gov.au/event/caulfield-information-session-8nov Malvern: Community Information Session - 9 November also available
Wednesday, 8 November, 1.00pm - 3.30pm	General issues around the implementation and performance of the NDIS	The Joint Standing Committee on the National Disability Insurance Scheme welcomes submissions and information from participants, their carers and family members, as well as service providers and registered plan management providers on the implementation and operation of the NDIS. The committee will be undertaking public hearings in the following locations to examine the general operation of the NDIS. If you are interested in speaking to the committee at a hearing, please complete a Registration Form and return it to the secretariat by email to ndis.sen@aph.gov.au or by fax to 02 6277 5829 before the hearing.	Marriott Hotel, Melbourne	https://www.aph.gov.au/Parliamentary_Business/Committees/Joint/National_Disability_Insurance_Scheme/General_NDIS?utm_source=DANA+Friends+and+Supporters&utm_campaign=7f70f1a37a-EMAIL_CAMPAIGN_2017_05_20&utm_medium=email&utm_term=0_cfaa6fa98b-7f70f1a37a-195562957
Thursday, 9 November, 10am – 12.30pm	NDIS Provider Workshop: Support Coordination Workshop -	Support coordination is a capacity building support to implement all supports in a participants NDIS plan, including informal, mainstream, community and funded supports.	Port Melbourne Town Hall Auditorium, 333 Bay St, Port	https://www.ndis.gov.au/event/port-melb-provider-workshop-9nov

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			Melbourne VIC 3207	
Thursday, November 9th, 9.00am- 11.30am	“ILC : the Future”	<p>EDSN present our final Forum for 2017 titled “ILC : the Future.” Elizabeth Mc Garry’s presentation will answer some burning questions like-</p> <ul style="list-style-type: none"> • Purpose of ILC and how does it relate to NDIS? • What types of disability diagnosis is assisted by ILC • Are the LACS part of ILC? • Has the role of the ILC or LACS changed over rollout period? • Difference between LAC and NDIS planners • What types of things are recommended by ILC to assist people with disability? • How much engagement and follow up do ILC staff have with people they are assisting? 	Whitehorse Civic Centre, Willis Room in Nunawading	Bookings essential and now open via email to bwilson@edsn.com.au
Thursday, 9 Nov & 16 Nov, 9:30am – 3:30pm each day	Beyond Cultural Competency,	Beyond Cultural Competency, a free, two-day cross-cultural workshop for professionals in the City of Monash who want to improve their support of carers from refugee and immigrant backgrounds.	MCWH, Suite 207, 134 Cambridge St Collingwood	To register your interest, please contact our training team on 1800 656 421 or training@mcwh.com.au .

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Saturday 11 November 2017, 8:30am - 1:00pm	Upskill in Care of the Older Person - Showcasing services at St. Georges	This case-based CPD event is a valuable opportunity to improve your skills in care of the older person. It will include a tour of St. George's rehabilitation facility.	St Georges Hospital 283 Cotham Street Kew VIC 3101	https://www.emphn.org.au/news-events/events/detail/4030 RSVP: Wednesday 8 November 2017
Monday, 13- Wednesday, 15 November	13th Australasian Injury Prevention and Safety Promotion Conference	With a theme of "Take Action", the Conference will be a multi-disciplinary event featuring representatives from all facets of injury prevention including research, teaching, practice and policy. Themes will be varied and cover topics such falls and ageing and more.	The Mercure Hotel and Convention Centre, Ballarat	http://event.icebergevents.com.au/injuryprevention2017
Monday 13th November 9:30 a.m. to 4:00 p.m., followed by a public lecture at 5:30pm.	Mortality in Australia: Marking the 150th Anniversary of the First Australian Life table	150 years ago Professor M. B. Pell published the first Australian life table. In commemoration of Pell's significant publication, the Melbourne School of Population and Global Health in association with the Australian Research Council Centre of Excellence in Population Ageing Research is organising a symposium on past, present and future mortality in Australia. A diverse range of demographers, health economists and statisticians will reflect on long-run trends in Australian mortality, differentials and inequalities in mortality and future pathways for survival in Australia.	Melbourne Town Hall (90-120 Swanston St, Melbourne)	Cost \$200 (Early bird price up to 31 October 2017) and \$250 after early bird. University of Melbourne alumni will receive a 50% discount. http://events.unimelb.edu.au/events/8875-mortality-in-australia-marking-the-150th-anniversary-of-the-first
Mon. 13 November 2017, 8:30 am – 4:00 pm AEDT	Australia - China Aged Care Industry Development Forum 2017	Join the Australia - China Aged Care Industry Development Forum 2017 to discover the opportunities and solutions to	NSW Parliament House, 6 Macquarie St, Sydney, NSW 2000	Guest Ticket / \$150 VIP Guest Ticket / \$200 / Guaranteed front seats with the delegates or speakers

