

Practitioners' Network Information Update DECEMBER 2017

Meetings 2017

Practitioners Network Meetings

- Meetings in 2018 to be confirmed

If you were unable to attend the last Network meeting, we would really appreciate your help in providing feedback by completing this [survey](#) on the Practitioner's Network Information Update.

For Information contact Sharon Porteous:
Sharon.porteous@iepcp.org.au

For up to date news about the Network, including all meeting dates, please go to our website:
<http://iepcp.org.au/key-project/practitioners-network/>

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Active Healthy Ageing

Sit less, move more: How do we do that?

When it comes to physical activity, we're often told we need to move more. But what does this actually mean? How much exercise or physical activity should we aim to be doing? Jean Hailes for Women's Health highlights how to incidentally incorporate physical activity into our everyday lives. A [Q&A Session](#) and [an example based guideline](#) provides great examples for how to increase physical activity.

Course on Ageing Well: Maintaining health as we age

The Chronic Illness Alliance is offering an online course titled "Ageing Well: Maintaining health as we age." This free course is designed to provide older adults with a quick and easy check-up on how to maintain and improve health. It provides practical tips and a range of resources for ageing well. The course is suitable for anyone aged 50 years or over. The course is available here: <http://plotproject.net/patce/>

Highlights from the 50th AAG Annual Conference

Australian Association of Gerontology organized their 50th Annual Conference – "Ageing – the Golden Opportunity" on 27 November. [Highlights from the conference](#) is available here.

Aboriginal & Torres Strait Islander

Korin Korin Balit-Djak: Aboriginal Health, Wellbeing and Safety Strategic Plan 2017–2027

This new plan has been developed to provide a framework for action to advance the health, wellbeing, and safety of Aboriginal Victorians over the next 10 years. It sets out the Victorian Government's aim and objectives to ensure

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positive outcomes for Aboriginal Victorians across the full range and depth of its activities. Korin Korin Balit-Djak has been developed beside two other key initiatives to improve the health, well-being, and safety of Aboriginal Victorians: [Balit Murrup: Aboriginal social and emotional wellbeing framework](#), and the [Aboriginal governance and accountability framework](#).

The priority focus areas and strategic directions of Korin Korin Balit-Djak are grouped into five domains:

- Aboriginal community leadership
- Prioritising Aboriginal culture and community
- System reform across the health and human services sector
- Safe, secure, strong families and individuals
- Physically, socially and emotionally healthy Aboriginal communities.

New Aged Care Services for Aboriginal and Torres Strait Islander People

The Government is providing more than \$3 million in additional annual grant funding to deliver new and expanded residential aged care services to Aboriginal and Torres Strait Islander people in remote locations. The latest round of National Aboriginal and Torres Strait Islander Flexible Aged Care Program (NATSIFACP) funding would benefit people in the Gulf of Carpentaria, the Northern Territory and Western Australia. More information [here](#).

Aged Care Reforms

Enhancements to My Aged Care

The Australian Government is investing \$20 million to improve My Aged Care. These enhancements have been identified through detailed co-design. The department conducted co-design with the sector in late 2016 and a number of system changes were implemented in July 2017. The new funding will allow for more of the issues identified to be addressed. The proposed enhancements will focus on:

- streamlining the assessment process for older people, improving their experience by enabling more assessments to be completed and more quickly
- supporting health professionals, including general practitioners, to start making referrals to My Aged Care directly from their client management systems - a necessary first step in greater integration with health information
- improving processes and systems for clients in rural and remote areas to improve timeliness of assessment.

The department will continue to consult with the aged care sector and consumers as the proposed initiatives progress. Workshops are expected to take place in December and February in preparation for releases in 2018.

New STRC consumer booklet and updated programme manual

Department of Health has launched a new Short-Term Restorative Care (STRC) consumer booklet and updated programme manual. The consumer booklet called '[Your guide to short-term restorative care](#)' booklet is for older Australians, their families and carers to guide them through the process of accessing STRC. The booklet follows the consumer pathway from assessment through to ongoing management of STRC services. Information is also available on the [My Aged Care website](#). The booklet will be a useful resource for STRC approved providers and their staff. It can be downloaded from the department's website.

The [STRC Programme Manual](#) has also been updated. The manual provides guidance for providers delivering STRC services. The manual provides guidance for providers delivering STRC services. Changes made to the manual include: the claim for payment process; the provision of Modified Barthel Index tests; client leave provisions; rules governing the acceptance; rejection and termination of care; and the provision of financial information to clients. More information on [STRC here](#).

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My Aged Care Training –Victorian CHSP providers

Victorian CHSP service providers have the opportunity to attend My Aged Care training between 27 November -15 December 2017. In response to requests from the sector, the Commonwealth Department of Health and Victorian Department of Health and Human Services are funding CIT Solutions to deliver up to 13. My Aged Care training sessions across metropolitan Melbourne and regional Victoria. CIT Solutions is a registered training organisation, with extensive experience working on My Aged Care related projects. The training is designed to assist Victorian CHSP staff to gain a greater understanding and confidence in using the My Aged Care provider portal. More information [here](#).

Aged Care and older people

COTA Australia - measuring quality and consumer choice in aged care

COTA Australia is asking Australians their views on the quality of life and quality of care in aged care services as part of a project to better understand the information consumers want when choosing their aged care providers. The survey closes on 31 December 2017. Older Australians, their families, friends and supporters can fill in their consumer survey here:

<https://www.surveymonkey.com/r/Choicesinagedcareconsumers>

Aged Care providers and industry representatives can visit here:

<https://www.surveymonkey.com/r/ChoicesAgedCareServices>

Call for aged care to participate in annual antimicrobial survey

Since 2015, Australia's National Centre for Antimicrobial Stewardship (NCAS) conducts an annual aged care National Antimicrobial Prescribing Survey (acNAPS) in Australian residential care facilities to help improve their antimicrobial use. Interested aged care facilities

can participate in the National Antimicrobial Prescribing Survey (NAPS) by [registering here](#).