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		utilise the China-Australia Free Trade Agreement (ChAFTA).		https://www.eventbrite.com.au/e/australia-china-aged-care-industry-development-forum-2017-tickets-37918866350
Tuesday, 14 November, 9.30-10.30am	Digital marketing- Marketing in a changing healthcare environment	This webinar will provide introductory advice on how to set up and implement a digital strategy. Discussion will focus on the options available, and the pros and cons of each in the digital marketing landscape.	Online	VHA Member only event. https://www.eventbrite.com.au/e/webinar-digital-marketing-vha-member-only-tickets-36919746957
Tuesday, 14 November – Wednesday, 15 2017, 9am to 4pm both days. Other dates are also available till Feb 2018	Training sessions: Better care better ACFI	The Public Sector Residential Aged Care Leadership Committee is holding 10 free two-day Better Care Better Aged Care Funding Instrument training workshops. The workshops will show how new evidence-based clinical assessment toolkit can help provide great care for residents and ensure your ACFI claims are appropriate, accurate and matched to resident care needs. This two-day training workshop is targeted at enrolled/registered nurses that can lead change in services.	Cliftons Melbourne, 440 Collins Street, Melbourne, VIC 3000	Free event https://www.eventbrite.com.au/e/two-day-better-care-better-acfi-bcba-training-metropolitan-option-1-tickets-38717458962 Check above link for other dates available till Feb 2018.
20 November 2017, 10:00am - 2:30pm	WORKSHOP: Collaboration, Complexity & Capability	At the end of this workshop participants will be able to identify complex situations and determine when to use a collaborative approach to find solutions to their challenges. They know what collaboration looks like and what it takes to work with others to find solutions to complex challenges. They understand the role of uncertainty and experimentation in the complex realm, and how to support the	Victorian Healthcare Association, Level 6, 136 Exhibition Street, Melbourne, Victoria	AHHA & VHA Members: \$180 Non-Members: \$250 http://ahha.asn.au/events/collaboration-complexity-capability

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		team to think and act differently in the face of complexity.		
Tuesday, 21 November 2017, 8.45am – 4.15pm	Law for Home Care Managers VIC	LawSense Law for Home Care Managers is a must attend seminar for home and community care managers in aged care, assisting you to deal effectively with legal rights and obligations, client, staff and contractor issues and with limiting your legal exposure.	Rendezvous Hotel, 328 Flinders St, Melbourne	http://lawsense.com.au/law-for-home-care-managers-vic Early Bird: \$695 (expires 12 October 2017). Standard: \$795. Prices include gst. Nurses & lawyers attending receive CPD points
Tuesday, 21 November 2017, 9:30 am – 4:00 pm AEDT	Consumer Conversations 2017	This conference is being hosted to bring together consumers working in healthcare settings.	Department of Health & Human Services, 50 Lonsdale Street, Melbourne, VIC 3000	Free https://www.eventbrite.com.au/e/consumer-conversations-2017-tickets-39206048346
Tuesday, 21 November 2017- Wednesday, 22 November 2017	ITAC 2017- Information Technology in Age Care	The theme of the conference, ITAC – Navigating the Future emphasises the importance of information technology in establishing a sustainable, quality focused aged care environment.	Gold Coast Convention and Exhibition Centre	http://www.itacconference.com.au/ehome/100171052/home/
Tuesday 21st November 2017, 6:30pm - 9:30pm	Pain Management in Primary Care Masterclass	Learning Objectives: 1. Understand chronic pain and best practice management approaches 2. Learn strategies on how to identify and manage patients who become opioid dependent	Seminar Rooms 1 & 2, Royal Melbourne Hospital, 300 Grattan Street, Parkville	RSVP By: Wednesday 15 November 2017 https://www.emphn.org.au/news-events/events/detail/4002