What is an excellent aged care service?

La Trobe university is inviting older people to join a discussion about they consider to be an 'excellent' aged care service This discussion will assist in the development of a resource- 'A Guide to Excellence in Residential Aged Care in Victoria.' Group discussions will be held at COTA Victoria on Friday 8th December 10.30am or Monday 11th December 10.30am. To register your interest or more information available [here](#).

Older Persons Advocacy Network: Local Voices for Seniors in Need

The [Government](#) has launched a new, free nationwide support network to stand up for the rights of older Australians. A key element of ageing and aged care reform agenda is empowering older Australians ensuring they have voices to speak up for them when they need it most. The [Older Persons Advocacy Network \(OPAN\)](#) supports all elder Australians including those with varied needs who might be living with a disability or dementia, are care leavers, or are from culturally and linguistically diverse backgrounds. The Government has invested in OPAN to deliver the new National Aged Care Advocacy Program and is now open for people aged 55 and over, who encountered serious frustrations or needed guidance in navigating their aged care rights.

Alcohol and Drugs

Codeine rescheduling and support for medication misuse

The rescheduling of codeine to prescription only medication from 1 February 2018 is likely to lead to an increase in consumers requiring support, particularly people who have developed problematic codeine use. Eastern Melbourne PHN has funded the Medication Support and Recovery Service (MSRS) to provide a suitable referral

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option for GPs, pharmacists, and other health professionals in the EMPHN catchment. The service is currently accepting new consumers by self-referral or referral from a GP or health professional. Information on [Codeine Rescheduling](#) and the [Medication Support and Recovery Service \(MSRS\)](#) is available.

Carers

Improved Assessment Process for Carer Payment and Carer Allowance

The Department of Social Services (DSS), Carer Payments Section are requesting assistance from carers to spend a few minutes giving feedback to the Carer Payment and Carer Allowance voluntary field test. The Department needs to increase the number of responses from carers and health professionals to ensure they are accurately reflecting the views of carers. Download and complete the field test form, and please get your health professional to complete their section. Please return the field test form to DSS by either scanning or photographing the form and sending it to carerfieldtest@dss.gov.au or by post to Reply Paid 83311, Department of Social Services Carer Field Test, Canberra ACT 2601.

Carer Survey – seeking LGBTI participants

Healthdirect Australia and the Department of Social Services is conducting a national survey to gain an understanding of the different information, services and support that carers across Australia access. The results will help Healthdirect and the Department understand the needs of different groups of carers across the community. The survey can be completed [online](#). For more information, please contact Quality.Manager@amrsydney.com.au.

CALD

Muslim aged care: a practical guide for service providers

Meaningful Ageing Australia has published the guide [Muslim aged care: a practical guide for service providers](#). It is a comprehensive resource for Muslim aged care. It covers wide-ranging topics such as, religion, culture, and identity of Muslims to provide the context and basis for planning culturally appropriate care for them. Using text boxes, illustrations, exercise, and case studies, the guide draws attention to key issues and concepts that would help providers of aged care to better understand and respond to the cultural needs of Muslims.

Health Translations: A Hub for Translated materials

[Health Translations](#) enables health practitioners and those working with culturally and linguistically diverse communities to easily find translated health information. The Health Translations Directory provides direct links to reliable translated health resources produced in Australia. More information on their [website](#).

Review of the CALD Aged Care Strategy

The Federal Government has released the findings from the [review of the National Culturally and Linguistically Diverse \(CALD\) Ageing and Aged Care Strategy](#). The review found CALD sector representation on advisory and working groups and input to aged care policies, procedures and reforms among its achievements. It also highlighted expanded access to language and interpreting services, funding for CALD-specific programs and increased awareness of the value of employing bilingual and bicultural workers. However it found a disparity between organisational and individual views regarding the perceived inclusiveness of aged care services and insufficient data for planning and resource allocation purposes. More understanding was needed about diversity within CALD populations

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along with improved recognition to respond to different cultural needs and shifting demographics.

Death, Dying and Palliative Care

Euthanasia: Victoria becomes the first Australian state to legalise voluntary assisted dying

Victoria has become the first state in the country to legalise [assisted dying](#) for the terminally ill. The bill will now go to the Governor for royal assent. Under the legislation, Victorians with a terminal illness will be able to obtain a lethal drug within 10 days of asking to die, after completing a three-step process involving two independent medical assessments. They must be over the age of 18, of sound mind, have lived in Victoria for at least 12 months and be suffering in a way that "cannot be relieved in a manner the person deems tolerable". The patient must administer the drug themselves, but a doctor can deliver the lethal dose in rare cases where someone was physically unable to end their own life. The legislation includes 68 safeguards, including new criminal offences to protect vulnerable people from abuse and coercion, and a special board to review all cases. It is due to come into operation in mid-2019.

Changes to the Medical Treatment Planning and Decisions Act 2016

From 12 March 2018, the [Medical Treatment Planning and Decisions Act 2016](#) will provide a framework for medical treatment decision making for people who do not have the capacity to make their own decisions. The Act includes some significant changes for health practitioners and for the community. The Act will give people greater opportunity to make their own medical treatment decisions that are more in line with contemporary views. A key change is the ability to make decisions for future medical conditions, where previously this could only be done for current conditions. Here are some frequently asked

questions about the [Medical Treatment Planning and Decisions Act 2016](#).

New Initiatives for Advance Care Planning Australia

The Australian Government has announced that they will provide more than \$60 million for a variety of new projects to improve palliative and end-of-life care, including advance care planning initiatives. Through the new grants, Advance Care Planning Australia will build on our existing work and leadership to promote awareness and uptake of advance care planning nationally and deliver some important new initiatives in 2018-20. More information on the [Advanced Care initiatives can be found here](#).

Dementia

New tool aims to help hospital stay of patients with dementia

Curtin University-led research has recommended a new communication tool to help the millions of people living with dementia who are admitted to hospital. The research aimed to reduce the communication gap experienced by many families of people with dementia and hospital staff. The pilot study used 'Focus on the Person' form to prevent carers of people with dementia from having to continually provide the same information to a constantly changing procession of healthcare staff. The form listed questions that covered a patient's daily routines including sleep patterns, meals, medications, favourite foods, as well as information about their toilet habits, vision or hearing ability, previous falls, pain, previous experiences in hospital and what might agitate or stress them. The carers and staff involved in the research all agreed the form would be beneficial, but it will require hospital processes to be put in place to ensure the appropriate use of the information provided by carers before it can be widely introduced to hospitals. More information [here](#).

Educational Hub for Dementia Friendly Communities

Dementia Australia (formerly Alzheimer's Australia) has produced [an education hub](#) aimed at informing all aspects of community - clinicians, professionals, services, businesses, the general public - about dementia and how to ensure that those in our community are not disadvantaged and stigmatised.

Disability/NDIS

NDIS Annual Report 2016/17

The latest report NDIS Annual Report 2016/17 has been released. It provides a comprehensive overview of the Agency and National Disability Insurance Scheme (NDIS) in the first year of full Scheme rollout. The report can be accessed [here](#).

Preparing for the NDIS Planning Meeting: A Guide to Supporting Participants

While the NDIS offers a limited number of information sessions, the bulk of pre-planning work tends to fall to organisations to provide. Here is a guide by Disability Services Consulting to the key steps that can be taken to support participants to get the most out of their NDIS planning experience. The guide can be accessed [here](#).

International Day of People with Disability

3rd December was the International Day of People with Disability. Although the date has passed, it's still not too late to hold an event in your community, organisation or business. Head to the [International Day of People with Disability website](#) for ideas.

Updates made to NDIS Provider Toolkit

The NDIS Provider Toolkit has changed dramatically and is now easier to navigate with a condensed, dynamic design. Providers may find

navigating the Toolkit a little challenging at first without understanding what has moved and changed. You can find out what sections have moved and get helpful tips to help navigate through the changes [here](#).

'Jeremy The Dud': The Aussie Short Film Flipping The Script On Living With Disability

'[Jeremy the Dud](#)', is a new short comedy film that imagines a world where everyone has a disability, and the rare few who don't are treated with the same condescension and prejudice as those with disabilities are treated every day. The story is about Jeremy, a man born "without specialty" which is more casually referred to as "a dud". Not only does the film flip prejudices on their heads but of the 24 actors in the film, 22 have a disability. It is a must watch!

NDS releases a new practical guide to NDIS funded and non-funded activities

The practical guide seeks to build providers' understandings about when they can charge participants directly for costs incurred as a result of an activity (for example, entrance fees) and when NDIS will cover the cost of activities. The guides are freely available under 'Practical Guides to the NDIS' in the [NDS Website](#).

Melbourne East Disability Advocacy

Melbourne East Disability Advocacy (MEDA) is a not for profit organisation funded by the Australian Government Department of Social Services for promoting and protecting the rights and interests of people with intellectual disabilities. In the last financial year of 2016—2017, they supported 82 consumers & managing 151 individual advocacy issues and fielding another 56 calls who were either referred on or the issue was resolved over the phone. Learn more about MEDA on their [website](#)

NDIA pathway pilot details announced

The NDIA has announced a new participant pathway, designed to significantly improve the

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experience people and organisations have with the NDIS. It has now been confirmed that the initial pilot of this pathway will commence in mid-December in Victoria North and Victoria East. The initial pilot will focus on the primary stages of the new pathway:

- learning about the NDIS and how it fits in the broader system of supports
- understanding current supports and preparing for planning
- creating and receiving a plan to achieve goals
- implementing that plan

More information about the pilot, including the media release, can be found on the [NDIS website](#)

Free interpreting and plans in accessible format available for NDIS participants

The NDIA established a partnership with [Translating Interpreting Services \(TIS\) National](#) to support participants and family members who have English as a second language (ESL). Translating and interpreting services are for use by a participant to implement funded supports in their NDIS plan when engaging a NDIS registered provider. A participant who has ESL will have either a NDIS Planner, Local Area Coordinator or Support Coordinator to assist access to:

1. NDIS-funded supports in their primary language;
2. Mainstream TIS services and the coordination of informal language supports; and
3. Mainstream and community English development opportunities.

For more information, NDIS-registered service providers can contact TIS National on 131 450 and ask to register and receive a [TIS National Client Code](#).

Elder Abuse

ECLC Funded for Elder Abuse Prevention Work

Eastern Community Legal Centre (ECLC) has been funded by the Department of Health and Human

Services to expand its vital elder abuse prevention work through the recent Elder Abuse Prevention Network funding round. ECLC has been leading the highly successful Eastern Elder Abuse Network since 2008 (with limited resources in partnership with Seniors Rights Victoria) and the new funding directly recognises the importance and value of such networks, as recognised by the Royal Commission into Family Violence.