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		<p>3. Discuss and formulate strategies to reduce opioid-related deaths</p> <p>4. Develop and implement a best practice management plan (via case studies)</p> <p>5. Learn what supports and resources are available to manage chronic pain in general practice</p>		
<p>Wednesday, 22 November, 1:30-4:30pm</p>	<p>Disability transport workshop for service providers</p>	<p>This workshop will provide an update on key developments impacting disability transport and explore strategies and priorities for service providers in this environment.</p> <p>This workshop will include:</p> <ul style="list-style-type: none"> • Challenges arising from NDIS prices for participant transport • Key developments impacting disability transport • Strategies and priorities for disability service providers in this environment <p>NDS recommends that senior managers and strategic leaders within disability service organisations are most suited to attend.</p>	<p>Multicultural Hub, 506 Elizabeth Street, Melbourne 3000</p>	<p>\$25 – \$45 https://www.eventbrite.com.au/e/disability-transport-workshop-for-service-providers-tickets-38925780056</p>

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Wednesday, 22 November - Thursday, 23 November, 2017	SPHERE 2017 International Symposium	<p>The Symposium will have four main focus areas:</p> <ul style="list-style-type: none"> * Innovation in Healthcare * Policy: Beyond the Squeaky Wheel * Inside Outside - Health and the Built Environment * Public and Patient Involvement - Are We Listening? 	City Recital Hall, 2-12 Angel Place, Sydney, NSW.	https://events.catalystevents.com.au/ehome/sphere2017/Home/
Saturday, 25 November and Saturday 2 December 2017	Fellowship Preparation Course. Key Feature Problems	This two-day course will assist GPs preparing for the Key Feature Problems (KFP) component of the Royal Australian College of General Practitioners (RACGP) fellowship exam.	Wantirna Health, 251 Mountain Hwy, Wantirna	\$900 plus GST https://www.emphn.org.au/images/uploads/files/Fellowship-Preparation-Course-KFP_Event-Flyer_20170809.pdf
Sunday 26 November 2017, 2.00pm - 5.00pm, 9:00am to 3:00pm (Registration from 8:30am)	A TASTE OF MEDITATION	The Whitehorse Interfaith Network invites you to 'A TASTE OF MEDITATION'	Box Hill South Neighbourhood House, Kitchener Street, Box Hill South	Free community event Bookings essential - places are limited Bookings by Monday 13 November to Helen Papaioannou Phone 9262 6443 or Email helen.papaioannou@whitehorse.vic.gov.au
Monday, 27 November- Tuesday, 28 November- 2017	2017 Rural & Regional Forum – from surviving to thriving	This forum will bring together VHA members to discuss how public hospitals, community health services, aged care providers, local and state governments, and the community can work together to improve the health outcomes for those living in rural and regional areas.	Vibe Hotel Marysville, 32/42 Murchison St, Marysville	VHA member: complimentary Non VHA member: \$275.00 per person incl. GST https://vhaaus.wildapricot.org/event-2657050

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Tuesday, 28 November 2017, 4-5.30 pm	Chronic Illness Alliance: Annual General Meeting	Annual General Meeting Also presenting Tim Woodruff, Australian Health Reform Alliance, Vice President Doctors Reform Society	Positive Living Centre, 51 Commercial Road, Prahran VIC	RSVP by Thursday 23 November Email Denise Sheard, denise@chronicillness.org.au
Thursday 30 November, 2017 07:00 PM to 08:00 PM	The Diagnosis and Management of Psoriatic Arthritis	Free Webinar Description: To be confirmed closer to the webinar date.	Online	https://www.move.org.au/event/the-diagnosis-and-management-of-psoriatic-arthritis-2017-11-30-43/register
Tuesday 12th December 2017, 5:30pm for 6:00pm - 7:30pm	Cutting Edge Research in Ageing	The AAG Student and Early Career Group (SECG) are putting out a call to Vic members for student and early career researchers who would like to present at their upcoming event on 12 December 2017: Cutting Edge Research in Ageing! Please feel free to pass it on to your colleagues.	NARI seminar room, 34-54 Poplar Road (via Gate 4), Parkville, Victoria 3052	You do need to be a member of the AAG to present. Please contact Briony Murphy ASAP to register your interest by Friday, 27th October 2017 Email: Briony Murphy, briony.murphy@monash.edu Mobile: 0401 651 168
Tuesday, 30 January 2018, 9:30am-1:30pm	Defensible Documentation for Disability Support Staff	Learn the leading method to document progress notes professionally, legally and competently. This training: <ul style="list-style-type: none"> • Is compliant with legislation and disability standards • Supports client choice and control • Enables clients to direct their own care and ensures staff document their duty of care • Reduces the time required to write relevant information 	International House George Hicks Building 241 Royal Parade Parkville, VIC 3052	NDS Member - \$120.00 + GST Non NDS member - \$140.00 + GST Victorian providers - \$45.45 + GST subsidised through the Victorian Government Sector Transition Support Package. https://www.nds.org.au/events-and-training/defensible-documentation-for-disability-support-staff?_cldee=c2hhcm9uLnBvcnRlb3VzQGllcGNwLm9yZy5hdQ%3d%3d&recipientid=lead-a8636074666ee61193c30050568e4073-c8cad389cb32468a95ba1c30b0e3112e&esid=41fad669-49b8-e711-91e7-0050568e2189