Gender and Health

The 16 Days of Activism against Gender Based Violence

The [16 Days of Activism against Gender Based Violence \(16 Days\)](#) is a global campaign to raise awareness about violence against women and its impact on a woman's physical, psychological, social and spiritual well-being. The 16 Days begins on 25th November, the [International Day for the Elimination of Violence against Women](#), and end on December 10th, [International Human Rights Day](#). Women's Health East is leading Eastern Metro Campaign to promote Gender Equality through [#GE4Us \(Gender Equality For Us\)](#) social marketing campaign. Here are some [resources](#) and [ways to get involved](#).

Gender matters for pain management in aged care

A research by Catholic Health Australia analysed differences in how men and women experience illness and pain. A growing body of literature suggests significant gender differences exist in the experience and management of pain. Women report more severe, more frequent, and longer lasting pain than men. In comparison, research shows that men tend to have a greater threshold for pain than women. This has implications for perceptions, practice and treatment. As medical professionals mostly rely on objective, visible, biological and physical symptoms of illness, they could be dismissive of subjective feeling and the psychological component of illness. Perceptions of woman's heightened pain tolerance by some healthcare professionals has meant that women are less likely to have their pain believed and

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treated and are often accused of being hypochondriacal and anxious. The review report is available in the [spring edition of Catholic Health Australia's Health Matters](#).

Health

New report uncovers deepening health inequities in Australia

Australia's Health Tracker by Socio-Economic Status (SES), a new report by the AHPC at Victoria University highlights the growing health disparities in Australia which correlate closely with socio-economic status. Those in the lowest SES bracket experience significantly poorer health compared to those in the middle and highest brackets. The report shows that 40 per cent of Australians on low incomes are currently experiencing decreased health. Such poor health outcomes can be attributed to multiple factors including lack of access to healthcare, poor nutrition, high rates of obesity, and high smoking rates. The rising cost of living from the increasing prices of housing, utilities and food is also manifesting in poorer health outcomes in the population. More information on [media release](#).

Tackle chronic disease by eating more fibre

The importance of fibre in our diet has been highlighted in a new [report](#) which shows that increasing our grain fibre intake could reduce the prevalence of type 2 diabetes and cardiovascular disease within Australia by 400,000 people each year, saving the economy almost \$3.3 billion in healthcare and lost productivity costs. The research indicates that fibre from grains has the greatest potential to reduce this risk, and that if all Australians added a small amount of extra grain fibre each day to their diet, there would be major saving in the health care costs each year.

"IT and Me" survey at Swinburne University of Technology

"IT and Me" survey is designed to explore the use of digital technology by adults living with long-

term conditions and understand how using technology influences people's health and well-being. Please see the information statement attached to find out more about the study. The survey can be accessed [here](#).

Legal Matters

Powers of Attorney and Guardianship

Detailed and updated information on legal matters such as the Power of Attorney has been made available by the Chronic Illness Alliance. These information can be found on their [website](#).

Wills

A comprehensive information guide has been compiled by the Chronic Illness Alliance. This information can be found on their website: <http://www.chronicillness.org.au/workwelfarewills/wills/>

LGBTIQ+

Funded Aged Care Training Opportunities: LGBTI Awareness

Val's@GLHV is one of the organisations supporting the delivery of training in Victoria (the other being TGV) and a limited number of fully funded 3-hour sessions is available. Val's is inviting aged care service providers interested in hosting a session for staff education to submit an expression of interest. Expressions of Interest are open now. You can submit an expression of interest via email to j.sykes@latrobe.edu.au and provide the following information in your email:

- Name of organisation
- Location/Region
- Service type: e.g. Community aged care - CHSP, Home Care Package etc., residential aged care
- Contact person (name, phone, email)
- A brief description of who the training is for (staff to be involved including proposed number of staff); benefits of undertaking the training; if there has

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been any previous LGBTI awareness training/education and if so details of this; any other relevant information to support your application.

Val's will contact successful organisations in January 2018 to finalise details, dates etc. For additional information call Val's LGBTI Ageing & Aged Care on (03) 9479 8740 or (03) 9479 8760

Participants wanted for Rainbow Ageing Research Project

Rainbow Ageing is a national project that explores the lives of older lesbian, gay, bisexual, transgender and intersex (LGBTI) Australians. The project seeks to understand the specific health and well-being needs of older LGBTI Australians and ultimately aims to stimulate and guide reforms to policy as well as to health and aged care services. Individuals who are over 60, LGBTI and reside in Australia, are eligible to complete this survey. Please contact rainbowageing@latrobe.edu.au for hard copy of the survey, or complete [online survey](#). For more visit the [website](#).

Review of the National Lesbian, Gay, Bisexual, Transgender and Intersex (LGBTI) Ageing and Aged Care Strategy

The Federal Government has released the findings of the two reviews assessing the five-year aged care strategies for people with diverse needs, including the National Lesbian, Gay, Bi-sexual, Transgender and Intersex (LGBTI) Ageing and Aged Care Strategy. According to the review findings, the LGBTI aged care strategy has played an important role in raising awareness and visibility of issues relating to LGBTI-inclusive aged care, but views are mixed on whether that has led to tangible changes in service provision. Among other findings, it noted achievements in workforce training and capacity building and in availability of and access to LGBTI-inclusive services, but challenges in recognising the diversity within the LGBTI community, ensuring My Aged Care is inclusive and accessible and achieving a diverse workforce. The full report on [Review of the LGBTI Aged Care Strategy](#) can be found here.

LGBTI resources for aged care providers, workers and consumers

For the implementation of the LGBTI Strategy, the Australian Government in partnership with various LGBTI advocacy and support agencies have developed a range of LGBTI specific ageing and aged care resources aimed at the LGBTI community, their loved ones, carers and aged care service providers. These resources are available here: <https://agedcare.health.gov.au/support-services/my-aged-care/lgbti-ageing-and-aged-care-resources>

Mental Health

New online seminar series on mental health

NeuRA, one of the world's leading centres for neuroscience research, has launched a new online seminar series on mental health research and discoveries to make more information about neuroscience accessible to the community. NeuRAtalks provides access to a range of seminars discussing bipolar, schizophrenia, depression, sleep health, building resilience and promising new treatments in chronic pain. Watch the [neuroscience seminar series here](#).

Grants available

Cert IV Sector Scholarships

Organisations working in the social service sector are invited to take this opportunity to upskill their employees through a nationally accredited Cert IV scholarship. The CHC43115 Certificate IV in Disability will run from April 2018 to March 2019 and the scholarships include 100% free tuition, monthly on campus workshops, on-the-job training and assessment by RMIT staff, mentoring support for your organisation and employees and additional specialist content provided by Women with Disabilities Victoria and Victorian Aboriginal Community Controlled Health Organisations. Closing Date: Wednesday, January 31, 2018
More information:

<http://www.daru.org.au/wp/wp-content/uploads/2017/10/FSSI-Sector-Scholarships-FLYER-2018.pdf>

Information about Services

Medication Support and Recovery Service now

The Medication Support and Recovery Service (MSRS) is a new service to assist people who have problematic use of prescription or over the counter medications. These people often do not identify as 'drug dependent' and tend not to access traditional alcohol and drug services.

The [Medication Support and Recovery Service](#) is a new, free addiction service specialising in helping people in east and north-east Melbourne who have problems with their use of prescription or over-the-counter medications.

- any patient (or their family member) presenting with medication misuse or dependence can be referred to the service, regardless of age
- the service offers specialist counselling, nursing/withdrawal and peer support services
- GPs can refer directly to the service via the [website](#) or by calling intake on 1800 931 101

This service operates out of Carrington Health to the inner Eastern region.

Inner East Primary
Care Partnership
wishes you a
Merry Christmas
&
Happy New Year!



Events, Training, Forums & Conferences

Monday, 4 - Tuesday, 5 Dec 2017	Wound Management: A Practical Guide	Ausmed's Wound Management seminar is an essential and very popular course for healthcare professionals including: nurses, general practitioners, podiatrists, pharmacists and occupational therapists. It is based on latest evidence for effective wound management.	Oaks on Market, 60 Market St	\$506.00 https://www.ausmed.com.au/course/wound-care
Tuesday 5 December 2017,	Ethnic Communities' Council of Victoria's Annual General Meeting	2017 Annual General Meeting of Ethnic Communities Council of Victoria (ECCV). This is an election year and there are 14 Board member positions available for election.	Maltese Community Centre, 477 Royal Parade, Parkville VIC 3052	https://www.eventbrite.com.au/e/eccv-annual-general-meeting-2017-tickets-37678262698
Wednesday 6 December, 10:30am AEDT	Key Pieces of Policy for Support Coordinators	This webinar covers: NDIS Act, including reasonable and necessary criteria, Review processes, Insurance principles, Operational guidelines, Conflict of interest policy, Funding for transport and travel. This webinar will be comprised of two parts: 35 minutes of video presentation and 30 minutes of Q&A chatroom	Webinar	\$55 http://www.disabilityservicesconsulting.com.au/webinars-1/key-policy-sc
Wednesday 6 December, 11.30am – 2pm	HISA: Innovating health lunch session invitation	Australia's digital health community, Health Informatics Society of Australia, is hosting a roundtable, Examining Innovation in Health: Leaders examining practical change in the age of digital disruption.	InterContinental Melbourne, The Rialto, 495 Collins St, Melbourne	http://innovatinghealth.org.au/focus-areas/examining-innovation-in-health/

Events, Training, Forums & Conferences

Thursday 7 December, 9.30am - 12.30pm	Hepatitis Victoria invites you to a Forum on Stigma and Discrimination	Do you have a good understanding of behaviours that can be stigmatising? Do you know when stigmatising behaviours become discrimination? This important Forum will explore the complexities of hepatitis related stigma and discrimination. You will hear from experts in health prevention, human rights and discrimination law, as well as people living with hepatitis B and hepatitis C who will share their experiences of stigma and discrimination.	Yarra Room, Level 2, Melbourne Town Hall	https://www.hepvic.org.au/events/72/exploring-the-complexities-of-hepatitis-related-stigma-and-discrimination
Thursday, 7 December, 12.30pm - 1.15pm	Introduction To The Coordinated Veterans Care (CVC) Program Webinar	This webinar will outline the benefits and eligibility criteria of the CVC program and how the practice can coordinate ongoing care for the patient.	Webinar	https://www.emphn.org.au/images/uploads/files/Introduction-to-the-Coordinated-Veterans-Care-CVC-Program-Webinar.pdf
Thursday 7th December, 1.00 to 3.00pm	About Carer's Victoria – for older adults	Carers Australia VIC will provide a short workshop for service providers on how to best support, educate and assist carers in their wellbeing, capacity and resilience. <ul style="list-style-type: none"> • Understand services and support provided by Carers Australia, and how to access/refer • Learn about carer burden and its impact • Learn how to best support, educate and assist carers in their wellbeing, capacity and resilience. 	Carer's Victoria, 37 Albert Street, Footscray, VIC	AAG Member: \$10 Non-Member: \$20 Concession/Student (Member): \$10 Concession/Student (Non-Member): \$10 https://www.aag.asn.au/events/event/about-carers-victoria-for-older-adults
Tuesday 12th December 2017,	Cutting Edge Research in Ageing	The AAG Student and Early Career Group (SECG) are putting out a call to Vic	NARI seminar room, 34-54 Poplar	You do need to be a member of the AAG to present.