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		<ul style="list-style-type: none"> • Uses complaints, legal cases and coronial investigations to illustrate requirements • Covers incidents, risks, change, and the big risk 'refusal of care or advice' 		For any enquiries, please contact Nicole Jenkins, National Learning & Development Manager, 02 9256 3107, or email learnanddevelop@nds.org.au
19-20 February 2018	The 5th National Elder Abuse Conference, on the theme of 'Together Making Change'	The 5th National Elder Abuse Conference is being hosted by the Seniors Rights Service in Sydney on 19 and 20 February 2018. The Conference is titled: 'Together Making Change'. The National Organising Committee has purposely chosen this name as they strongly believe that any enduring response to the important social issue of elder abuse requires multiple stakeholders working together	Sofitel Hotel, Sydney	For more information, check website: http://togethermakingchange.org.au/
Thursday, 1 March - Friday, 2 March, 2018	Conversations About Care: A conference presenting the latest in client-centred care and integrated practice.	In 2018, North Richmond Community Health will present the third conference in the Where the Mind Meets the Mouth series: Conversations About Care. <ul style="list-style-type: none"> • How do people experience healthcare? • What does person-centred care really look like? • What is our shared role in a person's health? • How can we work together for the benefit of our communities? 	Abbotsford Convent, 1 St Heliers St, Abbotsford VIC 3067	http://www.wheremindmeetsmouth.com.au/

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		You'll hear from both consumers and healthcare professionals at this innovative event.		
Friday, 2nd March 2018, 1:00pm tee off, 5.30 pm dinner and presentations	Whitehorse Men's Shed & Box Hill Hawks Football Club – Golf Day 2018	Join us for our 2018 Golf Day at the beautiful Box Hill Golf Course. All proceeds raised support The Whitehorse Men's Shed and the Box Hill Hawks Football Club.	Box Hill Golf Course, 202 Station St, Box Hill South	For more info contact: John Cavarra, john@boxhillhawks.com.au 03 9890 9442 or 0433 085 714 Cassandra Biadacz, events@carringtonhealth.org.au 03 8843 2369 or 0404 0785 13
Wednesday, 2 May- Friday, 4 May 2018	Leading the NDIS Transformation	This is a three-day residential leadership program. This program will equip CEOs, board members and executive leaders with the capability to make strategic decisions to transform their organisation, leading the creation of an even stronger and more diverse sector that enables greater choice and control for people with disability under the NDIS.	Amora Hotel Riverwalk Melbourne, 649 Bridge Road, Richmond, VIC 312	<ul style="list-style-type: none"> • 1 individual per organisation \$1,700.00 • 2 individuals' per organisation \$2750.00 • 3 individuals' from organisation \$3400.00 https://www.nds.org.au/events-and-training/leading-the-ndis-transformation?_cldee=c2hhcm9uLnBvcnRlb3VzQGllcGNwLm9yZy5hdQ%3d%3d&recipientid=lead-a8636074666ee61193c30050568e4073-320d079563534ce7904280c01e8ac05f&esid=83de5a53-efb2-e711-91e7-0050568e2189
Wednesday, 16 May 2018- Thursday, 17 May 2018,	ATSA Independent Living Expo	The ATSA Independent Living Expo will have over 100 exhibitors displaying a wide range of products and services in assistive technology, mobility solutions, pressure care, employment support, accessible recreation/holiday ideas, modified motor vehicles and a lot more. ATSA Independent Living Expo is open to visitors of all ages, including those with a disability, seniors and their families, friends and carers.	Melbourne Showgrounds	https://www.atsaindependentlivingexpo.com.au/

Every attempt has been made to ensure the information in this update is correct at the time of publication. **Page 22 of 23**

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21-23 March 2018	4th International Health Reform Conference	Moving Care from Hospital to Community: navigating the bumps	InterContinental Sydney, Double Bay	https://yrd.currinda.com/register/event/1114
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