Every attempt has been made to ensure the information in this update is correct at the time of publication. **Page 12 of 21**

Events, Training, Forums & Conferences

5:30pm for 6:00pm - 7:30pm		members for student and early career researchers who would like to present at their upcoming event on 12 December 2017: Cutting Edge Research in Ageing! Please feel free to pass it on to your colleagues.	Road (via Gate 4), Parkville, Victoria 3052	Please contact Briony Murphy ASAP to register your interest by Friday, 27th October 2017 Email: Briony Murphy, briony.murphy@monash.edu Mobile: 0401 651 168
Mon. 18 December 2017, 8:30 am – 9:30 am AEDT	Inner East PCP Strategic Plan Launch Breakfast	Dr. Shelley Bowen, Managing Director, Health Futures Australia will speak about the impact of changes to health and how they are affecting our community.	Box Hill Golf Club, 202 Station Street, Box Hill South, VIC 3128	Free Breakfast and drinks will be provided https://www.eventbrite.com.au/e/inner-east-pcp-strategic-plan-launch-breakfast-tickets-39946613396?mc_cid=3a85491d5f&mc_eid=e9ad466a55
Wednesday, 20th December, 12.15 – 2.30pm	BASS Care End of Year Christmas Lunch	Join us for a delicious 3 course lunch, drinks, Cool Cats music group and a sing along.	Canterbury Centre, 2 Rochester Rd, Canterbury	Booking and payment required by 15th December 2017 Transport available – additional \$10 Please call Janet or Lisa on 9880 4709 if you require any further information
Tuesday, 16 January, 2018, 8 45 AM-5 PM	Advance care planning workshop for health and care workers (VIC)	Enhance your advance care planning knowledge and increase your confidence in having these important conversations. This one-day workshop is regularly presented at Austin Health in Heidelberg by Austin Health's Senior Advance Care Planning Clinician. Topics include: <ul style="list-style-type: none"> • Benefits of advance care planning • Medical decision-making • The role of the substitute decision-maker 	Room 4.5, Austin Hospital, 145 Studley Rd , Heidelberg	The one day workshop is \$300 (inc GST), and includes morning tea, lunch and workshop materials. https://www.advancecareplanning.org.au/whats-on/event/2018/01/15/default-calendar/advance-care-planning-workshop-for-health-professionals

Events, Training, Forums & Conferences

		<ul style="list-style-type: none"> • Legal implications of advance care planning • Advance care planning conversations • Life-prolonging treatments • Organisation implementation 		
Tuesday, 30 January 2018, 9:30am-1:30pm	Defensible Documentation for Disability Support Staff	<p>Learn the leading method to document progress notes professionally, legally and competently. This training:</p> <ul style="list-style-type: none"> • Is compliant with legislation and disability standards • Supports client choice and control • Enables clients to direct their own care and ensures staff document their duty of care • Reduces the time required to write relevant information • Uses complaints, legal cases and coronial investigations to illustrate requirements • Covers incidents, risks, change, and the big risk 'refusal of care or advice' 	International House George Hicks Building 241 Royal Parade Parkville, VIC 3052	<p>NDS Member - \$120.00 + GST Non NDS member - \$140.00 + GST Victorian providers - \$45.45 + GST subsidised through the Victorian Government Sector Transition Support Package.</p> <p>https://www.nds.org.au/events-and-training/defensible-documentation-for-disability-support-staff?cldee=c2hhcm9uLnBvcnRlb3VzQGllcGNwLm9yZy5hdQ%3d%3d&recipientid=lead-a8636074666ee61193c30050568e4073-c8cad389cb32468a95ba1c30b0e3112e&esid=41fad669-49b8-e711-91e7-0050568e2189</p> <p>For any enquiries, please contact Nicole Jenkins, National Learning & Development Manager, 02 9256 3107, or email learnanddevelop@nds.org.au</p>
Tuesday 6- Wednesday 7 February 2018	Better Care Better ACFI Training	<p>Two-day training workshop Targeted at Victorian enrolled/ registered nurses leading change in services New evidence based clinical assessment toolkit</p>	Royal Australian College of Surgeons, 250-290 Spring Street, East Melbourne, VIC 3002, Australia	<p>https://www.eventbrite.com.au/e/two-day-better-care-better-acfi-training-for-psracs-melbourne-registration-38717892258</p> <p>More training days available</p>

Events, Training, Forums & Conferences

		Ensure ACFI claims are appropriate, accurate and matched to resident care needs		
Thursday, 8 February, 2018, 8 45 AM-5 PM	Advance care planning workshop for health and care workers (VIC)	<p>Enhance your advance care planning knowledge and increase your confidence in having these important conversations.</p> <p>This one-day workshop is regularly presented at Austin Health in Heidelberg by Austin Health's Senior Advance Care Planning Clinician.</p> <p>Topics include:</p> <ul style="list-style-type: none"> • Benefits of advance care planning • Medical decision-making • The role of the substitute decision-maker • Legal implications of advance care planning • Advance care planning conversations • Life-prolonging treatments <p>Organisation implementation</p>	Room 4.5, Austin Hospital, 145 Studley Rd , Heidelberg	<p>The one day workshop is \$300 (inc GST), and includes morning tea, lunch and workshop materials.</p> <p>https://www.advancecareplanning.org.au/whats-on/event/2018/02/07/default-calendar/advance-care-planning-workshop-for-health-professionals</p>
Tuesday, 13 February, 2018, 8 45 AM-5 PM	Advance care planning workshop for health and care workers (VIC)	<p>Enhance your advance care planning knowledge and increase your confidence in having these important conversations.</p> <p>This one-day workshop is regularly presented at Austin Health in Heidelberg by Austin Health's Senior Advance Care Planning Clinician.</p> <p>Topics include:</p>	Room 4.5, Austin Hospital, 145 Studley Rd , Heidelberg	<p>The one day workshop is \$300 (inc GST), and includes morning tea, lunch and workshop materials.</p> <p>https://www.advancecareplanning.org.au/whats-on/event/2018/02/12/default-calendar/advance-care-planning-workshop-for-health-professionals</p>

Events, Training, Forums & Conferences

		<ul style="list-style-type: none"> • Benefits of advance care planning • Medical decision-making • The role of the substitute decision-maker • Legal implications of advance care planning • Advance care planning conversations • Life-prolonging treatments <p>Organisation implementation</p>		
Monday, 19 February, 2018, 8 45 AM-5 PM	Advance care planning workshop for health and care workers (VIC)	<p>Enhance your advance care planning knowledge and increase your confidence in having these important conversations. This one-day workshop is regularly presented at Austin Health in Heidelberg by Austin Health's Senior Advance Care Planning Clinician. Topics include:</p> <ul style="list-style-type: none"> • Benefits of advance care planning • Medical decision-making • The role of the substitute decision-maker • Legal implications of advance care planning • Advance care planning conversations • Life-prolonging treatments <p>Organisation implementation</p>	Room 4.5, Austin Hospital, 145 Studley Rd , Heidelberg	<p>The one day workshop is \$300 (inc GST), and includes morning tea, lunch and workshop materials.</p> <p>https://www.advancecareplanning.org.au/whats-on/event/2018/02/18/default-calendar/advance-care-planning-workshop-for-health-professionals</p>

Events, Training, Forums & Conferences

19-20 February 2018	The 5th National Elder Abuse Conference, on the theme of 'Together Making Change'	The 5th National Elder Abuse Conference is being hosted by the Seniors Rights Service in Sydney on 19 and 20 February 2018. The Conference is titled: 'Together Making Change'. The National Organising Committee has purposely chosen this name as they strongly believe that any enduring response to the important social issue of elder abuse requires multiple stakeholders working together	Sofitel Hotel, Sydney	For more information, check website: http://togethermakingchange.org.au/
20 & 21 February 2018	Better Care Better ACFI training for PSRACs	This two-day training workshop is designed for public sector nurse managers, educators and other nursing staff accountable for resident assessment, care planning and ACFI co-ordination. The training will show you how a new evidence based clinical assessment toolkit can help provide great care for residents and ensure your ACFI claims are appropriate, accurate and matched to resident care needs..	Royal Australian College of Surgeons 250-290 Spring Street, East Melbourne, VIC 3002	https://www.eventbrite.com.au/e/two-day-better-care-better-acfi-training-for-psracs-melbourne-registration-38747411551
Friday 23 February 2018, 8.30am – 5pm	Overcoming the challenges of managing chronic diseases in persons with dementia	This seminar provides information for participants about the diagnosis of cognitive impairment, an understanding of their cognitive abilities and novel ways to assist with self-management. This is essential knowledge in contemporary practice that enables clinicians to recognise and manage common co-morbidities in persons with dementia in ambulatory settings. The seminar also describes why	AMREP Theatre, Alfred Hospital 55 Commercial Road, Prahran VIC	\$220.00 https://shop.monash.edu/overcoming-the-challenges-of-managing-chronic-diseases-in-persons-with-dementia.html

Events, Training, Forums & Conferences

		sub-optimal self-management occurs due to the different types of cognitive impairment. It will also highlight common clinical risks and equip clinicians in the field with strategies to support persons with dementia and chronic diseases.		
Thu. 1 March 2018, 9:00 am – 4:00 pm AEDT	Frameworks for upholding rights with people with disabilities	<p>In this Masterclass participants will explore these questions and engage with ideas of personhood, human rights and supported decision-making. Frameworks for practice informed by these ideas will be presented and applied to two key life areas, health and sexuality.</p> <p>This masterclass is designed for people new to disability policy and practice, and for those who want to update their knowledge and skills to align with the current rights informed environment.</p>	<p>Deakin Downtown</p> <p>Level 12, Tower 2</p> <p>727 Collins Street</p> <p>Melbourne, VIC 3008</p>	<p>\$247.50 – \$385</p> <p>https://www.eventbrite.com.au/e/frameworks-for-upholding-rights-with-people-with-disabilities-tickets-37631281175?ref=estw</p>
Thursday, 1 March - Friday, 2 March, 2018	Conversations About Care: A conference presenting the latest in client-centred care and integrated practice.	<p>In 2018, North Richmond Community Health will present the third conference in the Where the Mind Meets the Mouth series: Conversations About Care.</p> <ul style="list-style-type: none"> • How do people experience healthcare? • What does person-centred care really look like? • What is our shared role in a person's health? • How can we work together for the benefit of our communities? 	<p>Abbotsford Convent, 1 St Heliers St, Abbotsford VIC 3067</p>	<p>http://www.wheremindmeetsmouth.com.au/</p>

Events, Training, Forums & Conferences

		You'll hear from both consumers and healthcare professionals at this innovative event.		
Friday, 2nd March 2018, 1:00pm tee off, 5.30 pm dinner and presentations	Whitehorse Men's Shed & Box Hill Hawks Football Club – Golf Day 2018	Join us for our 2018 Golf Day at the beautiful Box Hill Golf Course. All proceeds raised support The Whitehorse Men's Shed and the Box Hill Hawks Football Club.	Box Hill Golf Course, 202 Station St, Box Hill South	For more info contact: John Cavarra, john@boxhillhawks.com.au 03 9890 9442 or 0433 085 714 or Cassandra Biadacz, events@carringtonhealth.org.au 03 8843 2369 or 0404 0785 13
Friday, 2 March, 2018, 8 45 AM-5 PM	Advance care planning workshop for health and care workers (VIC)	Enhance your advance care planning knowledge and increase your confidence in having these important conversations. This one-day workshop is regularly presented at Austin Health in Heidelberg by Austin Health's Senior Advance Care Planning Clinician. Topics include: <ul style="list-style-type: none"> • Benefits of advance care planning • Medical decision-making • The role of the substitute decision-maker • Legal implications of advance care planning • Advance care planning conversations • Life-prolonging treatments • Organisation implementation 	Room 4.5, Austin Hospital, 145 Studley Rd , Heidelberg	The one day workshop is \$300 (inc GST), and includes morning tea, lunch and workshop materials. https://www.advancecareplanning.org.au/whats-on/event/2018/03/01/default-calendar/advance-care-planning-workshop-for-health-professionals
Wednesday, 7 March, 2018, 8 45 AM-5 PM	Advance care planning workshop for health and care workers (VIC)	Enhance your advance care planning knowledge and increase your confidence in having these important conversations. This one-day workshop is regularly presented at Austin Health in Heidelberg	Room 4.5, Austin Hospital, 145 Studley Rd , Heidelberg	The one day workshop is \$300 (inc GST), and includes morning tea, lunch and workshop materials. https://www.advancecareplanning.org.au/whats-on/event/2018/03/06/default-calendar/advance-care-planning-workshop-for-health-professionals

Every attempt has been made to ensure the information in this update is correct at the time of publication. **Page 19 of 21**

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Events, Training, Forums & Conferences

		<p>by Austin Health's Senior Advance Care Planning Clinician.</p> <p>Topics include:</p> <ul style="list-style-type: none"> • Benefits of advance care planning • Medical decision-making • The role of the substitute decision-maker • Legal implications of advance care planning • Advance care planning conversations • Life-prolonging treatments • Organisation implementation 		
21-23 March 2018	4th International Health Reform Conference	Moving Care from Hospital to Community: navigating the bumps	InterContinental Sydney, Double Bay	https://yrd.currinda.com/register/event/1114
Friday, 23 March 2018, 9.30am - 4.30pm	Prevention of Chronic Diseases Forum	Join us at our next Prevention of Chronic Diseases Forum on the 23 rd March 2018 at AMREP, The Alfred Hospital.	AMREP Lecture Theatre, The Alfred Hospital, Commercial Road, Melbourne	<p>Total \$200 (includes GST)</p> <p>Limited places, Registration Deadline: Friday 16th of March 2018</p> <p>http://www.adma.org.au/images/2018_Prevention_of_Chronic_Diseases_Forum.pdf</p>
Wednesday, 2 May- Friday, 4 May 2018	Leading the NDIS Transformation	This is a three-day residential leadership program. This program will equip CEOs, board members and executive leaders with the capability to make strategic decisions to transform their organisation, leading the creation of an even stronger and more diverse sector that enables greater choice	Amora Hotel Riverwalk Melbourne, 649 Bridge Road, Richmond, VIC 312	<ul style="list-style-type: none"> • 1 individual per organisation \$1,700.00 • 2 individuals' per organisation \$2750.00 • 3 individuals' from organisation \$3400.00 <p>https://www.nds.org.au/events-and-training/leading-the-ndis-transformation?_cldee=c2hhcm9uLnBvcnRlb3VzQGllcGNwLm9yZy5hdQ%3d%3d&recipientid=lead-a8636074666ee61193c30050568e4073-</p>

Every attempt has been made to ensure the information in this update is correct at the time of publication. **Page 20 of 21**

Events, Training, Forums & Conferences

		and control for people with disability under the NDIS.		320d079563534ce7904280c01e8ac05f&esid=83de5a53-efb2-e711-91e7-0050568e2189
16- 17 May, 9:00 am – 4:00 pm	Two-day Better Care Better ACFI training for PSRACs	<p>This two-day training workshop is designed for public sector nurse managers, educators and other nursing staff accountable for resident assessment, care planning and ACFI co-ordination.</p> <p>The training will show you how a new evidence based clinical assessment toolkit can help provide great care for residents and ensure your ACFI claims are appropriate, accurate and matched to resident care needs.</p>	Royal Australian College of Surgeons, 250-290 Spring Street, East Melbourne, VIC 3002	Free https://www.eventbrite.com.au/e/two-day-better-care-better-acfi-training-for-psracs-melbourne-registration-38755014291
Wednesday, 16 May 2018- Thursday, 17 May 2018,	ATSA Independent Living Expo	<p>The ATSA Independent Living Expo will have over 100 exhibitors displaying a wide range of products and services in assistive technology, mobility solutions, pressure care, employment support, accessible recreation/holiday ideas, modified motor vehicles and a lot more.</p> <p>ATSA Independent Living Expo is open to visitors of all ages, including those with a disability, seniors and their families, friends and carers.</p>	Melbourne Showgrounds	https://www.atsaindependentlivingexpo.com.au/